



EYE ON NU XI

AT-LARGE CHAPTER • [ΣΘΤ]

• Holy Names University • Samuel Merritt University • California State University East Bay

2010 Induction & Installation of Officers



New Inductees and STTI Ice Sculpture at Induction Reception

The 2010 Induction of new members and installation of officers were held at Samuel Merritt University in the Health Education Center on Saturday, April 24, 2010. Dr. John Lantz, Professor Emeritus, San Diego State University, and former Dean, School of Nursing, University of San Francisco, was the keynote speaker. Dr. Lantz's address was titled, "Leadership is a Journey, Not a Destination." Over 300 members and guests attended the event in which four community nurse leaders, 132 undergraduates, and 73 graduate students were inducted into Nu Xi At Large Chapter. A silent auction was held and \$1,200 was raised for student scholar-

ships and research grants. Winner of an electric bicycle was Bobbie Richards, and Sylvia Fox was successful in bidding for a week's stay at Sea Ranch, a prize donated by Anna Mullins, DNSc, Vice President. Paulina Van, PhD, RN, and Marcia Canton, PhD, RN, planned the event and recruited a host of volunteers to assist. The Chapter also acknowledges Dr. Audrey Berman, Dean, SMU, for her support of the event.

Congratulations to the newly elected officers who were installed during the Induction ceremony. Kimberly Kim, PhD, has been elected to a second term as Vice President, representing Califor-

nia State University East Bay. Fay Bower, DNSc, FAAN, has been elected the Holy Names University Faculty Counselor. Fay has previously served as President of both Nu Xi and STTI. Denise Liu, PhD, RN has been elected to a term as faculty counselor at CSUEB. She previously held this office for one year. Sharon Swain, MSN, RN was elected Secretary for Nu Xi, her first term on the Board. KT Waxman, MBA, DNP, RN, has been selected as a new member of the Leadership Succession committee. The board wishes to thank those members who were willing to put their names in nomination for this election.

NU XI CHAPTER AT LARGE CALENDAR OF EVENTS 2010–2011

Event	Date	Time	Location
STTI 21st Annual Research Congress	July 12-16, 2010	Check STTI website <i>www.nursingsociety.org</i>	Orlando, Florida See STTI website
Nu Xi Board of Directors Retreat	August 21, 2010	11:00-4:00 PM	Juli Maxworthy's Home
2010 STTI Leadership Summit	September 24–25, 2010	Check STTI website <i>www.nursingsociety.org</i>	Indianapolis, IN
Fall General Membership Meeting & Board Meeting	October 5, 2010 Tuesday	5:00 PM Membership Meeting 6:30 PM Board Meeting	Holy Names University Bay Vista Room
STTI 2010 Leadership Summit	October 15-16, 2010	Check STTI website <i>www.nursingsociety.org</i>	Arlington, Texas
2011 Hall of Fame Event	January 18, 2011 Tuesday	6:00 PM	Holy Names University Founders Rom
Spring General Membership & Annual Business Meeting	March 8 , 2011 Tuesday	5:00 PM Membership Meeting 6:30 PM Board Meeting	CSUEB Library Biello Room
Nu Xi Induction & Installation of Officers	April 16, 2011 Saturday	Orientation 10:00 AM Induction, Installation, & Luncheon 11 AM	Samuel Merritt University HEC
STTI 22nd International Nursing Research Congress	July 10—15, 2011	Check STTI website <i>www.nursingsociety.org</i>	Moon Palace Cancun, Mexico
Nu Xi Board Retreat	August 20, 2011	10:00 AM – 4:00 PM	Holy Names University Room TBA
Fall General Membership Meeting	October 11, 2011	5:00 PM General Membership 6:30 PM Board Meeting	Holy Names University Room TBA
41st Biennial STTI Convention	October 29-Nov 2, 2011	Check STTI website <i>www.nursingsociety.org</i>	Gaylord Texan Hotel & Convention Center, Dallas/Ft. Worth, Texas

