



# EYE ON NU XI

AT-LARGE CHAPTER • [ΣΘΤ]

• Holy Names University • Samuel Merritt University • California State University East Bay

## STTI Maternal Child Leadership Academy—Nu Xi Members Participate

Twenty mentor/mentee pairs along with 11 faculty consultants and representatives from Johnson & Johnson Corporate Contributions convened in Indianapolis, Ind., USA, in July 2010 for Maternal Child Leadership Academy Workshop I. This fourth MCH cohort includes mentors, mentees and faculty members from 19 US states, one Canadian province, and one canton in Switzerland. Among the dyads are mentee Laurie Rosa, MSN, RN, and mentor Diana Jennings, PhD, MS, RN, both of whom represent Samuel Merritt University's School of Nursing. Laurie is full-time MCH faculty and Diana serves as the Associate Managing Director of the San Mateo Learning Center (SMLC). Dr. Mileva Saulo-Lewis, Managing Director of the SMLC, is partially sponsoring their participation in the Leadership Academy.

Created through a partnership between the Honor Society of Nursing, Sigma Theta Tau International and Johnson & Johnson Corporate Contributions, the academy prepares maternal-child health nurses and nurse midwives for effective interprofessional team leadership as they strive to improve the quality of health care for childbearing women and children up to five years old.

Mentees are designing individualized leadership development plans with guidance from their mentor and the academy faculty consultant. Over an 18-month period, each mentee will lead an interdisciplinary team that will create and implement a project to improve health care outcomes. Laurie and Diana's research project will involve the



Dr. Diana Jennings, Lauri Rosa, & Dr. Becky Palmer, Maternal-Child Leadership Institute

development and implementation of medium to high fidelity MCH simulation for Accelerated Bachelor of Science in Nursing students. They are particularly focused on patient safety, student learning outcomes, and ATI scores. In the fall of 2010, their faculty consultant, Dr. Becky Palmer from Canada, will visit the mentee's institution to meet, confer about the mentee's project and leadership journey, and meet with members of the mentee's interdisciplinary team. Mentees, along with their mentors, will present posters outlining their project achievements and leadership journeys

at the Sigma Theta Tau International Biennial Convention in November 2011 in Grapevine, Texas, USA.



NU XI AT-LARGE CHAPTER  
**FALL 2010 GENERAL MEMBERSHIP MEETING**  
 HOLY NAMES UNIVERSITY

Speaker: Celebrating the Year of the Nurse:  
 Speakers: Following in the Footsteps of Florence Nightingale  
 Abby Heydman, PhD, RN, Professor Emeritus &  
 Bobbie Richards, MS, RN, Assistant Professor, Samuel Merritt University

Tuesday, October 5, 2010  
 5:00-6:30 PM  
 Bay Vista Room – Founders Hall  
 Board of Directors Meeting to Follow 6:30-7:00

1 Contact Hour of Continuing Education Credit  
 Program free to members and invited guests.

**NU XI CHAPTER AT LARGE CALENDAR OF EVENTS 2010–2011**

<b>Event</b>	<b>Date</b>	<b>Time</b>	<b>Location</b>
2010 STTI Leadership Summit	September 24–25, 2010	Check STTI website <i>www.nursingsociety.org</i>	Indianapolis, IN
Fall General Membership Meeting & Board Meeting	October 5, 2010 Tuesday	5:00 PM Membership Meeting 6:30 PM Board Meeting	Holy Names University Bay Vista Room
STTI 2010 Leadership Summit	October 15-16, 2010	Check STTI website <i>www.nursingsociety.org</i>	Arlington, Texas
2011 Hall of Fame Event	January 18, 2011 Tuesday	6:00 PM	Holy Names University Founders Rom
Spring General Membership & Annual Business Meeting	March 8 , 2011 Tuesday	5:00 PM Membership Meeting 6:30 PM Board Meeting	CSUEB Library Biello Room
Nu Xi Induction & Installation of Officers	April 16, 2011 Saturday	Orientation 10:00 AM Induction, Installation, & Luncheon 11 AM	Samuel Merritt University HEC
STTI 22nd International Nursing Research Congress	July 10—15, 2011	Check STTI website <i>www.nursingsociety.org</i>	Moon Palace Cancun, Mexico
Nu Xi Board Retreat	August 20, 2011	10:00 AM – 4:00 PM	Holy Names University Room TBA
Fall General Membership Meeting	October 11, 2011	5:00 PM General Membership 6:30 PM Board Meeting	Holy Names University Room TBA
41st Biennial STTI Convention	October 29-Nov 2, 2011	Check STTI website <i>www.nursingsociety.org</i>	Gaylord Texan Hotel & Con- vention Center, Dallas/Ft. Worth, Texas



# Update from Juli Maxworthy, president

**G**reetings. Hope everyone had a wonderful summer. We traveled to Eastern Australia to pick up our daughter who was doing a semester abroad. Part of our trip was spending 4 days on an island 80 miles off the coast at the southern tip of the Great Barrier Reef-incredible!

Several new members have asked me “How do I get involved in the chapter?” There are many ways to become more involved. One of the best ways is to attend our events where you can meet other members and network. Another way is to include Nu Xi members in community service events that help the communities we serve. We are a chapter of over 600 active members, which if given some lead-time could provide an organization or service project with ample support. So if you are having a blood drive, immunization clinic, health screening, or are gathering health-care items to send abroad, please contact me at [withmax@comcast.net](mailto:withmax@comcast.net) and we can get the word out. We have the ability to electronically touch every member who provides an active email to STTI. One of the primary missions of Sigma Theta Tau International is to provide community service. We can't help you if we don't know what you need, so please let us know.

