



EYE ON NU XI

AT-LARGE CHAPTER • [ΣΘΤ]

• Holy Names University • Samuel Merritt University • California State University East Bay

Hall of Fame Event Honors Seven for Excellence in Nursing



Hall of Fame Award Recipients: Bobbie Richards, Fay Bower, Mileva Saulo- Lewis, Gretchen Summer, Vicki Casella-Gordon, Edith Jenkins-Weinrub, & Abby Heydman

On January 20, 2009, at Holy Names University, seven individuals were honored for excellence in nursing at the Biennial Hall of Fame Awards Event sponsored by Nu Xi at Large Chapter. Approximately 60 people celebrated the success of the honorees at a reception

following the awards ceremony. Teresa Burgess, MS, RN chaired the awards committee and was assisted by committee members Diana Dunn, Nancy Gibbs, and Bobbie Richards. Anna Mullins served as the event program planner. Award presenters included Teresa Burgess, Diana Dunn, Fay Bower assisted by Carolyn Harris-Muchell, Marcia Canton, Bobbie Richards, Cecily Cosby and Abby Heydman.

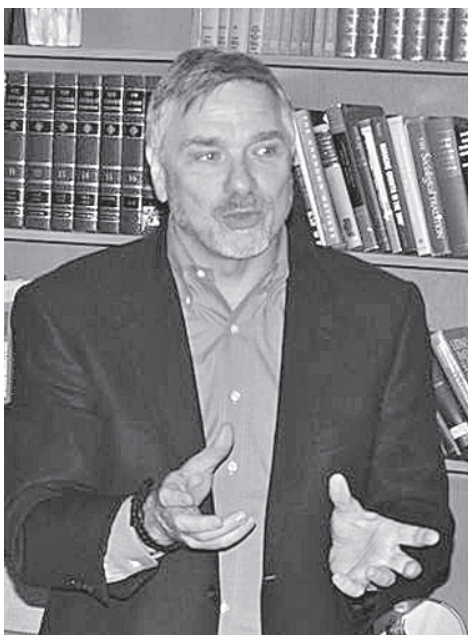
Prior to the awards ceremony Ed O'Neill, PhD, MPA, FAAN, Director of the Center for the Health Professions at the University of California San Francisco, was the keynote speaker. Dr. O'Neill's presentation titled, "Every Nurse A Leader" addressed issues surrounding the current healthcare crisis as it relates to healthcare costs and national quality outcomes.

Excellence in Nursing Practice Award: Vicki Casella-Gordon, MSN, RN, CNS

A clinical nurse specialist in critical care at Kaiser Permanente, Vicki demonstrates depth and breadth of knowledge and expertise in critical care and

pain management. She serves on the Diablo Service Area Pain Committee at Kaiser Walnut Creek Medical Center and teaches a variety of specialty classes on critical care topics and pain management. She also mentors graduate nursing students from colleges in the Bay Area. In addition to supporting Kaiser's ongoing educational efforts by teaching portions of the critical care nursing course, Vicki is currently implementing a new role for nursing at Kaiser Walnut Creek by teaching a course which prepares nurses to be a pain management resource nurse. Vicki is creative in her approach to education and is contributing to quality care with her passion for and lead role in improving pain management.

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Ed O'Neil, speaker at Nu Xi Hall of Fame Event



Diana Dunn, Bobbie Richards

NU XI CHAPTER AT LARGE CALENDAR OF EVENTS 2009

Event	Date	Time	Location
Spring Membership Meeting	March 10, 2009 Tuesday	5:-00-6:30 PM Board Meeting to follow	California State University East Bay
Research Conference	TBA	8:00 AM-4:00 PM	Holy Names University
2009 Induction & Installation of Officers	April 25, 2009 Saturday Carol Huston, President STTI, Keynote Speaker	10-2:00 PM Luncheon Orientation 10:00 AM Induction, Installation, & Luncheon 11:00 AM	Samuel Merritt University Fontaine Auditorium HEC
STTI 20th Annual Intl. Research Congress	July 13-17, 2009 Cancun, Mexico	Info: congress@stti.org	Cancun, Mexico
Board Retreat	August 22, 2009 Saturday	10:00 AM-4:00 PM	Holy Names University Founders Hall Bay Vista Bay Vista Room
Fall General Membership Meeting	October 13 , 2009 Tuesday-	Board Meeting to follow. 5:00 PM Membership 6:30 Board	Holy Names University Founders Hall Bay Vista Room
39th STTI Biennial Convention	October 31- November 4, 2009	See STTI website at: www.nursingsociety.org	Indianapolis, IN Abstracts due January 28, 2009
Spring General Membership & Annual Business Meeting	March 9, 2010	Board Meeting to follow. 5:00 PM Membership 6:30 Board Meeting	California State University EB (room & location TBA)
2010 Induction & Installation of Officers	April 24, 2010 Saturday	Orientation 10:00 AM Induction, Installation, & Luncheon 11:00 AM	Samuel Merritt University Fontaine Auditorium HEC