BOARD OF DIRECTORS & COMMITTEE CHAIRS, 2010

PRESIDENT

Juli Maxworthy
withmax@comcast.net

PRESIDENT ELECT

Anna Mullins
amullins@calnurses.org

MENTORING COM. CHAIR

Fay Bower, EdD, FAAN
fbower1@sbcglobal.net

VICE PRESIDENT— HNU

Marcia Canton
drcanton@pacbell.net

VICE PRESIDENT— CSUEB

Kimberley Kim, PhD, RN
kimberly.kim@csueastbay.edu

VICE PRESIDENT—SMU

Paulina Van
pvan@samuelmerritt.edu

SECRETARY

Janice La Coste, MS, RN
Janice.LaCoste@kp.org

TREASURER

Bonnie Holmes
jon1kfv2@att.net

LEADERSHIP INTERN

TBA

FACULTY COUNSELOR, HNU

Fay Bower, EdD, FAAN
fbower1@sbcglobal.net

FACULTY COUNSELOR, CSUEB

Denise Liu
denise.liu@csueastbay.edu

FACULTY COUNSELOR, SMU

Diana Jennings (primary)
djennings@samuelmerritt.edu

RESEARCH COMMITTEE CHAIR

Mileva Saulo Lewis
msaulo@samuelmerritt.edu

GOVERNANCE COMMITTEE

Nancy Gibbs
nangib@sbc.global.net

AWARDS COMMITTEE CHAIR

Shirley Dostal
Shirley.dostal@kp.org

LEADERSHIP SUCCESSION COMMITTEE

Wacherra Davis
wdavisrnbsnmsnmba@comcast.net
Judy April
judyapril@sbc.net
Christine Zumba
czrn@sbcglobal.net

PHILANTHROPY COMMITTEE CHAIR

Enna Trevathan
enna.trevathan@va.gov

NEWSLETTER EDITOR

Abby Heydman
heydmanabfr@msn.com
Bobbie Richards
thebobs2@comcast.net

Below: Keynote speaker, Dr. John Lantz.
Right: Dr. Lantz with new inductees.



MORE INDUCTION PHOTOS ON PAGE 12

Greetings from Juli Maxworthy, Nu Xi At Large President

Well it is finally starting to feel that spring has arrived. Our chapter has been quite busy with Induction activities. We had 373 candidates eligible for induction—our largest group ever. The event, held on April 24th and coordinated by Drs. Van and Canton, was a wonderful success. We raised over \$1,200 from the silent auction and raffle and these funds will be utilized for research and scholarships for our members, as well as for advancing members participation at STTI events. Many thanks to Dr. Enna Travethan for her oversight of the auction.

I want to take a moment to thank two board members whose terms will be ending June 30th. Wacheera Davis, our Leadership Succession Committee chair and Janice LaCoste, Secretary, have both been positive assets to the Board in their roles over the past two years. I would like to introduce two new members joining the board, Sharon Swain, in the role of Secretary, and Dr. KT Waxman, Leadership Succession.

Remember that 2010 is the International Year of the Nurse (IYNurse). 2010 marks the centenary year of Florence Nightingale's death (1820–1910). To celebrate, the 2010 IYNurse was established to actively involve the world's nurses—estimated to be more than 15 million—in a celebration of commitment to bring health to their communities, locally and worldwide. Their website is www.2010iynurse.net

Juli Maxworthy, DNP, MSN, MBA, RN, CNL, CPHQ
President, Nu Xi At Large



Dr. Beverly Dixon, Ph.D. speaking on Healing Touch

Nu Xi General Membership Meeting March 2010

The Spring General Membership and Annual Business Meeting was held on March 9, 2010 at 5 PM at California State University East Bay. A Board meeting followed. The featured speaker was Dr. Beverly Dixon Ph.D., a medical microbiologist in the Department of Biological Sciences at CSUEB. In addition to teaching microbiology, Dr. Dixon is a Certified Healing Touch Practitioner and Healing Touch Instructor. Dr. Dixon, who has been practicing Healing Touch since 2002, presented a CEU lecture entitled "Healing Touch Concept and Theory in Nursing Practice." Healing Touch is a non-invasive relaxing energy therapy that assists in balancing the physical, mental, and emotional aspects of health and well-

being. Healing Touch works with the energy field around the body to support the body's natural ability to heal, promoting mind-body-spirit healing. Janet Mentgen, RN, developed the Healing Touch Program curriculum as a medically based energy-training program for nurses in the 1980's. In 1994, Healing Touch was recognized by the North American Nursing Diagnosis Association (NANDA) as an independent nursing intervention, and endorsed by both the American and Canadian Holistic Nurses' Associations.

During the presentation, Dr. Dixon described the physiological responses of Healing Touch on the body, and the benefits to the patient such as pain relief and management, immune function support, stress reduction, cancer care support, and moderation of side effects from chemotherapy, radiation, and lymphedema. Dr. Dixon demonstrated a basic technique known as the Chakra Connection used to open, balance, and connect the body's energy centers enhancing the flow of energy throughout the body. Members and guests also had the opportunity to give and to receive a technique called Mind Clearing, which is used to promote relaxation and a state of peacefulness.

