

Diabetic clinic rotation:

To: 3rd Year Diabetic Rotation Students
From: Alexander M. Reyzelman DPM

Welcome to your diabetic rotation! I hope you have a wonderful time with us. You will have an opportunity to see a good number of patients in different clinics. You will see a myriad of patient problems but will also see many patients with diabetes and diabetes related foot problems. We hope you will increase your problem solving and clinical skills during the next 2 months. You are expected to do lots of reading about the problems you encounter in your clinical interactions.

The Objectives for this rotation are:

- 1) be able to interact with patients and faculty on professional basis
- 2) be able to perform a thorough lower extremity work-up of a patient with an ulcer/wound.
- 3) Be able to manage a neuropathic, venous stasis, decubitus and ischemic ulcerations.
- 4) Be able to manage a pedal infection
- 5) Be able to interpret radiographs/MRI/CT/Angiogram/Bone Scan
- 6) Be able to interpret and order proper lab work for patients with an ulcer/wound/infection
- 7) Learn the appropriate algorithm for treating various types of lower extremity ulcerations.
- 8) Learn the surgical indications for treating ulcers/wounds/infections
- 9) Be able to perform debridement
- 10) Learn the appropriate use of oral and intravenous antibiotics
- 11) Learn the admission criteria for patients with infections
- 12) Performs a thorough lower extremity vascular and neurological exam in patients with diabetes.
- 13) Learn the classification systems for ulcerations
- 14) Learn the risk assessment for patients with diabetes
- 15) Learn the proper orthotic prescription for patients with history of ulcerations.
- 16) Learn the proper prescription writing for depth-in-lay and custom molded shoes
- 17) Learn the various off-loading modalities used for treating pedal ulcerations.
- 18) Learn the appropriate compression modalities available for patients with venous stasis ulcers.
- 19) Learn how to function in the in-patient setting
- 20) Be able to round on in-patients and know how to write hospital notes
- 21) Be able to perform an ABI
- 22) Be able to read and interpret a lower extremity angiogram
- 23) Understand and recognize Charcot's arthropathy.

Refer to the following schedule to see where/when you are supposed to be during the rotation. You will find that your schedule correlates to the number by your name above. Please review your schedule carefully each day so you do not confuse your schedule for someone else's. We have been as fair as possible by daily rotating the numbers corresponding to your name.

Grading/evaluation: grading will be based on an objective practical examination and a subjective evaluation of the clinicians who work with you. I urge you to seek feedback from these folks as you interact with them. Your grade will be based on demonstration of skills and discussion with your clinicians which will include outside reading you have done. You will also be graded on attendance. You are also required to use the student log system. Failure to do may jeopardize your grade. Clinic attire is mandatory (white coats is a must). No white coat and you go home.

Please remember that one unexcused absence will result in failure of the rotation. Please refer to your student handbook for the protocol for obtaining an excused absence. If you have an illness or unexpected emergency you must contact Irma Walker-Adame and the clinic that you are missing to inform them of your absence. Attendance is mandatory.

Because you do not have a license to practice in this state, you must always have supervision in your clinics. This does not mean a doctor has to be in your room at all times. It does mean a doctor must be in the area and available to you.

Be sure to wear your name tag AND your CSPM picture ID to all clinics!!!

If you see a problem with this schedule (e.g. you are supposed to be 2 places at once), please inform me immediately!

There will be a required 5-10 minute oral presentation on a topic related to wound care/diabetes at the end of your one month rotation with Dr. Reyzelman. You'll need to have at least 3-4 references and a handout to be prepared for each member of the rotation group. It will be done on the last Friday of your two months rotation at 12 noon in Dr. Reyzelman's office.

You'll need to bring the following instruments with you to the clinics.

- 1) a measuring device (to measure ulcers)
- 2) pocket hand-held doppler
- 3) semmes-weinstein monofilament
- 4) bandage scissors
- 5) Black ball point pen (blue ink is not allowed)

1. **Reyzelman** = Alex Reyzelman's DPM private practice

Attending: Alex Reyzelman, DPM

Address: 2299 Post St. #205 SF 94115

Phone: 415-292-0638 office, 415 207-2446 pager

Time: AM: 9-noon; PM: 1-5, Tuesdays, Wednesdays and Fridays

Attire: Clinic attire

2. **Seton** = Seton Wound Care Center

Attending: James Stavosky DPM

Address: 1900 Sullivan Ave. Daly City 94015

Phone: 650-991-6780

Time: 9-12, 1-5 pm, Monday, Tuesday, Wednesday, Friday AM

Attire: Clinic attire