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Teresa Burgess (left), Vicki Casella-Gordon (right)

HALL OF FAME AWARD WINNERS

Excellence in Education Award:

Edith Jenkins-Weinrub, EdD, RN

Edith began her nursing career as an LVN, and progressed through nursing education culminating in the receipt of an EdD degree from Nova Southeastern University. At Holy Names University (HNU) for seven years, Dr. Weinrub-Jenkins has developed and taught classes in the graduate programs for nursing administration and clinical education, as well as undergraduate leadership courses. Many of Dr. Jenkins-Weinrub's courses are taught via interactive conferencing to far reaching sites throughout California. Edith has established a successful partnership with the American Red Cross, in which graduate students will be certified in disaster preparedness. Dr. Jenkins-Weinrub's affinity for education, technology and disaster preparedness resulted in her being selected as a scholar in the National League for Nursing Information Technology Scholars Program which is funded by the Health Resources and Services Administration (HRSA), Bureau of Health Professions, and the Office of Health Information Technology. The five year grant will prepare the scholars for the integration of technology into nursing education and practice.

Excellence in Research Award:

Gretchen Summer, PhD, RN:

Serving as Associate Director of Kaiser Permanente Northern California Patient Care Services Research Team, Gretchen Summer, PhD, RN, completed doctoral and post-doctoral studies at the University of California San Francisco, focusing her research program on improving pain relief for children recovering from burns. Recent professional accomplishments include: publications of research findings in four peer-reviewed nursing or interdisciplinary journals; delivering two keynote presentations at the Australian and New Zealand Burns Association Annual Scientific Meeting in Melbourne, Australia. More recently, Gretchen has been leading teams of Kaiser Permanente RNs in designing evidence-based practice and clinical nursing research studies at several KP facilities across Northern California.

Excellence in Leadership Award:

Mileva Saulo-Lewis, EdD, RN:

Dr. Saulo-Lewis has been a positive and inspiring leader throughout her nursing career, holding numerous positions of responsibility in both nursing service and nursing education. Rarely, is an individual able to move from clinical practice to education with the success Mileva has achieved. Her leadership positions have included Director of Nursing Education, College of Marin and Hartnell College; Director of the RN-BSN Program and Director of Graduate Nursing at the University of Southern California; Director of the Undergraduate Nursing Program at Samuel Merritt University, and, most recently, Managing Director, Samuel Merritt University San Mateo Learning Center, ABSN Program. In the world of professional organizations, Dr. Saulo-Lewis has served as Director of Education for the Critical Care Nursing Association and Associate Director, Economic and General Welfare for the California Nurses Association. In the nursing service arena, Mileva has been the Asst. Administrator at Kaiser San Francisco and Administrative Director of Nursing at Sequoia Hospital in Redwood City.

Excellence in Leadership Award:

Fay Bower, DNSc, RN, FAAN:

Currently serving as the Chairperson of the Nursing Department and Professor at Holy Names University, Dr. Fay Bower, exhibits key qualities of a nursing leader; self confidence, trustworthiness, assertiveness, emotional stability, a sense of humor, self-awareness and self-objectivity, keen cognitive skills, emotional intelligence, and enthusiasm. She was Chair of the Department of Nursing at San Jose State University, Dean of Nursing and Academic Vice President at the University of San Francisco and President of Clarkson College in Omaha Nebraska. In addition, Dr. Bower has a long history of leadership within Sigma Theta Tau International and as a nurse academician. She was the Past President of Alpha Gamma and Beta Gamma Chapters of STTI and the Past President of Sigma Theta Tau International. Currently, Fay is the President of Nu Xi At Large Chapter and the Chairperson of the International Leadership Task Force for STTI. She also serves as Chair of the Undergraduate Curriculum and Standards Committee at HNU, and was the founder of the Center for Third Age Nurses at HNU.