The Nu Xi Board recently held its annual retreat. We have a great year planned and hope you take the time to attend some of the amazing offerings. Being that 2010 is the centennial anniversary of Florence Nightingale's death there are two Nightingale events being offered by Nu Xi At Large. The first is our fall general membership meeting on October 5th featuring two board members, Dr. Abby Heydman and Bobbie Richards, who will be speaking about their recent trip “In the Steps of Florence Nightingale” and on November 13th our Research Day will have as the keynote speaker Alex Attewell, former Director of the Florence Nightingale Museum in London. Both events will be ones you won't want to miss!

On January 18th, 2011 Nu Xi At Large will be holding its biennial Hall of Fame event. This event provides for the achievements of our members to be highlighted. If there is someone you know who has done exceptional work please take the time to nominate them for one of the awards. As always, thank you for your continued support of Nu Xi At Large.

Juli Maxworthy, DNP, MSN, MBA, RN, CNL, CPHQ  
President, Nu Xi At Large



Florence Nightingale monument, London



## Alex Attewell, Historian, Keynote Speaker for Research Day

Mileva Saulo-Lewis, Chair of the Nu Xi at Large Research Committee, is pleased to announce that Alex Attewell, AMA, former Director of the Florence Nightingale Museum in London, will be the keynote speaker on Saturday, November 13, 2010, at a Research Day Event in the Health Education Center at Samuel Merritt University in Oakland. Alex will focus on historical methods of research using Florence Nightingale as a topic to demonstrate how to access and analyze historical documents. Celebrating the International Year of the Nurse in memory of Florence Nightingale and the centennial anniversary of her death in 1910, the research day event will highlight historical methods of research as well as reports from members on a wide array of research methods and topics. Rho Alpha Chapter at Dominican University in San Rafael will co-sponsor this event. Registration deadline is November 5, 2010. Proposals for podium and poster presentations are currently being accepted by the Research Committee. The deadline for submission is October 6, 2010. Details and instructions are available on the Nu Xi website ([www.samuelmerritt.edu/nursing/nuxi](http://www.samuelmerritt.edu/nursing/nuxi)) or you may contact Mileva Saulo-Lewis for more information. ([msaulo@samuelmerritt.edu](mailto:msaulo@samuelmerritt.edu))

## Board Retreat for Orientation of New Officers & Strategic Planning

Nu Xi At Large Board members met on Monday, August 22, 2010 to orient new members to their roles and to initiate strategic planning for the year. Highlights for the year will include support of members to attend the STTI Leadership Academy and the Annual Research Conference, sponsorship of a Fall Research Conference, a mentoring Program for new officers and members, an Annual Fund Campaign to support scholarships and research grants, and community service activities. The chapter will also support activities within Region One including a webinar and a trip to London and Turkey, titled, In the Steps of Florence Nightingale. Alex Attewell, former Director of the Florence Nightingale museum will be the tour guide. In addition, Alex will be the keynote speaker for the Nu Xi Fall Research Conference on November 13, 2010.

## Nominees Sought for Nu Xi At Large Board in 2011

Members are encouraged to start thinking about putting their name forward as a nominee for election to the Nu Xi Board with terms beginning July 2011. Candidates are being sought for elections to be held in spring 2011 for the following positions: President-elect, Vice President for Samuel Merritt University, Vice President for Holy Names University, Treasurer, Leadership Succession Committee (two positions), Faculty

Counselor (SMU), and Research Committee Chair. Members who are considering submitting their name for nomination are encouraged to request appointment to a committee to gain experience prior to standing for election. For more information, contact Succession Committee Chair: KT Waxman, DNP, RN.

## Faculty Research Leads to a Cultural Understanding at Koç University, Turkey

This year marks the Centennial death of both Florence Nightingale, founder of professional nursing, and Isabel Hampton Robb, one



**Karen Wolf, and faculty at Koç University**

of the foremost early leaders in nursing education and professional nursing. Karen Wolf, PhD, ANP-BC, DPNAP, Associate Professor of Samuel Merritt University School of Nursing was invited to lecture in Turkey after presenting a paper for the First Robb Symposium on history of early leadership in nursing education at Johns Hopkins University School of Nursing. Here is Dr. Wolf's story.

"Dean Martha Hill of the Johns Hopkins School of Nursing has been consulting to the Koç University in Istanbul and insisted that I meet with the Koç faculty. The School of Nursing is quite young, founded in 1999 and supported by the financial resources of the Vehbi Koç Foundation. The Koç University's school of Nursing, is known for graduating baccalaureate professional nurses. It is a private English speaking University with a four-year curriculum and a strong clinical affiliation and location next to the American Hospital of Istanbul.

The American Hospital has been home to the Nursing Education and Research Center (SANERC), which provides continuing education and research to promote best nursing practices in Turkey. This center was recently merged with Koç University.

The faculty was interested in learning more about professionalism in nursing, an area of my long standing research. While visiting, I had the opportunity to meet with the Dean as well as the senior faculty involved with faculty development. I was requested to speak with the faculty about professionalism in nursing education and was able to provide an overview of the historical and current trends and issues in U. S. Nursing education. I was impressed with the modern and quality of their educational facilities. Many of the classrooms were set up with



**Nu Xi scholarship recipients: (left to right) Debbie Rae Nepomuceno, CSUEB ; Frederic Mark, CSUEB; Michael Bautista, HNU; and Lori Hudgens, HNU**

computers on each desk and there are state of the art science labs.