Healing Touch is used in a wide variety of settings including hospitals, long and short-term care facilities, private practices, and hospice programs. Healing Touch has an explicit Code of Ethics and Standards of Practice. In the US, over 50 Healing Touch Programs have been established in numerous clinical settings. Hospital programs in California offering Healing Touch include Stanford University Medical Center, Scripps Hospital in San Diego, Sharp Hospital in Coronado, and St. Jude Medical Center in Fullerton. In collaboration with the Department of Nursing at CSUEB, Dr. Dixon will soon be offering NURS 7010 Basic Principles of Healing Touch, a two unit elective course for nurses, students or anyone interested in learning principles and methods of the energy based therapy of Healing Touch. As Dr. Dixon notes, "Healing Touch is not just a technique, it is a way of caring. Perhaps the best description for it is 'compassionate, heart-centered care.'"

Annual Fund Report for 2009-2010

Bonnie Holmes, Treasurer, reports that the annual fund receipts totaled \$1,851.00 for for 2009-2010 with 17 members making generous donations to support the effort to raise funds for student scholarship and research grant support. This amount and number of donors is down from 2008-2009, probably a reflection of the economy.

Several members are being recognized for contributing each year since the inception of the Annual Fund five years ago. These members include: Fay Bower, Joyce Christiansen, Abby Heydman, Juli Maxworthy, and Pamela Rueling. The

Annual Fund supports the award of six \$500 scholarships to nursing students each year as well as funds for research grants to members.

Nu Xi Research Committee Seeks Research Proposals

Mileva Saulo Lewis, EdD, RN, Chair of the Nu Xi Research Committee, has announced the deadline for applications for Nu Xi At Large Research Grants in 2010. Members are urged to submit a proposal by October 15, 2010 for consideration for funding. Graduate students in master's or doctoral programs, as well as other Nu Xi members are eligible to apply for research support. The number of applications received typically is small, and well-designed studies are likely to receive funding. Information about the application process will be posted on the Nu Xi website at www.samuelmerritt.edu/nursing/nuxi

April Showers Program for the Homeless

Nu Xi At Large continues to support the April Showers Program, which provides toiletries and socks for the homeless. Socks and toiletries are currently being collected at Samuel Merritt University School of Nursing. Members may also bring materials to the Fall General membership Meeting at Holy Names University. Contact Dr. Joan Bard for more information jbard@samuelmerritt.edu or drop off materials at the School of Nursing, third Floor, 3100 Summit Street, Oakland, Providence Pavilion.

Nominees Sought for Nu Xi At Large Board in 2011

Members are encouraged to start thinking about putting their name forward as a nominee for election to the Nu Xi Board with terms beginning July 2011. In fall 2010, Candidates will be sought for elections to be held in spring 2011 for the following positions: President-elect, Vice President for Samuel Merritt University, Vice President for Holy Names University, Treasurer, Leadership Succession Committee (two positions), and Faculty Counselor for Samuel Merritt University. Members who are considering submitting their name for nomination are encouraged to request appointment to a committee to gain experience prior to standing for election. For more information, contact President, Juli Maxworthy at withmax@comcast.net

"In the Steps of Florence Nightingale" Trip Planned

With the attention given to Florence Nightingale in 2010, the 100 year anniversary of her death, interest in learning more about this early modern nursing leader is greater than ever. For this reason, a planning committee under the direction of Region One Coordinator, Nancy Gibbs, working with Jon Baines Tours in the UK, have made plans to sponsor a trip, "In the Steps of Florence Nightingale" in March 2011. Participants will have an opportunity to earn continuing education credits while visiting the places Nightingale lived and worked, both in the UK and Turkey. The tour leader will be Alex Atwell, former Director of the Florence Nightingale Museum. Highlights of the trip include visit to Embley, Nightingales' home in Southern England; The Florence Nightingale Museum; and the Barracks Hospital in Istanbul, where Nightingale



Abby Heydman & Bobbie Richards at London's Florence Nightingale Memorial

became known as the "Lady of the Lamp." Approximately five days will be spent in London and surrounding area, and five days in Istanbul. An optional trip extension, to Ephesus, will also be offered. For more information, contact: aheydman@samuelmerritt.edu or brichards@samuelmerritt.edu



SCHOOL NEWS



HOLY NAMES UNIVERSITY

Alumni Event in March 2010

On March 27, 2010, the Alumni Office hosted a nurse alumni event. Sixty people enjoyed a renewal of friendships and a delightful lunch. A member of the Alumni Board gave an overview of the history of nursing and the chair of the department brought the group up to date with the latest activities of the department. Because of the great interest in the event, an alumni event will be offered each year in the Spring to keep the alumni connected and a part of the activities of the department of nursing.