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Carolyn Harris Muchell, Edith Jenkins-Weinrub, and Fay Bower



Carol Huston (President STTI) and other STTI members at the Leadership Academy in Indianapolis.

NU XI CHAPTER NEWS

Fall General Membership Meeting

The Fall General Membership Meeting was held on October 14, 2008 at 5:30 PM at Holy Names University. In keeping with the global focus of STTI, the program featured a panel of speakers who provided an international perspective on health care in parts of the world including Laos, Myanmar, Nepal, and Africa where poverty, malnutrition, and disease are common place. Speakers included Valerie Dzuber, EdD, RN, faculty member at Samuel Merritt University, Cheryl Watkins, RN, and Nancy Gibbs, MS, RN, both from John Muir Medical Center. Dr. Dzuber takes groups of FNP students and faculty from SMU to Laos and Myanmar on a regular basis to provide health care services and to bring supplies to local communities. Nancy Gibbs has worked with the American Himalayan Foundation in Nepal and India, providing volunteer services in Bir India and Shanta Bhau in Nepal. Cheryl Watkins has taught trauma care to nurses in West Africa and Togo, as well as health education and first aid to local villagers. The presenters were joined by Joan Bard and two FNP students from SMU who traveled with Dr. Dzuber during the 2008 trip to East Asia.

2009 STTI Leadership Academy—Indianapolis, Indiana

Donna Ervin, RN, MSN/MBA and Bonnie Holmes, RN, MSN/MBA attended the 2009 STTI Leadership Academy in Indianapolis, Indiana on September 25-27, 2008. The international leadership academy was a weekend full of inspiring program information that focused on moving into the future as organizational leaders. The four main themes of the conference relating to global leadership included: creating and sharing knowledge resources; being internationally global; developing career-spanning leadership skills; and providing service. Workshops were designed to reinforce the common goal of global leadership and each session was timely, thoughtfully planned and professionally delivered. Some workshop examples included expanding our use of technology to improve communication, providing good board experiences for volunteer leaders, and Vision 2020, the STTI Strategic Plan, which was presented by President Carol J. Huston.

During one of the concurrent sessions, the groups discussed global expansion ideas that included considering adopting a

sister chapter from another country, and sponsoring them so a member can be sent to a leadership or research conference event. The conference was a very effective way for professional individuals from across the globe to unify on the issues of global health care, and to reinforce our position as a dynamic organization of futuristically-focused nursing leaders. Networking with nurses from around the globe provided positive energy and incentives to move forward. (Article by Donna Erwin.)

April Showers Program to Help the Homeless Continues

The April Showers program received an infusion of energy from the Student Nurses' Association this fall at Samuel Merritt University. Members of the organization assembled several hundred bags of toiletry items donated by Nu Xi members. Over 150 bags of personal hygiene products were distributed to the Winter Shelter for the homeless on the old Oakland Army Base. One recipient remembered how much he appreciated the bag last year. Inside each bag there's a message that indicates "Nurses care about you" sponsored by the Nu Xi Chapter-At-Large of Sigma Theta Tau International. Another hundred or more bags were given out during a Health Fair in the Tenderloin District of San Francisco. The price of admission to the faculty Christmas party at Samuel Merritt University was a pair of warm socks. All the socks were given to the homeless shelter on the Oakland Army base where blankets and towels, in addition to socks, are badly needed. Audrey Berman, Dean of the School of Nursing, was diligent in assuring everyone donated socks. Thanks Audrey!! If anyone can provide blankets, towels or socks, please call Joan Bard at 510-869-6511 X3425.

Safe Sitter Materials Donated

Nu Xi Chapter-At-Large recently donated a large crate of educational materials to Fontaine Fire Inc., of Danville, CA. The supplies will be utilized for teaching safe baby sitting at parks and recreation departments in the Contra Costa County Area. Donated supplies included mock telephones, a baby manikin with diapers, a soft child sized doll, SAFE SITTER workbooks and instructor materials, baby sitter notepads, and pencils stenciled with the Safe Sitter logo. Instructor and owner Rebecca Fontaine was thrilled to get the supplies. Her company teaches Teen Baby-sitting, CPR, and other health and safety classes including Grandparents 101, Pediatric First Aid, and Pet First Aid. (Submitted by Teresa Burgess RN)