I spent time consulting informally with the School's faculty member charged to work on faculty development. She will be taking advantage of the opportunity to travel to the US. Every year they send two to three faculty members abroad. In addition, the school tries to develop leadership and a global perspective on nursing and also sends undergraduate students abroad to attend conferences.

*Article Contributed by Karen Wolf PhD, ANP-BC, DPNAP, Associate Professor SMU, Photo by TurkiyeTurizm. com*

### **Nu Xi Scholarship Recipients**

The oldest of four children, Debbie Rae Nepomuceno, is the first in her family to attend college. Raised in Sacramento, she attended Sacramento State as a pre-nursing major straight from high school. With acceptance into the Nursing Program, she is now a proud Cal State East Bay Pioneer. With a Bachelor of Science in Nursing, she strives to become a travel nurse in order to explore various parts of the world that are in need of medical assistance. With the boundless support and love from her mother, brothers and sister, Debbie Rae is confident she will finish her studies with success and fervor.

Frederic Mark, 23, is a senior nursing student at California State University, East Bay expecting to graduate in March 2011. Determined to become a successful healthcare professional, Frederic continuously draws energy and inspiration from his parents and siblings who live with him in Concord and other relatives who have successful careers in the field of medicine, nursing, and dentistry. While in nursing school, key perspectives, gained from teachers and, equally important, experiences acquired from clinical and also volunteer work for several elderly and disabled persons helped him to have a better appreciation and understanding of what it takes to make a difference in the lives of other people. After graduating, he plans to work in an acute care setting and eventually pursue a Masters degree as a clinical nurse specialist or as a nurse anesthetist, and work as a clinical instructor in a nursing school.

Michael Bautista RN, CMSRN, is in the RN to BSN nursing program at Holy Names University. He has 14 years of nursing experience, 13 of those years working at Stanford Hospital. Currently, he is working as an Assistant Patient Care Manager on a Neurology and General Surgery unit. Michael has gone back to school to obtain his baccalaureate degree for professional growth and importantly to learn new tools to support excellent and quality patient care. On weekends, he loves to spend time with his three young children ages five, two, and nine months.

Lori Hudgens, RN, BSN, is an MSN/MBA graduate student at Holy Names University with 25 years of nursing experience. Lori has been an ER nurse for 19 years and has three years experience in both CCU and medical-surgical nursing. Lori aims to promote nursing leadership excellence and quality initiatives in her endeavors as a nurse leader. She envisions her role as a collaborator and promoter of optimal patient care supported through team-building quality conferences, transformational leadership, and organizational transparency. Lori is married and has twin sons attending San Jose State University.

### **Chapter Excellence in Nursing Awards Nominations Sought**

The Board of Directors invites you to nominate members for the biennial chapter excellence awards that will be given at the Hall of Fame Event on Thursday, January 18, 2011 at the Founders Room at Holy Names University. Awards are presented for excellence in nursing leadership, education, research, clinical practice, philanthropy, service, and Lifetime Achievement. To make nominations for the awards please check the Nu Xi website: [www.samuelmerritt.edu/nursing/nuxi](http://www.samuelmerritt.edu/nursing/nuxi). The nomination deadline is November 15, 2010 or contact Shirley Dostal, Chair of the Awards Committee, at [shirleydostal@comcast.net](mailto:shirleydostal@comcast.net).

### **Annual Fund Drive to Begin for 2010–2011**

Letters will soon be going out to members soliciting donations for the Nu Xi At Large student scholarship and research grants. Bonnie Holmes, Treasurer, reports that the annual fund campaign will begin in early October. Over the past five years,

24 scholarships and five research grants have been awarded to students and members. With the down turn in the economy, scholarship and research support are more important than ever. The Board of Directors has recently confirmed that donors who consistently make an annual gift for a five-year period will receive special acknowledgement at the Hall of Fame Award Event this year.

### **Nu Xi Research Committee Seeks Research Proposals**

Mileva Saulo Lewis, EdD, RN, Chair of the Nu Xi Research Committee, is accepting applications for Nu Xi At Large Research Grants in 2010. Members are urged to submit a proposal by November 15, 2010 for consideration for funding. Graduate students in master's or doctoral programs, as well as other Nu Xi members are eligible to apply for research support. The number of applications received typically is small, and well-designed studies are likely to receive funding. Information about the application process will be posted on the Nu Xi website at <http://www.samuelmerritt.edu/nuxi>

### **April Showers Program for the Homeless**

Nu Xi At Large continues to support the April Showers Program, which provides toiletries and socks for the homeless. Socks and toiletries are currently being collected at Samuel Merritt University School of Nursing. Members may also bring materials to the Fall General membership Meeting at Holy Names University. Contact Dr. Joan Bard for more information [jbard@samuelmerritt.edu](mailto:jbard@samuelmerritt.edu) or drop off materials at the School of Nursing, third Floor, 3100 Summit Street, Oakland, Providence Pavilion.

### **Members Urged to Submit a Volunteer Interest Profile**

Complete your Volunteer Interest Profile (VIPprofile) today to select volunteer opportunities at a chapter and international level. The new system has been re-designed and is more user-friendly! You will be able to manage your demographic data

## **A Teacher's Garden**



When painting a picture  
Streams appear gradually  
Water soaks the soil  
Sunlight shines about  
And buds blossom vibrantly

The process repeats itself at every lesson  
For this is our garden.