New Programs at HNU Department of Nursing

On May 18, 2010 the California Board of Registered Nursing approved the offering of a LVN/BSN program by HNU. The week before the Academic Senate also approved the program. The program will begin in the fall of 2010 with a class of 34 students. The program is seven consecutive semesters in length and prepares the students for the NLCEX exam well as the BSN degree. With 19 LVN programs in the San Francisco Bay Area, we expect the program to be very popular. A dual degree program at the master's level was also approved by the academic senate: Nursing/Forensic Psychology. This program will also be offered beginning in the fall of 2010. We already have two enrollees who have recently graduated from the RN/BSN program.

Graduation.

On May 15, 2010, 18 RN/BSN students and 35 MSN students graduated from HNU. Preceding the event the Department of Nursing faculty hosted a breakfast where the graduates and their families were able to meet, talk, and enjoy one another. About 100 persons attended the event.

Graduates Careers

One thing we like to share are the activities of our graduates. Recently one of them was appointed as Director of Nursing at a large medical center in Oakland. Two other graduates have earned the DNP degree and two others have applied to the PhD program at University of California, Davis' new doctoral program. In addition, in the last three years, 11 graduates of the RN/BSN program have moved directly into the MSN program at HNU. We are proud of these nurses for they are not only advancing their careers but they are improving the practice of nursing.

SAMUEL MERRITT UNIVERSITY

DNP Program Accepting Applications for Charter Class

The Doctor of Nursing Practice program is accepting applications for enrollment with a start date scheduled for January 2011 pending approval by the Western Association of Schools

and Colleges. Information is available on the SMU website. In 2005, the National Academy of Science stated, "the need for doctorally prepared practitioners and clinical faculty would be met if nursing could develop a new non-research clinical doctorate, similar to the MD and PharmD in medicine and pharmacy respectively." The American Association of Colleges of Nursing has also issued a position paper stating that it has as a goal to transition all advanced practice nursing programs from the master's to the DNP by 2015. The DNP is a practice-oriented degree that prepares nurse clinicians for leadership roles in the application and evaluation of data for best practices in the clinical environment. A DNP graduate will be able to design programs of care delivery; significantly, impact health care outcomes, critique clinical scientific findings, transform health care delivery by providing the best possible clinical care, and develop needed advanced competencies for increasingly complex clinical and leadership roles. The program is designed to accommodate working nurses and will be offered largely online. To be considered for admission, applicants must have an MSN or BSN and other health related graduate degree (for graduate degrees in related graduate fields a portfolio system to document the AACN MSN competencies is available), a current RN license, a minimum GPA of 3.0, and a college level statistics course completed within the past 3 years. For more information on the DNP at Samuel Merritt University, contact Dr. Arlene Sargent at asargent@samuelmerritt.edu

Construction Projects Underway for Next Three Years

On Wednesday, May 19, the City of Oakland's Planning Commission unanimously approved the Alta Bates Summit Medical Center (ABSMC) Summit Campus Seismic Upgrade and Master Facility Plan. Additionally, the Sutter Health (SH) Board of Directors has approved the funding for the new Patient Care Pavilion (PCP) and parking structure. The SMU campus will be in a fluid state for the next few years as construction projects for the medical center alter the campus. Faculty offices of the School of Nursing will remain in their current location but new classrooms and labs will be used in the Peralta Pavilion and the adjacent Medical Office Building.

2010 Commencement

The Commencement Ceremony for students receiving bachelors and master's degrees in nursing was held on Friday May 28 at 2:00 PM at the Paramount Theatre in Oakland. The keynote speakers were Dr. Arnold P. Gold, Chair Emeritus, and Sandra Gold, EdD, President, of the Arnold P. Gold Foundation. The mission of the foundation is to preserve the tradition of the caring physician and to advance humanism in health care. The awards for Outstanding Nursing Students are as follows: MSN/FNP award, Cynthia Jean Reed; MSN/Case Management Awards, Karen Toly-Puckett and Sharon Kay Reid; MSN Outstanding Student Award, Catherine Marie Hunkus. Awards for BSN students are given at their respective pinning ceremonies throughout the year and the MSN/CRNA award is given at their November completion event.

Transition to Practice Program Initiated

Funded in part by a Gordon & Betty Moore Foundation Grant to the California Institute for Nursing & Health Care, SMU School of Nursing has initiated a Transition to Professional Practice Program (T2P) for new RN graduates to ease the transition into employment for new graduates who have had difficulty getting jobs. The next fifteen-week residency begins June 11, 2010. Graduates from any school of nursing in the five Bay Area counties may apply. SMU, along with its major partner, Kaiser Permanente, plus several additional inpatient and outpatient service partners are part of a regional collaborative that is presenting this program. SMU and CSUEB have initiated programs, and the University of San Francisco and a South Bay collaborative are expected to initiate programs later in 2010. (Adapted from an article in NurseWeek, April 16, 2010.)