Excellence in Leadership Award:**Abby M. Heydman, PhD, RN:**

Professor Emeritus, Samuel Merritt University, Abby was honored for her many years of leadership in nursing education and Nu Xi at Large Chapter. Following positions as a faculty member and Acting Dean at Creighton University, Abby took a position as the Chairperson, Nursing of Saint Mary's College of California in 1977. In this role she assisted in creating a innovative joint BSN program and attaining its initial professional accreditation. In 1985, Dr. Heydman was appointed Dean-Nursing, for the SMC-SMC Intercollegiate Nursing Program and later was named Academic Vice President & Provost at Samuel Merritt. Honored with the title Professor Emeritus upon her retirement in 2004, she assumed the role of Interim President, Samuel Merritt College in Fall 2007, serving as Chief Executive Officer during sabbatical of the current President. Now working as a consultant, Abby currently serves as the Chair, Board of Directors, of the American College of Traditional Chinese Medicine and Chair, Substantive Change Committee for Doctoral Programs, Western Assoc. of Schools and Colleges. Abby has also served as President-Elect, President, Treasurer, and Newsletter Editor (current) for Nu Xi At Large.

Diana Dunn Service Award:**Bobbie Richards, MA, RN:**

A successful nurse entrepreneur who has held various leadership positions in nursing service and nursing education, Bobbie has been active in Nu Xi at Large Chapter since it was chartered in 1993. She has held numerous Board positions and served on several Chapter committees. Currently, Bobbie serves as Past President, member of the Hall of Fame Awards Committee, Newsletter Committee, and member of the Sigma Theta Tau International Membership Retention Council. Bobbie was the primary mover in the chapter's achievement of two STTI Chapter Key Awards and three Chapter Regional Excellent Awards in 2006. She was honored with the Diana Dunn Service Award in recognition of her many contributions and outstanding service to Nu Xi At Large Chapter.



STTI headquarters



Donna Irwin and Bonnie Holmes accepting the award for Nu Xi at Large

Research Award Applications Under Review

Marcia Canton, PhD, 2+2 Program Advisor at Holy Names University, and Chair of the Nu Xi At Large Research Committee, reports that applications for the 2009 Research Awards have been received and are currently under review by the Committee. Awards will be made by early April. Members are encouraged to put the next application deadline on their calendars for the coming cycle. The deadline will be November 1, 2009.

Nu Xi Members Serve on STTI International Advisory Committees

Nu Xi At Large is currently well represented on STTI International Advisory Councils. Fay Bower is chair of the Leadership/Mentoring Task Force, Bobbie Richards is a member of the Member Retention Council, and Dr. Abby Heydman, is a member of the International Membership Council. The Membership Council is looking at barriers to STTI membership globally. The Leadership/Mentoring Task Force is examining practical ways to foster mentoring of new STTI members and Board members and new chapters. The Membership Retention Committee is examining strategies to engage members to reduce loss of membership at membership renewal periods. Reports from the Councils/Task Forces will shape policy proposals for consideration at the next Biennial Convention in Indianapolis in November 2009



California State University East Bay (CSUEB)

The CSUEB accepted 130 new nursing students for the BSN program in fall 2008. Of those, 65 students attend the program on the Hayward Campus and 65 in Concord. To prepare for the program, the EBSNA (East Bay Student Nursing Association) provided orientation sessions for both groups during this summer. Students also participated in BLS and first aid certification processes followed by orientation. The CSUEB also admitted the largest enrollment of RN to BSN students in its history this year. Once admitted, RN students will complete and earn the baccalaureate degree in one year.

To accommodate students in the Department of Nursing and Health Sciences, CSUEB hired the following full time faculty: Denise Fillipucci, RN, MS (Nursing), Nancy Hoffman, RN, JD (Health Sciences), Denise Li, RN, Ph D (Nursing), Lindsay McCrea, RN, Ph D (Nursing), Lynn Van Hofwegen, RN, Ph D (Nursing). The part time faculty include Nicole Barnett, RN, Ph D (Health Sciences), Maria Cho, RN, Ph D, Eileen Feehan, RN, MS, Pamela Healey, RN, MS, Garry Johnson, RN, MS, Rebecca Lewis, RN, MS, and Steven Salse, RN.