*Dedicated to Betty Irene Moore by Michelle Tellez, PhD, RN, Assistant Professor, CSUEB, Betty Irene Moore Fellow, Class of 2007, July, 2010*

## **Region One**

### **Sponsoring a Special Educational Tour:**

#### **In the Steps of Florence Nightingale:**

A tour of the key places in which she lived and worked in the UK and Turkey

**March, 2011**

Alex Attewell, AMA Former Director of the Florence Nightingale Museum, Tour Director

For more information:

[www.jonbainestours.co.uk/stt](http://www.jonbainestours.co.uk/stt)

Phone from the USA (toll free)

1 877 739 8764

15 contact hours CE credit

and help the organization plan programs and services to meet your needs. If you have filled out a profile in the past, please take time to complete a new profile. To complete a profile, visit the "Volunteer Connect" portion of STTI's website, <http://www.nursingsociety.org/VolunteerConnect>, and click on "VIPprofile."

### **Nominate a Bedside Nurse for Excellence of Care Award**

Bonnie Wesorick, RN, MSN, established the Helen Henry Excellence of Care Award in honor of her mother, Helen Henry, to recognize nurse healers working at the bedside. Please visit <http://www.nursingsociety.org/Awards/Pages/HelenHenryAward.aspx> and nominate a nurse by 30 September 2010. New information available on Virginia Henderson International Nursing Library.

Site registrants have free access to six, pre-selected full text articles on various topics each month. You will also discover information on the Nurse Researcher Hall of Fame inductees, Practice, and Academic Innovation Collaboration projects, proceedings from the first international conference on Workplace Violence in the Health Sector and much more. Registration is free and easy! Visit the library website, <http://www.nursinglibrary.org>, and register today!

## SCHOOL NEWS



### HOLY NAMES UNIVERSITY

#### Program News

On August 25, 2010 the LVN/BSN program was initiated with the enrollment of 24 LVNs to the new program. Seven consecutive semesters from this date, they will graduate. Most are working as LVNs and many are parents. There is a waiting list of 35 additional applicants, not surprising given the fact that there are 19 LVN schools in the Bay Area.

Another double degree master program was also initiated this fall. The Nursing/Forensic Psychology program will begin on September 9, 2010. This program, like the MSN/MBA double degree program, is offered once a month on a weekend on campus for four days, Thursday, Friday, Saturday, and Sunday.

#### News about Graduates

One of HNU's master degree graduates has had an article published. Irene Neumeisterco-authored an article entitled "Applying the Model of the Interrelationship of Leadership Environments and Outcomes for Nurse Executives" in Nursing Administration Quarterly. It is an article about a community hospital in Salinas where staff engagement through documentation improved outcomes. As CNE of the Salinas hospital and while a student at HNU, Irene was able to test the use of Mile One, a valid and useful framework, to improve staff documentation performance.

Suzanne Lee, a MSN/MBA student, had her letter to the editor entitled "Nurses Must Care for Themselves, Too" published in the July 2010 issue of Nursing Management. It was her response to an article entitled "Compassion Fatigue: Nothing Left to Give?"

Lori Hudgens, a MSN/MBA student also had a letter to the editor published in the American Journal of Nursing. She was asked by the editor to respond to an article about nursing education. The letter will appear in the September edition of the magazine.

#### New Faculty Welcomed

Wanda Johnson, MS, FNP, a graduate of the FNP program in May of 2006, has been hired as Clinical Preceptor Coordinator for the FNP program. She began her job this month and we are pleased to have her as she is clearly aware of the needs for placements and has a wide and diverse linkage with many institutions and clinical practices in the Bay Area.

Debora Kilborn, MS, FNP, is also a new addition to the faculty of the Department of Nursing. She is a Nurse Practitioner who has years of experience as a clinician and as a teacher and she will be teaching FNP students along with Dr. Maria Mangini. We welcome her as an addition to the faculty.

Laura Smith-McKenna, DNSc, RN, joined the faculty on August 25, 2010 as Assistant Director of the LVN/BSN program.

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Laura has a long history of teaching and of directing programs in nursing, her latest being as Director of the American College of Nursing LVN program. She has also taught at Samuel Merritt and at Holy Names in the past. A clinical specialist in psychiatric mental health nursing, Laura will be teaching some of the courses in the LVN/BSN program.

#### HNU Welcomes New President Bill Hynes, Ph. D.

Dr. Hynes joined HNU on Monday, August 1, as the 17th President of the University. He succeeds Sr. Rosemarie Nas-sif, SSND, Ph. D., who retired July 31, 2010, after serving Holy Names University for 11 years. Dr. Hynes record of achievement, his ideals for academic excellence and his respect for the values of the Sisters of the Holy Names of Jesus and Mary makes him uniquely qualified to serve as HNU's President. He has had a distinguished academic career and has exceptional administrative and leadership skills. Dr. Hynes was President at St. Norbert's College in Wisconsin for eight years. Prior to that, he served for more than a decade as the Academic Vice President of Saint Mary's College of California. He received his B. A. in Philosophy and English from Conception College, his M. A. in Catholic Theology from Marquette University, his M. A. in the History of Christian Thought and a Ph. D. in the History of American Religious Thought from the University of Chicago.

