

Student of the Year Nominees

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Angie Morgan, BSN

Angie demonstrates through her thoughtful questions in class, as well as her actions during clinicals that she places her patients as a number one priority. Angie embodies the spirit of nursing by considering all of the needs of the patient, both physical, mental, spiritual, emotional, and cultural. She is truly patient centered, and will be an asset to anywhere she ends up to remind the staff of the core values of nursing.

Dresden Beier, DPM

Dresden is one of the most professional and respectful students on campus. He is genuine and dedicated. He is committed to helping the underserved and his passion is evident in all he does. This semester alone he will be part of a medical mission in a USA/Mexico border town and also has been awarded a fellowship to help children of underserved communities in Oakland. He is a role model for humanism and healthcare.

Pictured Right: Bachelor of Science in Nursing (BSN) Class of May 2010 take a group photo in front of the Health Education Center.

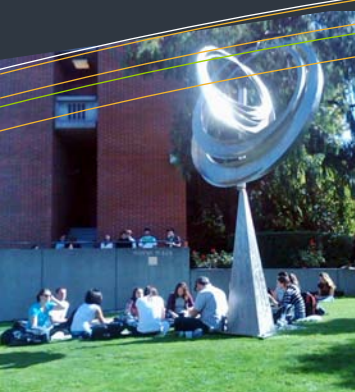
SPECIAL THANKS!

Craig Elliott

Michael Guiang

SCOOP Writers

Viewers like YOU!



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CONGRATULATIONS SMU GRADS OF 2010!

DOCTORAL PROGRAM

Doctor of Physical Therapy
Doctor of Podiatric Medicine

BACHELOR PROGRAM

Bachelor of Science in Nursing (BSN, ABSN)

MASTERS PROGRAM

Master of Science in Nursing
- Case Management
- Family Nurse Practitioner
- MSN Online
Master of Occupational Therapy
Master of Physician Assistant

Upcoming SMU Events

All are welcome and encouraged to attend school-wide events. For more information, contact sba@samuelmerritt.edu.

• Trans Francisco – June 19, 2010 @ 11:00AM

Trans Francisco introduces several trans women who, through their most personal stories, allow the audience to better understand their needs, their goals, their tragedy and their joy. The documentary will be shown in the Victoria Theater (2961 16th Street in San Francisco). Click: <http://www.frameline.org/festival/film/detail.aspx?id=1988&FID=47>

• AIDS Walk – July 18, 2010

It's not too late to join the team! Contact Josh Campbell, Campus Service Center Assistant at jcampbell@samuelmerritt.edu for more information.

L'EDITOR (Letter from the EDITOR)

Tired of seeing the same people in the SCOOP?! Share your thoughts (and pictures) by emailing me, Rizel Santos, at Scoop@samuelmerritt.edu. Please submit requests one month in advance as space is limited. This has been a Student Body Association publication.

ISSUE

06

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No. 1
2010

JOURNAL OF
SAMUEL MERRITT
UNIVERSITY

TheScoop

BY THE STUDENTS, FOR THE STUDENTS

this issue

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Doctor of Physical Therapy

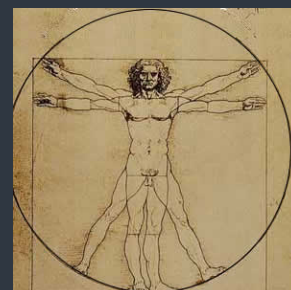
DPT, Samuel Merritt University

Jon Mayo, DPT C/O 2011

The Doctor of Physical Therapy program at Samuel Merritt University (SMU) is an intense and comprehensive educational experience leading to the development of skilled Physical Therapists. One of the many benefits of the program here at SMU is a great deal of clinical experience compared to other DPT programs across the nation. The added clinical experience during the program helps to develop students into well rounded Physical Therapists that can practice in a variety of settings. During the program many opportunities are presented for networking at an early stage, fostering the development of professional connections for the future. The unity and camaraderie that is formed between students in the program is very impressive, and strong bonds are created between classmates who will eventually develop into respected colleagues.

Click http://www.samuelmerritt.edu/physical_therapy

Pictured Above: The new and improved student workout room located next to the Anatomy lab in the Peralta parking lot features treadmills, free weights, and satellite TV. Perfect after a hard day of studying. It is open to students from 6AM to 10PM.