NCLEX Exams

SMU School of Nursing reported its largest number of pre-licensure nursing graduates ever in the period from January 1 through March 31, 2010. Overall, 178 BSN, ABSN, and ELMSN graduates completed the pre-licensure program and took the California RN Licensure Examination with a pass rate of 91%.

Strategic Planning Initiative

The School of Nursing has initiated a strategic planning task force, which met recently on May 24, 2010 from 10:00 AM to 3:00 PM. JoEllen Koerner, PhD, RN, consultant, has been hired to help develop processes that will result in a shared vision for the school of nursing and an integrated approach to ongoing strategic planning that will include participation of the full faculty and our various committees.

CCNE Accreditation

The School of Nursing is completing preparations for a site visit for accreditation by the Commission on Collegiate Nursing Education in October 2010. Faculty have been addressing accreditation standards and updating curriculum and policies as part of the ongoing quality improvement process at the University.

CALIFORNIA STATE UNIVERSITY EAST BAY

Applications for Admissions on the increase

CSUEB reports record applications for the third consecutive year for fall 2010 entry. Applications for enrollment of first time freshmen reflected a 35 % increase and the number of community college transfer applicants for the same period increased by 138 percent. By December 18, 2009, CSUEB had received more than 16,500 applications – 9,700 from current high school seniors and 6,800 from community college students – seeking to begin their studies at the university in the fall. The current growth of applicants follows a multi-year trend in which both applications and enrollment have grown steadily. Prior to the recent growth trend, CSUEB had been under-enrolled. The challenge for the University is to limit enrollment commensurate with financial resources given the



21ST INTERNATIONAL NURSING RESEARCH CONFERENCE

21st International Nursing Research Conference
The annual nursing research conference sponsored by Sigma Theta Tau International is to be held on July 12-16, Orlando, Florida. The theme for this year's conference is Global Diversity through Research, Education, and Evidenced-based Practice. Registration is open and available on line at www.nursingsociety.org. Nu Xi members who are presenting at the conference are urged to notify Newsletter Editor Abby Heydman for inclusion in the newsletter and for documentation for a Chapter Key Award in 2011. (aheydman@samuelmerritt.edu)

current state budget for higher education. Adapted from an article written by Barry Zepel, January 13, 2010 © Copyright California State University, East Bay.

CSUEB Department of Nursing Received National Award

CSUEB received a National Award from the HealthStream Company in the Clinical Orientation Programs Category for Successful Outcomes through Learning Awards.

Grant Received from Kaiser Community Foundation

Carolyn Fong, PhD, PNP, APRN-BC Professor and Chair, and Lynn Van Hofwegen, DNP, RN, Associate Professor, received a \$5000 grant from Kaiser Community Foundation to institute service-learning programs on Chronic Illnesses for Community Health Nursing students at the Hayward Unified School District.

Kimberly Kim, PhD, RN, Associate Professor and Project Director for the Transition to Practice Program, completed a Residency Program for 23 new graduate registered nurses in Alameda County this spring.



AARA AMIDI NOURI, PHD, RN, Assistant Professor and Director of Diversity at the Samuel Merritt School of Nursing, gave a presentation at the SMU Spring 2010 Science Symposium. The title of her paper was, "The Transition to a Pediatric End-of-Life Facility."

SUZANNE AUGUST-SCHWARTZ, DNP, APRN, RN, Assistant Professor & Director of the FNP Program, SMU, was awarded a Certificate of Special Congressional Recognition in February 2010 for her work at the Davis Street Primary Care Clinic. She has announced that she will be stepping down from the position as Director of the SMU family nurse practitioner program at the end of December 2010. Suzanne has enrolled in the Interdisciplinary Master of Public Health program at UC Berkeley where she plans to focus on global health and ongoing evaluation of the burden of disease in rural Panama. She plans to continue to teach full time at SMU with the aim to expand opportunities for involvement in global health issues for students and faculty. Suzanne reported on her work in Panama at the SMU Spring 2010 Science Symposium, her topic being, "The Global Health Imperative: Baby Steps in Panama".

PENNY BAM FORD, PHD, RN, Associate Professor, SMU, has assumed the role of Interim Academic Vice President during the sabbatical leave of Dr. Scot Foster. Penny has served as the Associate AVP since 2005.