### SAMUEL MERRITT UNIVERSITY

#### CCNE Accreditation:-Request for Comments

The School of Nursing will be hosting an on-site accreditation evaluation of our baccalaureate and master's degree programs by the Commission on Collegiate Nursing Education (CCNE) on October 11-13, 2010. As required by CCNE, and in the interest of continuous quality improvement, we are inviting all interested parties to provide written input into the deliberations of the evaluation team. CCNE will accept written, signed comments until September 10, 2010. If you wish to provide such comments, please send them directly to Ms. Amanda Brownbridge, Accreditation Assistant, Commission on Collegiate Nursing Education, One Dupont Circle, NW, Suite 530, Washington, DC 20036-1120

#### SMU Receives Awards

The American Assembly for Men in Nursing awarded SMU as a 2010 Best School for Men in Nursing. This is a great honor and reflects to good work of many people at SMU and in the school of nursing. Juner Valencia and Todd Yee, student leaders in the SBA and MANE (Men Allied for Nursing and Education), submitted the nomination for the award.

The Oakland Metropolitan Chamber of Commerce



Stephanie Bangert accepting award

has awarded SMU with the 'Community Service' award in recognition of the school's exemplary service efforts in improving the quality of healthcare to the Bay Area. Nate Oubre of Kaiser Permanente presented the "Community Service" award to Stephanie Bangert, on behalf of President Sharon Diaz and the SMU community. "In this time of economic distress, we need volunteers more than ever," said Joe Haraburda, Chamber President. "Samuel Merritt University students represent an enormous pool of idealism and energy to help tackle some of our toughest challenges and that is why we are recognizing the University for making community service a campus priority."

The Chamber's 105th Annual Meeting and Awards Luncheon were held at the Oakland Marriott City Center. Honorees for the Community Service award were chosen based on a series of selection factors including scope and innovation of service projects, incentives for service, and the extent to which the school offers academic service-learning courses. Examples of how SMU contributes to the quality of healthcare in the communities are in the physician assistant (PA) and family nurse practitioner (FNP) programs. Students in the two disciplines work together at the Davis Street Family Resource Center in San Leandro three days a week, year-round. Students handle everything from free medical care to language translation for the low-insured or non-insured families.

SMU students and faculty often volunteer their time and expertise in health fairs, like the African American Health Summit and Health Expo and the Oakland Trucker's Family Health-Fair. SMU students also take an active interest in mentoring students from the Oakland Unified School District in programs like Youth in Medicine, SAMM, and Brain Awareness. The University's commitment to global health is an exciting form of community service outside of U. S. borders. Students and faculty in all academic programs have traveled overseas on medical missions to Europe, Africa, South America, and Southeast Asia. For many years, several nursing students have traveled to rural areas in Laos providing medical care, vitamins, clothing, and school supplies to local villagers. Last year the group raised money to buy the city's only public hospital a gurney and an x-ray machine.

### **Scouting for Nursing**

Nearly 50 Girl Scouts from around the Bay Area spent a Saturday exploring the field of nursing during a half-day of labs, tours, and hands-on work at (SMU) this summer. Their guides for the day were nursing students and faculty from the School of Nursing. The Scouts ranged from six year-old Daisy and Brownies to 14-year-old Girl Scouts. This is the first time SMU hosted the Scouting for Nursing program. Along with it being a way for students to gain clinical experience and meet a learning objective, it was also an opportunity for the Scouts to think about a career in nursing. After the Scouts completed the session, they were given a First Aid Merit Badge and a Safety Sense Merit Badge.

With the goal of improving young people's positive awareness of nursing, Andrea Sitchon, student in the BSN program, created the two-hour course with students from the California



Student Nurses Association (CSNA) and Men Allied for Nursing and Education (MANE). "Kids often have misperceptions about nursing, like nurses don't make independent decisions or only women can be nurses. This workshop clears some of the misconceptions." The next Scouting for Nursing course will be on Saturday, October 23, 2010.

### **SMU School of Nursing Welcomes New Faculty**

The new academic year started with orientation of new faculty on Monday, August 23, 2010. SMU welcomes the following new faculty:

- Ms. Cate (Catherine) Arima, Clinical Nurse Instructor MSN/FNP from UCSF (2007) and a BSN from CSU Long Beach (1999), Cate began teaching as SMU Adjunct Clinical Faculty in 2007. She will teach maternity clinical rotations for the Oakland campus.
- Dr. Maria Cho, Assistant Professor PhD (2004) and MSN (1999) from UCSF, focused on cancer care for patients and their symptoms. Graduate of the CINHC Clinical Faculty Development Program and former adjunct faculty with CSUEB, Dr. Cho will have primary responsibility teaching medical-surgical nursing at the Oakland campus.
- Ms. Grace (Graciela) Lopez Cox, Assistant Professor, MSN (1992) from University of the Incarnate Word, and a BSN (1979) from Central State University, Texas. Grace has 16 years teaching experience at University of the Incarnate Word, University of Texas Health Science Center, and as adjunct faculty at San Antonio College. She began as adjunct clinical faculty in 2009, teaching pediatric, medical surgical and pathophysiology/ pharmacology. Grace will teach pediatric and medical surgical nursing at the Sacramento campus.
- Ms. Lynda Creighton, Clinical Nurse Instructor, MSN (1993) in Psychiatric Mental Health Nursing from University of Rhode Island, currently certified as a CNS and Psychiatric NP. Lynda taught full-time in psychiatric nursing at Solano Community College and as adjunct clinical faculty with SMU in 2009, and for Dominican University and Los Medanos College. Ms. Creighton will teach mental health for the Oakland campus.
- Ms. Brandy Logue, Clinical Nurse Instructor, MSN (2009) from UCSF. Teaching as SMU adjunct clinical faculty since 2009 in health assessment labs and medical-surgical



SMU School of Nursing Faculty 2010

clinical, Brandy began serving as program coordinator for SMU's new Transition to Practice (T2P) Program in Spring 2010. This fall, Brandy will teach medical-surgical nursing and health assessment for the San Francisco learning center.