Of the Year

EDITED BY: RIZEL SANTOS, BSN SR II DECEMBER 2010



Karen Lane, Staff of the Year

"Smart, accessible, pleasant to work with and coordinates major projects without chaos. She is our 'no drama Obama.' I cannot survive without her."

I have been at Samuel Merritt University (SMU) for a little over two years as the Administrative Assistant for the Graduate Programs in the School of Nursing. I came to work for SMU because it provided me the opportunity to explore my interest in the healthcare field and education. Before coming to SMU, I worked for many years at an Oakland-based corporation in several roles including coordinator for their corporate training program and as the company's community outreach coordinator managing the company's donation budget and employee volunteerism. Prior to that I worked for many years in a nonprofit organization assisting low-income individuals to obtain vocational skills and become job ready. On a personal level, volunteering has always been a part of my life. For the past six years I have been extremely involved with the American Cancer Society's Relay For Life in my community, as well as a regular volunteer with Rebuilding Together Oakland.

Christine Reardon, Faculty of the Year

"She has been inspirational, understanding, and non-judgmental. A kind and patient professor who has motivated me to strive and work hard. Truly a great nurse!"

"She has a way of teaching that draws me in!"

Prof. Reardon graduated from Oregon Health Sciences University in 1995 with a BSN in Nursing. She fell in love with the older adult population and began working in long term care as a floor nurse and then as a charge nurse in Burbank, CA. She continued to work in a tertiary care unit until moving to the Bay Area. She then worked again in long term care and attended graduate school at Dominican University of California. Reardon received a MSN in Education and Geriatric Clinical Nurse Specialist in 2008. In August of 2008, she began working for SMU. Reardon is married with two children. She says, "Teaching is the job I have enjoyed the most. I am humbled at receiving this award from the SBA of SMU."



Ken Tsubata, Student of the Year (DPM 2011)

"He is one of the most helpful students in class. He audio records all the classes and posts them all on website for everyone to download. He also posts extra handouts, valuable handbooks and useful charts for the enhancement of our education. He is definitely going out of his way to do all the work to benefit the entire class. I highly recommend him for all his hard work."

"He is a champion of our profession and a very nice guy to boot."

"This student has gone above and beyond in note preparation that has tremendously helped my studying, grades, and gaining of knowledge!"

EAR ON IT

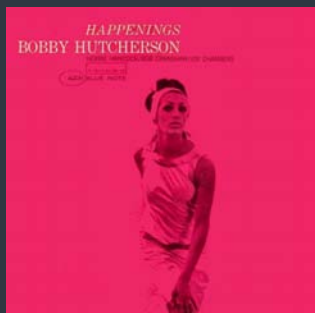
Music Recommendations
By: Jared Cordtz, BSN SR11 Student

Bill Evans



Jazz is beginning to rule my life. There is so much music to be heard, and as far as listening while studying it can't be beat. No words to guide you on what to think about. It's the greatest when you hear a very, very good song and it makes you stop whatever you are doing and all you can do is just listen, (that is usually when it is time to take a small 10 minute study break and relax). And one album that is both a functional studying album and a great listening album is the Bill Evans album titled, "Moonbeams."

Bobby Hutcherson



My second recommendation is Bobby Hutcherson's album titled "Happenings." Bobby plays the vibraphone and it's a really fun and entertaining listen. Not to mention he's got Herbie Hancock on the album and you can't really go wrong with that combination. Anyways, the cover of this album is one of my favorite's of all time, it's a reason enough to grab it for a listen alone, something about the hue of the pink, it's just nice.

Continued on Page 7



MANE goes to San Quentin Prison.

BY: RIZEL SANTOS,
BSN DECEMBER 2010

Left to Right: Jenny Dean, Munir Mogannam, Jill Lerias, Jeff Raschko, Jamie Mulvanny, Andrea Sitchon, Kerry Leung, Chris Lamm, Michael Gulang, Daphanie Haldeman, Chidozie Ibe, Bergitt Arctander, Rosalyn Sarmiento, Maria Maldonado, Jennifer Price.

On April 30, 2010, Men Allied for Nursing Education (MANE) attended San Quentin's annual Health Fair provided by Alameda County Public Health Department. San Quentin is California's oldest and best known correctional institution. The state's only gas chamber and death row for all male condemned inmates are located at San Quentin. Months of planning and several emails by Rosalyn Sarmiento MANE's Co-Outreach Coordinator and Todd Yee MANE's Co-President led to the success of this event. There was a huge response by volunteers for this event, however, due to San Quentin's strict rules not every volunteer was allowed to attend. MANE did offer other outreach opportunities for others to attend.