AUDREY BERMAN, PHD, RN, Dean and Professor, SMU, has completed work on the following publication to be issued in the coming year: Berman, A., Snider, S.J., & MCKinney, D.S. (2011) *Nursing Basics for Clinical Practice*. Upper Saddle River, NJ: Pearson Education.

FAY BOWER, DNSc, FAAN, Chair and Professor of the Department of Nursing at Holy Names University, is active as a Magnet Appraiser reviewing hospitals

across the nation for Magnet Status. She was also recently honored by the National Association of Professional Women as the professional of the year for 2010.

PATRICIA BRENNAN, PHD, RN, Assistant Professor, SMU, was awarded a \$10,000 Faculty Research Incentive Award by Samuel Merritt University in support of her work as an NIH Faculty Champion for Genomics and Genetics. The Faculty Champion initiative is at the forefront of providing direction for the education of future healthcare providers. Trish was a presenter at the SMU Spring 2010 Science Symposium. The title of her paper was, "The NIH and the National Human Genome Research Institute Faculty Champion for Genetics/Genomics Initiative."

LORETTA CAMARANO, PHD, RNC, Assistant Professor, SMU School of Nursing, presented a paper at the SMU Spring 2010 Science Symposium. Her paper was titled, "Low Birth Weight in Pregnancies Conceived After a History of Infertility."

VALERIE CORPUZ, MS, EDD(C), RN, was recently certified as a CCRN and has assumed a fulltime position in the critical care unit at Alameda County Medical Center-Highland Hospital. Valerie has also been a long-term adjunct faculty member at Holy Names University.

CECILY COSBY, PHD, FNP, C-PAC, DFAAPA, RN, Professor & Paul C. Samson Clinical Nursing Chair, SMU will assume the position of Program Director for the Doctor of Nursing Practice Program at SMU in July 2010. The program will admit its first class this fall and has a startup date of January 2011 pending final approval from the Western Association of Schools and Colleges. Cecily's most recent publication follows: Cosby, C., & Bauman, R. (2009) *Case Scenarios: Microbiology with Diseases in Taxonomy*. 3rd edition. Person Education, Inc.

COSBY, C., & BAUMAN, R.W. (2009) *Case Scenarios: Microbiology and Disease by System*. 2nd edition. Pearson Education, Inc. Cecily also presented a paper in collaboration with Craig Elliott, PhD at the Spring Science Symposium. The paper was titled, "The Gender Revolution: Identifying and Overcoming Barriers to Care".

VALERIE DZUBAR, EDD, RN, FNP, Associate Professor, Family Nurse Practitioner Program, SMU, has had a presentation accepted for the Second International Science in Society Conference in Madrid, Spain in Nov. 2010 on "The Ontology of Science: the question of morality, identity, and the place of person in research and practice." Details of her proposal can be found at the public conference website. Valerie and Garry Johnson, Assistant Professor, SMU, took a group of FNP students to Laos in January 2010 and were able to raise enough funds to purchase a digital x-ray machine for the hospital there. Valerie was awarded a Scott Beamer Grant for the Himalayan Healthcare Project to provide free primary care and podiatric services as an interdisciplinary project involving FNP and DPM students this fall. The Scott Beamer Endowed Memorial Fund was established by Mrs. Scott Beamer, as well as friends and family members of Scott Beamer, to support community service projects conducted by Samuel Merritt University faculty and students. The purpose of the fund is to stimulate and support faculty, staff, and student involvement in community service. During the past academic year, Valerie also traveled with the School of Podiatric Medicine on a medical mission at the California border to provide interdisciplinary services to poor and underserved patients.

SYLVIA FOX, PHD, CNS, RN, Associate Professor, SMU was awarded a Research Grant of \$1,289 for a research project

on use of podcasting in mental health nursing. Sylvia's most recent publication is as follows: Albright, A., Fox, S., & Ghebreyohannes, G. (2010) Innovations in Eritrea: A collaborative project to improve nursing in East Africa. Giving Through Teaching. New York: Springer.

MICHELLE HAMPTON, PhD, RN, Associate Professor, SMU, has had an article, "Exploring the Impact of Race on Mental Health Service Utilization Among African Americans and Whites with Severe Mental Illness", published in the newest edition of the Journal of the American Psychiatric Association with colleagues L. Chafetz and M. White.

NANCY HAUGEN, PhD, RN, Assistant Professor & Chair, ABSN Program, SMU, has published a number of materials in the past year including: Haugen N. (2010) Online activities for Health Assessment Online for Seidel/Mosby's Guide to Physical Examination (7th edition). St. Louis: Mosby and Haugen (2009) Pharmacology Review Questions for NCLEX Examination, Medical Surgical Nursing: Patient-Centered Collaborative Care. (6th edition) St. Louis, Mosby, and Neafsey, P., Snyder, J., Haugen, N., Agins, A., Adams, C., & Hermes, J. (2009) Pharmacology Outline for Pharmacology: A Nursing Process Approach. (6th edition) St. Louis: Mosby.