- Dr. Jennifer McAdam, Assistant Professor A Betty Irene Moore Fellow, Dr. McAdam received her PhD in nursing (2008) from UCSF where her research has been centered on end-of-life care in the ICU. She has taught at Dominican University, Hawkeye Community College, USF, and UCSF. Jennifer will teach medical-surgical nursing and critical care at the Oakland campus.
- Ms. Maria Ronquillo, Instructor. Maria, a Betty Irene Moore Fellow, received an MSN (2009) with a focus in Nursing Education from San Jose State University. She has taught as an adjunct at Chabot College and SMU, backed by 22 years clinical experience at Saint Rose Hospital and Kaiser Hayward. Maria will teach maternity at the San Francisco learning center.
- Mr. Canyon Steinzig, Assistant Professor. Canyon is a Betty Irene Moore Fellow completing his PhD this summer from UCSF. An SMU graduate, Canyon began teaching as an adjunct in 2008 in pathophysiology/ pharmacology and nursing skills and will teach medical surgical nursing and pathophysiology at the Oakland campus.

### Alumni CE Event

The School of Nursing will be hosting an Alumni Continuing Education Course on Saturday, September 25, 2010 from 9:00 AM to 2:00 PM at the Health Education Center. A desert reception will be held at 1:00 PM. Call 510-869-8628 to reserve a space.

### DNP Program Admitting Charter Class.

Cecily Cosby, PhD, RN, has been appointed Interim Program Director for the new online DNP program at SMU. Applications are currently being accepted for the first class that will

enroll in January 2011. Contact [ccosby@samuelmerritt.edu](mailto:ccosby@samuelmerritt.edu) for more information.

### First Annual Faculty Daisy Award

SMU awards the first annual Faculty Daisy Faculty Award to Margie Hammer and Miriam Eisenhardt. [http://www.daisy-foundation.org/0210\\_facultyaward.html](http://www.daisy-foundation.org/0210_facultyaward.html)

Despite their many teaching responsibilities, these two faculty members have developed and implemented an innovative curriculum that integrates cultural content throughout the Oakland prelicensure ELMSN Program at SMU. Students and faculty read the book, *The Spirit Catches You and You Fall Down*, the story of a Hmong family and their interaction with the American health care system. Together student and faculty explore cultural conflicts. Over 18 months, the "Spirit" Seminars discuss the effects of language, communication, customs, beliefs, values, spirituality, and racial and socioeconomic inequalities in healthcare. Students learn the ways in which patients and nurses come together and talk about health concerns with cultural differences toward the goal of eliminating health-care disparities—a cultural competency goal consistent with the AACN and IOM.

### Physician Becomes A Nurse

While many people aspire to be doctors, Yoshiya Yamada, a former doctor in Japan, was inspired to become a nurse. On Friday, May 28, 2010 that dream became a reality as he joined 94 of his fellow nursing classmates at the SMU Commencement Ceremony at the Paramount Theater in Oakland, California. Yamada had been practicing medicine for nearly 20 years in Tokyo. Fifteen of those years, he examined and treated patients by performing gastrointestinal endoscopy procedures. "My work was to find the small cancer by colonoscopy and remove those regions by endoscopic procedures," said Yamada, noting, "I wanted to become a nurse in Japan, but this profession was mostly encouraged for females to enter, not men, so I became a doctor instead." "As a doctor, my workload was to diagnose,

remove, and treat cancer and move on to the next patient,” Yamada said. “I see the nursing field as being interactive, social, and more involved in the medical field than the doctor.” Ultimately, Yamada decided to move to the US to pursue a career in nursing. Few nursing schools in Japan offer opportunities for career changers. In May, Dr. Yamada realized his dream.

### **Health Promotion Program for the Transgender Population**

Cecily Cosby, PhD, FNP-C/PA-C, Professor at SMU School of Nursing, has developed a series of health promotion educational programs for the “Gender Bending” or “Gender - Non-Conforming” community. On August 12, Cecily sponsored the first educational program, “Pumping; What’s all the Fuss,” where experts discussed safety concerns regarding silicone injections. Cecily has worked with over 300 gender-variant clients, and because of their experiences, the workshops address critical health issues such as harm reduction information. “Beyond the transgender patients known to have HIV infection and who are receiving care, there are estimated to be several hundred who are currently at risk and who could benefit from health promotion and disease prevention information provided in a safe and trans-sensitive manner,” explains Dr. Cosby. “There are currently few informal or formal support groups available for this population in the East Bay.” The sessions offered at SMU are to provide information and a group support.

## **CALIFORNIA STATE UNIVERSITY EAST BAY**

### **CSUEB Welcomes New Students**

Fortunately, our nursing program has not had much impact from the recent budget cuts to CSUEB. Once again, we have admitted 130 new pre-licensure students into our program at the Concord and Hayward campuses for Fall 2010. Of those, 65 students will attend the program in Hayward Campus and 65 in Concord. We are lucky to maintain the same numbers of annual enrollments in our program with funding received from John Muir Health and Song Brown Capitation Grant: JMH supports funding for educating 20 students and Song Brown Capitation grant provides funding for 20 students. Carolyn Fong is Project Director for the John Muir Health fund; and Kimberly Kim is Project Director for the Song Brown Capitation grant. Council members of the East Bay Student Nursing Associations provided new orientation sessions for both groups of incoming students in Concord and Hayward during summer. Students attended BLS and first aid certification courses followed by orientation.