A week before the event, volunteers attended workshops along with the Alameda County Public Health Department, the Black Nurses Association (BNA), and the Urban Male Health Initiative (UMHI) to go over details of the event. The goals of the San Quentin Health Fair were to improve the health status of incarcerated men, inform incarcerated men about health issues

and preventative health techniques, encourage health practices among incarcerated men, and to encourage men to become health advocates within their sphere of influence especially within their families and communities. Every volunteer

had to follow a strict dress code including the prohibition of the color orange, open toe shoes, and revealing tops. They also went over "Behavioral Dos and Don'ts" in the prison yard to better prepare them for this unfamiliar and often "scary" environment. For example, running is a sign of danger and is a behavioral don't. In addition, MANE also had a skills workshop at Samuel Merritt University's (SMU) Oakland campus to refine and brush up on skills and theory.

When the MANE volunteers arrived at the institution, it literally took hours to get within the gates. Todd Yee said, "It

was similar to an airport but times ten!" Once inside, Maria Maldonado, BSN SR11 student, recalled "1000 people dressed in blue plainly stopped in their tracks to look at you walking inside." This initial intimidation quickly dispersed as the volunteers met the inmates. At the health fair, MANE volunteers conducted blood pressure, vision, and hearing checks, and provided education on hypertension and stress reduction. Chidozie Ibe, BSN SRI, claimed there were "no bad vibes." Bergitt Arctander said that these men have fallen under the radar and are looking for someone to talk to about their health. There were great conversations about everyday things and they were so happy to have someone to share their problems. The incarcerated men at San Quentin have to pay to see a doctor and they only see a doctor when they are ill. Visiting a doctor can be virtually impossible with a five cent per hour pay rate and limited resources. The volunteers educated the men about preventative measures for their general health. Some of the things the volunteers told the men was to cut salt consumption such as not using the whole flavor packet for their ramen soup, exercising everyday, and reducing their stress levels. Overall, the incarcerated men were really

receptive.

MANE volunteers say this has been a life-changing experience and uniquely rewarding work. Many have expressed an interest in returning to San Quentin's

Health Fair. The health fair is one of the most progressive prison programs available to incarcerated men – designed to improve quality of life, maximize individual potential, and lessen the threat of recidivism.

Once again, MANE has provided SMU students the opportunity to serve as a representative in our community, helping to educate the public about rehabilitational programs. MANE plans to do this event next year.

Click www.samuelmerritt.edu/MANE



YIM. BY: RIZEL SANTOS, BSN DECEMBER 2010

Every summer, Alta Bates Medical Center (ABSMC) and Samuel Merritt University (SMU) offer a free Youth in Medicine (YIM) program. There are two programs over a seven-week period, one for boys and one for girls. University students volunteer their time to help teach classes and coordinate programs for the at-risk youths from the Oakland Unified School District Monday through Thursday.

The teens spend time on the Oakland campus and at the Emiliano Zapata Street Academy. Those students expand their knowledge of science and medicine in the

program while working on their English and math skills.

The teens use the Health Science Simulation Center (HSSC) to experience what it is like to treat patients and test for vital signs. They learn about anatomy and understand what different symptoms mean for patients, simulated by mannequins. The young students also get a chance to look at human cadavers.

This summer is different than the others. Last year, only 8 volunteers were available to the youth. This time around there are 28 volunteers including 12 students from the DPM program teaching didactic material

and 16 nursing students reinforcing material through hands-on teaching methods. Topics include: Sports Medicine, Brain Awareness, Anatomy, Basic Sciences, Food Health and Biomechanics, and Healthy Choices. Thanks to Thanh Hua of the DPM program who has played a huge role in coordinating this beneficial program.

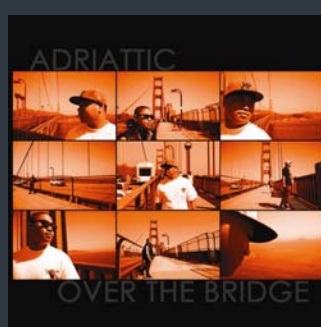
Top: Chidozie Ibe at the March of Dimes.
Bottom Left: SMU students play volleyball on the front lawn of HEC during the semesterly SBA BBQ.
Bottom Right (left to right): Alejandra Rubio, Ricardo Torres, Therese Gurey, Antonio Tapia, Micoela Rios, Maria Maldonado, and Todd Yee watch the Oakland A's battle it out with the SF Giants during SMU's Day at the Ballpark at the Oakland Coliseum.