The clinical skills lab was renovated over the summer months, and a new simulation lab was developed in the science buildings on the CSU Hayward Campus. A simulation lab was also built for students on Concord Campus. Working with staff at Washington Hospital and CSUEB, all students in the program have participated in clinical simulation activities using case scenarios on high fidelity simulators.

The CSUEB faculty met in retreat at Napa Valley for two days in mid-September. Over 20 faculty members signed up for this retreat. There, faculty discussed curriculum issues related to nursing and health sciences. Nursing faculty also attended "Back to the Bay at CSUEB" annual orientation program for faculty following the retreat.

Holy Names University

2+2 Program On December 18, 2008 nine 2+2 students at Holy Names University were "handed over" to Samuel Merritt University. These students had completed the first two years of the four year BSN program. Families and friends were there to celebrate their completion of the general education requirements. Dr. Earley, the director of the BSN program at Samuel Merritt University, was also there to receive these students from Dr. Bower, chair of Holy Names University nursing programs.

RN/BSN Program. Enrollments of this program have continued to increase with students being admitted from 10 CHW sites and three independent hospital sites. Nurses continue to seek advanced education as they learn more about the options available to those with BSN degrees. And as more acute care hospitals seek Magnet status so do the nurses in those settings seek advanced education.

MSN Programs. Enrollments in the Family Nurse Practitioner and the Dual Degree MSN/MBA program continue to increase as the need for both is a very big recruitment strategy. This year HNU will graduate the largest number of nurses receiving the MSN/MBA is the university's history.

LVN/BSN program. The feasibility study for the initiation of the LVN/BSN program has finally been submitted to the California Board of Registered Nursing now that the contract between the American College of Nursing and Holy Names University has been signed.

Samuel Merritt University

The Samuel Merritt community gathered for the initial Centennial Celebration Event on January 26, 2009 at 5 PM in the Bechtel Room. Sharon Diaz, President, reviewed the history of the college and described the major transitions in graduate and doctoral education which have occurred over the past 15 years. In recognition of the emphasis on graduate education and the proposed addition of two new doctoral programs, President Diaz announced that the Board of Regents have approved a change in status from College to University. The name of the institution is now officially Samuel Merritt University. Other Centennial events are planned throughout the year and may be found on the Samuel Merritt University website.

Congratulations to the CRNA program for outstanding results of their 2007 students' first time test taker certification results. The national CRNA accrediting organization requires that schools maintain a mandatory pass rate of at least 74% and there is a preferred pass rate of 84%. SMC managed to achieve a 96% first time pass rate!!

NU XI AT LARGE '09 INDUCTION CEREMONY

The 2009 Induction Ceremony for Nu Xi At Large will be held on Saturday, April 25, 2009 in the Fontaine Auditorium at the Health Education Center, Samuel Merritt University. Orientation of new members will begin at 10:00 AM and the ceremony and reception will follow at 11:00 AM. Carol Huston, PhD, RN, President of Sigma Theta Tau International, will be the featured speaker. Members are invited to attend. Please contact Joan Bard to make a reservation and to pay for the luncheon. jbard@samuelmerritt.edu or 510-543-6409



FAY L. BOWER, DNSc, RN, FAAN, Chair of the Nursing Department at Holy Names University, and colleague Dr. Bill Sadler have completed the manuscript for a book entitled "Who Retires: Career Strategies for Third Age Nurses" to be available for purchase from Sigma Theta Tau Publishing in April.

DONNA BRACKLEY, MSN.MA, RN, Chief Nursing Officer and Senior Vice President for Patient Care Services, John Muir Medical Center Concord, is part of the leadership team at John Muir Medical Center Walnut Creek and Concord. This health system was selected as one of five outstanding regional health systems in the 2008 Reader's Choice Survey Awards for Advance magazine. Donna was cited in an article about the award in the October 2008 issue of Advance. She noted that creating a strong residency program for novice nurses is a key part of the strategy for creating a positive environment for nurses within the organization.

CAROLYN HARRIS MUCHELL, PhD, RN, faculty member at Holy Names University, **Paulina Van, PhD, RN**, Assistant Professor at Samuel Merritt University, and **Abby Heydman, PhD, RN**, Professor Emeritus at Samuel Merritt University, have had abstracts accepted for presentation at the STTI 20th Annual Research Congress in Cancun, Mexico, July 13-17, 2009.