### **RN Advanced Placement Options**

The Advanced Placement program for registered nurses is now available in two options: a one-year, Intensive program, or a two year, Part-time program. The Intensive program is being conducted in collaboration with Chabot, Ohlone, Contra Costa, and Los Medanos Community Colleges and is designed for recently graduated community college RN students. There are close to 40 students in the first cohort. We congratulate them on the recent passing of their NCLEX exam. CSUEB also accepted 87 new students who are on the RN-BSN tract. Their orientation is scheduled in September.

### **Residency Program for New Graduates**

We are currently accepting applications for the third cohort of new graduate nurses who are interested in participating in the New RN Residency Program: Participants who have not secured nursing positions and graduated from the Bay Area nursing program are qualified to apply. Online flyer and application information is available on the Department of Nursing and Health Sciences website: [www.sci.csueastbay.edu/nursing](http://www.sci.csueastbay.edu/nursing). Winter application is due before October 15; and orientation will occur at CSUEB Hayward Campus on November 28. This program is partially funded by Alameda County Workforce Investment Board; and is supported by CINHC funded by the Gordon and Betty Moore Foundation grant. Over 12 Bay Area clinical agencies support the CSUEB residency program; and participants will be placed on clinical units based on their availabilities.

We have successfully completed two cohorts in our Residency Program via the Department of Continuing Education this year. Area hospitals have generously contributed their nurses as preceptors for the new graduates. Another cohort will start later this fall.

### **Faculty News**

A number of new faculty members have been hired for the 2010-2011 academic year. They include Elbina Rafizadel for Community Health Nursing, Victoria Keeton and Hannah Pelletier for Pediatric, Robert Pope for Gerontology, Melinda Nguyen, Billie Flores, and Dorothy Moore in Fundamentals, Michelle Williams in Research, Jonathan Stewart in Legal Issues in Nursing, and Bonnie Smith returning after a 2 year hiatus for Medical-Surgical Nursing.

Faculty members have travelled near and far to continue their research interests over the past several months. For example, we look forward to more news from summer trips to Kenya, Tanzania, Florida, and Washington.

### **Chair Position**

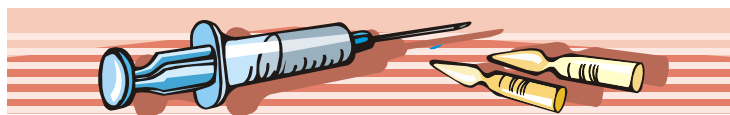
Dr. Carolyn Fong, Chair of the Department of Nursing, will be on sabbatical this Spring quarter. Dr. Lynn Van Hofwegan will be acting Chair of the Department of Nursing and Health Sciences at CSUEB during her absence.

### **NCLEX Pass Rates**

The latest BSN graduating class for academic year 09-10 had a 100% pass rate at Hayward campus and 95% at Concord campus.

### **Faculty Retreat**

Faculty retreat is scheduled to happen in Livermore Holiday Inn Express for two days during September. Faculty will discuss about QSEN core competencies and curriculum issues at this retreat.





**AARA AMIDI-NOURI, PhD, RN**, Miriam Eisenhardt, BSN, MPH, RN, and Marjorie Hammer MSN, FNP-C, CNS-MH, faculty at SMU presented a concurrent session on “The Spirit Seminars: An Innovative Program for Teaching Cultural Competence” at the National Conference on Race and Ethnicity in Higher Education (NCORE) on June 2, 2010 in National Harbor MD

**JOAN BARD, DED, RN**, Associate Professor, SMU, had 22 RNs in this year’s Preparatory Course for Faith Community Nurses, to prepare them for outreach work in health ministries. The course was held at the Hilton Concord Hotel in June. The offering of this class is a joint effort with John Muir Health-Nursing Faith and Health Ministries. Marion DePuit is the manager of the Health Ministries program for John Muir Health; she and Joan have presented this program for several years. Since 2000, when Joan started teaching the course, over 150 nurses have completed the requirements to be certified by the International Parish Nurse Resource Center located in Saint Louis, MO. They serve Protestant and Roman Catholic congregations throughout California. The program is offered yearly usually in June.

**FAY BOWER, DNSc, FAAN**, Professor and Chair, HNU, will receive the faculty award from the HNU Alumni Association on October 1, 2010. She will be acknowledged for outstanding service and loyalty to the University. Dr. Bower has also been selected to appear on Distinguished Professors Online, a publication that honors outstanding professionals.

**CECILY COSBY, PhD, FNP, PA-C, RN**, Professor, SMU, offered a health promotion workshop at Samuel Merritt University for the transgender and gender non-conforming community on August 12, 2010. This minority group frequently experiences transphobia and other forms of discrimination sometimes make get-

ting even basic healthcare difficult or impossible. Entitled, “Pumping; What all the fuss?” Dr. Cosby provided an overview of safety concerns regarding silicone injections, a dangerous activity sometimes used by this population. Combined with a group support session, the event emphasized both the medical and psychosocial needs of the transgender population.