EAR ON IT

Continued from Page 2

Adriatic

For a minute, let us step outside of the box and put aside Kanye West, Jay-Z, and all the big name artists who made their way into our radio and iPods, but focus on a local artist named Adrian Ricasata, also known as Adriatic. Adrian was born and raised in San Francisco and Fremont, California and has been writing his own music since the age of ten. He was heavily inspired by music genres like Soul, Jazz, and Hip Hop. At the age of thirteen, Adriatic experienced his first rap battle and soon then fell in love with the art of rapping in front of an audience. Soon enough, Adriatic was performing at open mic events, Chabot's Comedy/Music night, and was a special guest headliner at UC Merced's 2nd Annual Hip Hop Movement Mic Night. He has recently released his debut album entitled Over The Bridge that features fifteen tracks consisting of music that represents class, style, and positivity. When asked about what message are you trying to portray to your audience and why, Adriatic said, "I started creating music so that when given the opportunity, I can inspire people to know that it does not take materialistic views such as mainstream music to be successful." You can visit www.myspace.com/adriatic to listen to some of his music, and if interested in copping Adriatic's Over The Bridge, you can message him at agricasata@yahoo.com.



Student of the Year Nominees

These students deserve honorable mention. Here are what the Samuel Merritt University community had to say about some of our amazing students:

Alberto Hernandez, ELMSN

"Al is a caring, competent nurse who always works hard, encourages his peers and has a great deal to offer the nursing profession."

Bob Toomey, DPM

"Bob was an intuitive student in my clinical biomechanical rotation. He was willing to go above and beyond in helping with extracurricular activities and continues to do that for his class as the Class President."

Isavelita Goodearly, ABSN

"She is always pleasant and professional. She goes the extra mile to help others. She keeps a positive attitude and supports her classmates. She is amazing and I'm grateful I had the opportunity to be her clinical instructor!"

Ninveh Hiskail, DPM

"Raised over \$3000 for student scholarships with Monte Carlo event. This event used to be an annual student event at CCPM and Ninveh pretty much single-handedly brought this back to the program. She is an incredibly dedicated and respected student of the DPM program."

Shannon Bousquet, ABSN

"From the first day I met Shannon I was impressed. She exudes a very positive and ambitious attitude, yet I have also seen her caring and concerned qualities. She is an excellent public speaker and uses that quality to advocate for others. I am proud to be in a class with Shannon, she will be a fantastic R.N.!"

Tran Trang, SRLC

"Tran is one of the most exceptional nursing students I have had the privilege of teaching the past 7 years. Her volunteerism, care and compassion for others, intellect, and desire to learn set her apart from all others. She is consistently positive, determined and extraordinary."

Diana Engellau, ELMSN

"Diana was an exceptional president and lead the SBA into needed changes and improvements, as well as streamlining processes and the constitution. She also was instrumental in broadening the participation to many more programs. Most of her work was behind the scenes, building a team, and setting a standard for outcomes."

StudentBodyAssociation

SBA HEALTHCARE LEADERS OF TOMORROW

Meet your SBA representatives. EDITED BY: RIZEL SANTOS, BSN DECEMBER 2010



Name: Rizel Santos

Title: SBA Co-President; SCOOP Editor

Program/Year: BSN December 2010

Samuel Merritt University (SMU) has opened me up to so many things I didn't know existed. I feel like I am finally living my dream and reaching my goals. The best part about it is that there is even more to come after I leave SMU. As the Student Body President, I want to get the word out to the students here that they also have the same opportunity that I have been given. It is awesome.

Knowing is not enough, we must apply. Willing is not enough, we must do. –Bruce Lee



Name: Todd Yee

Title: SBA Co-President; MANE Co-President

Program/Year: BSN December 2010

I feel that being a student at Samuel Merritt sets me apart from any other Nursing student from any other school. Samuel Merritt University has a great reputation for being a great school in the Bay Area and as Co-President of Student Body, I would like to instill pride into the student body that every student of Samuel Merritt University should have.

"Why choose failure when success is an option?" –Jillian Michaels



Name: Craig Elliott, PhD

Title: SBA Advisor

Staff Title: Assistant VP for Enrollment and Student Services

"Justice is what love looks like in public."
–Cornel West



Name: Britta Hult

Title: SBA Class Representative

Program/Year: MPA 2011

"I'm proud to represent a group of intelligent, caring and fun PA students. As individuals and as a class we are gaining an appreciation for the intricacies of the human body, the art of medicine and when it's time to 'take a cleansing breath.'"