MARIA MANGINI, PhD, RN, Associate Professor, Holy Names University, and colleagues launched a non-profit Women's Visionary Council that offers a series of salons, to be held in five cities, at which visionary women gather for social evenings with an interesting and stimulating theme. The first of these was held in San Francisco on November 20, and featured Barbara Gault, a certified financial planner, who presented on thoughtful financial management for reaching one's vision. The next one is planned for Seattle in February.

JULI MAXWORTHY, DNPC, MBA, RN, CPHQ, RN, CNL Adjunct Assistant Professor, Samuel Merritt University, recently completed requirements for national certification as a Clinical Nurse Leader and passed the national exam. Juli was among the first group of graduates of the DNP program at the University of San Francisco in December 2008.

ANNA MULLINS, DNSc, RN, Adjunct Professor, Holy Names University and a colleague have had an article entitled "The California Nurse Mentor Project: Every Nurse Deserves a Mentor" published in the October/November 2008 edition of Nursing Economics.

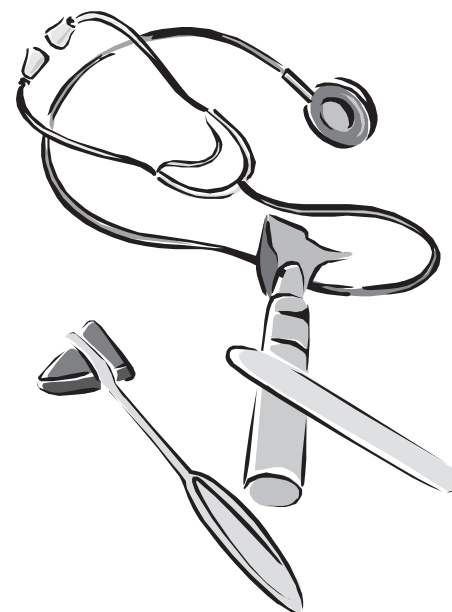
MILEVA SAULO LEWIS, EDD, RN, Associate Professor, Samuel Merritt University, was appointed to be the Managing Director of the San Mateo Learning Center in July 2008. Dr. Lewis is also a member of the Advisory Board of the University Health Center/ American Association of Colleges of Nursing Nurse Residency Program at Stanford Hospital. She teaches the ethics/conflict management content in that program and is working with a national task force to make recommendations for change in the ethics component of the residency program.

SUZANNE AUGUST-SCHWARTZ, DNP, FNP, RN, received the Doctor of Nursing Practice (DNP) degree from Rush University School of Nursing on December 2008. She has been enrolled in course work for this degree for the past 2 years while remaining a full-time faculty member and program director for the FNP program at Samuel Merritt University. Her DNP project focused on "Faculty Practice for the Underserved in Alameda County." As part of this project Suzanne was able to establish a faculty practice clinic at Davis Street Family Resource Center in San Leandro. As a result of Suzanne's coursework, the FNP faculty now provides primary care

services to uninsured and underinsured clients in Alameda County at least one day per week.

SHARON SWAIN, BSN, RN, has been working for 4 ½ years as Transplant Coordinator, at the California Transplant Donor Network (CTDN). Sharon is currently enrolled in the Clinical Educator track in the Master's degree program at Holy Names University, which she expects to complete in the coming year. Sharon is currently involved in a research project funded by the Health Resources and Services Administration. The project, which is a joint effort of the CTDN and the University of California San Francisco, is investigating the effects of insulin on renal function in organ recipients.

JACQUELINE WILLETTS RN, MSN, GNP, Assistant Professor of Nursing at California State University, East Bay, is currently in the Doctoral program at UCSF. She is a co-author of an article with Dr. Holly Kennedy and others which will be published in May/June issue of the Journal of Midwifery and Women's Health, entitled "I wasn't alone—a study of group prenatal care in the military".





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NU XI AT-LARGE CHAPTER

SPRING GENERAL MEMBERSHIP & BUSINESS MEETING

Speaker: Margaret Wright, RN, Ph D, Assistant Professor
California State University, East Bay

Building a Logical Framework for Participation in Refugee Camp Public Health Programs

Tuesday, March 10, 2009—5:00 -6:30 PM

California State University East Bay- Hayward Campus – Biella Room- CSU Library
25800 Carlos Bee Blvd, Hayward, CA 94542
Board Meeting to Follow

1 Contact Hour of CE Credit. See [http website below for the campus map](http://www.csuhayward.edu/about_csu/campuses_and_locations/hayward_map/)
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