GARRY JOHNSON, MS, RN, Assistant Professor, SMU, was selected to give the Cheryl Fama Distinguished Lecture at St. Francis Hospital, San Francisco, on May 12, 2010. The topic of his lecture was "Instilling Hope: A Practical Guide for Nurses"

FUSAE KONDO ABBOTT, DNSc, RN, Associate Professor & Director, Case Management & MSN Online at SMU, recently published the following article. Kondo, F. (2009) "What is Self Management?" The Japanese Journal of Clinical Dialysis. 25(11), 1513-1522.

PATRICIA KUSTER, PhD, RN, Associate Professor and Associate Managing Director, Sacramento Regional Center, SMU, has recently published materials used for instructor resources and MyNursingLab: Kuster, P. (2010) Genetics and genomic influences, Chapter 4; Nursing Care of

the Child in the Community, Chapter 15; and. Social and Environmental Influences on the Child and Adolescent, Chapter 18. for the text, Child Health Nursing, Second Edition by Ball, J.W., Bindler, R.C., and Cowen, K.J. Upper Saddle River, New Jersey: Pearson Education.

RICHARD MACINTYRE, PhD, RN, Professor, SMU has recently published the following work. MacIntyre, R. C. (2010). Our patients: Heretics, believers, agnostics, and ecumenists. In G. K. Chan, K. A. Brykczynski, R. E. Malone, & P. Brenner (Eds.), Interpretive phenomenology in health care research (pp. 259-285). Indianapolis, IN: Sigma Theta Tau International. Richard also gave a presentation at the SMU 2010 Spring Science Symposium. The title of his paper was, "Major Innovations in Clinical Nursing Education:"

MARIA MANGINI, PhD, RN, Associate Professor, HNU, gave a half-day workshop at the Psychedelic Science in the 21st Century conference April 15-19 in San Jose, CA. An international conference offering continuing medical education credits for physicians and other healthcare professionals Psychedelic Science brought together international experts to present psychedelic research and psychedelic psychotherapy topics for the largest conference dedicated solely to psychedelics in the U.S. in 17 years.

JULI MAXWORTHY, DNP, MSN, MBA, RN, CNL, CPHQ, Senior Director, Quality & Care Management and part time faculty, USF recently had her DNP project published. The citation is as follows: Maxworthy, J. (2010). Evaluating the "Innovativeness Quotient" (IQ) in a collaborative model. Clinical Scholars Review 3(1) 36-42.

ANNA MULLINS, DNSc, RN, adjunct professor, HNU, has been providing consultation to Washington Hospital to assist them with nursing research and the preparation of their documents for Magnet Status. She also secured a contract with Good Samaritan Hospital for implementation of a mentorship program and through a contract with Highland Hospital, 47 registered nurses have been certified mentors and 30 to be preceptors.

RHONDA RAMIREZ, EDD, FNP, RN, Assistant Professor, SMU, was awarded a Certificate of Special Congressional Recognition from Congressman Pete Start for work at the Davis Street Primary Care Clinic in February 2010. She also received the Dedication and Service Award from the Davis Street Family Resource Center for her dedication and service to the clinic. In March 2010, Rhonda presented a paper with colleagues, titled "Wii Fit or Wii Fun: Motivating Obese Techie Adolescents to Exercise" at the California Association of Nurse Practitioners Annual Conference in Anaheim. A long-term member of the FNP faculty, Rhonda will be assuming the role of FNP program director at SMU in spring 2011. Rhonda has recently agreed to become the web master for the Nu Xi web site at SMU.

DAVID ROSE, PhD, CRNA, Assistant Professor, SMU, has published an article with colleagues. The citation is as follows: Kungus, G. Rose, D, Fleming N. (2009) Stroke Volume Variation During Acute Normovolemic Hemodilution. Anesthesia and Analgesia. 109(6) 1823-1830.

JANET ROWLAND, MSN, EDD (c), Assistant Professor of Case Management, SMU, has been selected by the American Nurses Credentialing Center to identify the credentialing criteria for Nursing Case Management. This honor includes financial support for attendance at meetings in June and November 2010.