**MARJORIE HAMMER, MS, FNP, PSYNP**, Assistant Professor, Pediatric & Mental Health Nursing, SMU, is one of the coauthors of: “White Paper: The Educational Preparation of Advanced Practice Nurses to Address the Mental Health Needs of Children and Adolescents” which was approved by the International Society of Psychiatric Mental Health Nurses (ISPN) on May 6, 2010.

**NANCY HAUGEN, PhD, RN**, Assistant Professor and Chair of the ABSN program at SMU, Abby Heydman, PhD, RN, Professor Emeritus, SMU, and Karen A. Wolf, PhD, RN, Associate Professor, SMU, will be presenting a paper, Hospital Schools of Nursing in Transition: Moving to Collegiate Status 1980-2010 at the International Perspectives in the History of Nursing Conference September 14-16 in London, England.

**EDITH JENKINS-WEINRUB, EDD, RN**, Assistant Professor, HNU, has been selected to represent ANA/California to attend the 2010 American Nurses Advocacy Institute on Oct 24-26 in Washington D. C. This is a unique opportunity for nurses who are new to the world of political advocacy or who would like to strengthen their competence in the political arena.

**SARAH KEATING, EDD, NP, FAAN**, Arthur Emerton Orvis Endowed Professor at University of Nevada Reno has edited a new book, Curriculum Development and Evaluation, New York: Springer Publishing, which will be available in November,

2010. Abby Heydman, PhD, RN, and Arlene Sargent, EdD, RN, have contributed a chapter, Planning for Accreditation: Evaluating the Curriculum, to this new text. Dr. Keating is currently serving as the interim director of the UNR doctor of nursing practice program.

**PAM MINARIK, PhD, RN**, Professor, SMU, has had several recent publications, including: Minarik, P. A. (2010). Chronic diseases & depression: Lessons from the World Health Organization about Worldwide Burdens. *Bulletin of The Japanese Red Cross Hiroshima College of Nursing* 10 81-88. (3. 30. 10). (ISSN 1346-5945).

- Minarik, P. A. (2009). Sleep disturbance in midlife women. *Journal of Obstetric, Gynecologic & Neonatal Nursing*, 38 (3), 333-343.

- Minarik, P. A. (2010). Psychiatric consultation liaison clinical nurse specialist in the acute care setting. In J. Fulton, B. Lyon & K. Goudreau (Eds.) *Foundations of clinical nurse specialist practice*. New York: Springer Publishing

In addition, Pamela has had a busy year with a number of presentations including: Minarik, P. A. (2010) “CNS as Psych Liaison: The Art of Consultation & Liaison: Models & Phases of Consultation.” Podium presentation at California Association of Clinical Nurse Specialists: Advanced Practice: The CNS as Consultant. Palo Alto, CA. April 17, 2010;

- Minarik, P. A. (2010). “Let your life speak” Motivational speech. Invited. Pinning Ceremony for Accelerated Bachelor of Science graduates from San Francisco Learning Center. Oakland, CA. April 17, 2010;

- Minarik, P. A. , Lee, K. A. , Cooper, B. A. Poor Sleep Quality in Diverse Midlife Women: The Effects of Race, Income, and Depressive Symptoms. Peer reviewed Poster Presentation at the 18th Congress on Women’s Health Issues: Cities and Women’s Health: Global Perspectives.



## Nu Xi At Large Members

# URGENT REMINDER!

September is membership renewal & email address update month.

Go to [www.nursingsociety.org](http://www.nursingsociety.org) to update your personal profile & membership.

University of Pennsylvania and International Congress on Women's Health Issues (ICOWHI). Philadelphia, PA, USA, April 9, 2010;

- Minarik, P. A. (2010). "My Journey in Online Teaching: From "Awful" to Competent." Podium presentation at Samuel Merritt University DNP Workshop, Oakland, CA. March 15, 2010;

- Minarik, P. A. (2009). "Advanced Practice Nurses: Clinical Nurse Specialists and Nurse Practitioners: Similarities and Differences." Podium presentation at Tokyo Ariake University of Medical and Health Sciences. Tokyo, Japan. June 15, 2009 and The Japanese Red Cross Hiroshima College of Nursing. Hiroshima, Japan. June 16, 2009. A web presentation of Pam's research on sleep disturbance in midlife women(2010) is available at <http://www.sleepclinician.com/video/id/62/>.

**MILEVA SAULO-LEWIS, EDD, RN**, Associate Professor, SMU, has been busy with several podium presentations in recent months, including: (August, 2010). End of Life care: Caring and Courageous Conversations and Advocacy Skills, Samuel

Merritt University/Kaiser T2P program, Oakland, CA;(June, 2010). Advanced preceptor training. South Bay Collaborative Preceptors for the T2P Program, San Jose and San Mateo, (March, 2010). Mediation practices applied to the academic and practice settings. West Bay Chapter of the Association of California Nurse Leaders, Los Gatos, CA.

**KAREN ANNE WOLF, PHD, RN**, Associate Professor, SMU will be presenting two papers, at the International Perspectives in the History of Nursing Conference, September 14-16 in London, England. The first paper is titled: Out of the ashes of diploma education. The second paper presented in collaboration with Abby Heydman and Nancy Haugen, is titled, "Hospital Schools of Nursing in Transition: Moving to Collegiate Status 1980-2010." Karen was also elected to the National Organization of Nurse Practitioners Nominating Committee for 2010-2012. She is chairing the National Academies of Practice Task Force on Barriers and Support for Interdisciplinary Practice.

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