ARLENE SARGENT, EDD, RN, Associate Dean and Professor, SMU, in collaboration with Abby Heydman, Professor Emeritus, contributed Chapter 15, Planning for Accreditation: Evaluating the Curriculum. In the book, Curriculum Development and Evaluation, 2nd edition, Springer Publishing Co., edited by Sarah Keating, EdD, FAAN, for former Dean & Professor, SMU, and currently Professor at University of Nevada Reno. Dr. Sargent also presented a paper at the Academic/Service Nursing Education Summit California, sponsored by the Institute for Nursing and Health Care in 2009, titled, Nursing Students Use of PDA's in the Maternity Clinical Setting.

KATHRYN SHADE, MSN, RN, Assistant Professor, SMU, presented a paper,

2010 INDUCTION & INSTALLATION OF OFFICERS

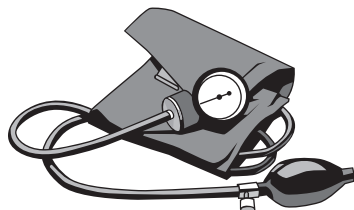
“The Intersection of Masculine Identity Development, Attachment, and Adolescent Fatherhood in the Context of Involvement in the Juvenile Justice System” at the Western Society of Criminology Annual Conference in Honolulu in February 2010.

SCOTT WEYLAND, BSN, RN, Senior Flight Nurse, CALSTAR, has completed requirements for the MS degree in the acute care nurse practitioner program at UCSF. His comprehensive exam was a critical literature review titled: “The Safety of Etomidate in Rapid Sequence Intubation.” He completed clinical rotations at: UCSF Medical Center in general internal medicine and residencies at: San Francisco General Hospital, Trauma & General Surgery Service; and Regional Medical Center of San Jose, Trauma Service. Scott plans to take the board certification exam (ACNP-BC) in the fall.

In the interim, he will continue to work as a Senior Flight Nurse at CALSTAR Air Ambulance., and future goals include reformatting his comp exam for publication in the Air Medical Journal.

KAREN WOLF, PHD, ANP, BC, DP-NAP, Associate Professor, SMU, was an invited speaker for the first Isabel Hampton Robb Symposium held in honor of this early nursing leader in nursing education and 120 years of nursing education at Johns Hopkins. Her topic was, “Forging the Path to Professionalism: the Leadership of Isabel Hampton Robb.” Karen, who was elected the Chair of the Nursing Academy of the National Academies of Practice, has also published a number of articles on the website www.Nursetogether.com, including:

- Humanity, Health Care and Haitian Disaster Relief January 2010
- Opening the Doors to Health Care Reform March 2010
- Celebrate 2010 as the International Year of the Nurse May 2010



Nu Xi Pres. Juli Maxworthy; Nancy Gibbs, Region One Coordinator; Fay Bower, Past Pres. STTI & Nu Xi



Paulina Van, Nu Xi/SMU Vice Pres.; Diana Jennings, SMU Faculty Counselor; Marcia Canton, Nu Xi/HNU Vice Pres.



SMU Graduate Merrill Walker and her Mother



**NU XI AT LARGE
ANNUAL FUND CAMPAIGN**

*Thank you to our scholarship &
research supporters!*

Founders—\$250

Fay Bower
Juli Maxworth
Abby Heydman

Gold—\$100

Bonnie Holmes
Sylvia Bertram
Joyce A. Christensen
Joanne Stainberg
Anna Mullins
Audrey Berman
Debra Parker

Silver—\$50

Elizabeth Andreason
Cathleen Carrera
Maria Mangini
Pamela Rueling
Geraldine Berkvam

Benefactor—\$25

Rachel Boicou
Cathleen Caron

We Need Your Help!

NU XI is Going Green!



*Effective September 1, 2010.
Nu Xi News will be distributed
electronically Nu Xi members
are urged to update or add an
email address to their Sigma
Theta Tau profile to ensure
receiving the Newsletter.
Go to www.nursingsociety.org
to update or add your
email address!*





NU XI AT-LARGE CHAPTER
Bobbie Richards, MS, RN, Newsletter Co-Editor
1046 Brown Avenue
Lafayette, CA 94549

Presorted
Standard
US Postage
PAID
Oakland, CA
Permit #2508

RETURN SERVICE REQUESTED

NU XI AT-LARGE CHAPTER

FALL 2010 GENERAL MEMBERSHIP MEETING

Celebrating the Year of the Nurse: Following in the Footsteps of Florence Nightingale

Speakers: Abby Heydman, PhD, RN, Professor Emeritus &
Bobbie Richards, MS, RN, Assistant Professor, Samuel Merritt University

Tuesday, October 5, 2010, 5:00-6:30 PM

Holy Names University, Bay Vista Room – Founders Hall

Board of Directors Meeting to Follow 6:30-7:00

Board of Directors Meeting to Follow

One Contact Hour of CE Credit • Program free to members and invited guests.