Name: Arun Karwal

Title: SBA Class Representative

Program/Year: DPM 2013

"I'm excited to promote community involvement and work with members from every program at SMU."



Name: Jordan Wright

Title: SBA Class Representative

Program/Year: BSN May 2010

"I have enjoyed being a part of SBA and the SMU Community!"



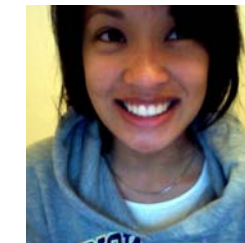
Name: Kerry Leung

Title: SBA Class Representative

Program/Year: BSN May 2010

"I want to thank my cohort, the students, faculty, staff, SBA, MANE and the ladies of 1083 for helping me grow and learn for the last two years at SMU. Looking back at it all, it has been the toughest two years of my life."

"There are people who take the heart out of you, and there are people who put it back."



Name: Jill Lerias

Title: SBA Class Representative

Program/Year: BSN May 2010

Ella Fitzgerald once said: "Just don't give up trying to do what you really want to do. Where there is love and inspiration, I don't think you can go wrong." So ya, what she said! & Congrats Class of 2010! ;)

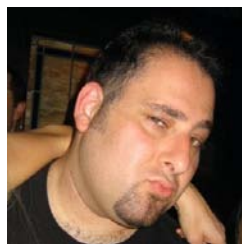


Name: Shayla-Mae Pamatigan

Title: SBA Class Representative

Program/Year: BSN May 2010

"No matter where you find yourself, life's an adventure and you've got to seize the moment and take it and go with and make something out of it." –Joan Weir

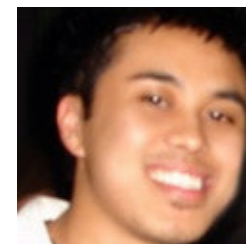


Name: Munir Mogannam

Title: SBA Class Representative

Program/Year: BSN December 2010

"I'm looking forward to helping meet the needs and best interests of my class for the rest of our time at SMU. Feel free to approach me for anything. I don't bite."

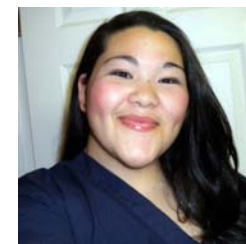


Name: Jobert San Pedro

Title: SBA Class Representative

Program/Year: MOT1 2011

"Yesterday is history, tomorrow is a mystery, but today is a gift. That is why it is called the present."



Name: Kristin McNamara

Title: SBA Class Representative

Program/Year: BSN May 2011

"God, grant me the serenity to accept the things I cannot change; the courage to change the things I can; and the wisdom to know the difference."



Name: Morgan Dillingham

Title: SBA Class Representative

Program/Year: BSN May 2011

"Dreams are the touchstones of our character."
–Henry David Thoreau



Name: Jessica Wong

Title: SBA Class Representative

Program/Year: DPT 2011

A few mantras to keep me going in school:
"Life is motion. Motion is life" –Anonymous
"Just keep swimming." –Dory from Disney's Finding Nemo.



Name: Stephanie Patin

Title: SBA Class Representative

Program/Year: MOT C/O 2010

"Don't regret the things that you have done, regret the things you haven't."



Top Left: Bruce the Snowman.
 Top Right (top to bottom, left to right): Jill Lerias, Chelsey Littleton, Kerry Leung, Todd Yee, Shayla-Mae Pamatigan, Michael Guiang show some team spirit!
 Middle Left: Gift bags await by the fireplace at the SBA team building retreat.
 Middle: SBA members build castles with Lego® blocks during the team building retreat (see page 3).
 Bottom Left (left to right): SBA Co-Presidents Todd Yee and Razel Santos, along with brother Raymond Santos enjoy the SBA End-of-the-Semester get together at The Boiling Crab.
 Bottom Right (left to right): SBA members Chelsey Littleton, Shayla-Mae Pamatigan, Daphanie Haldeman, Aileen Abrena, Razel Santos (top row), Leah Bailey, Jill Lerias, and Kerry Leung (bottom row) are happy campers.



Team Building. BY: KRISTIN MCNAMARA, BSN SR1 MAY 2011

As an officer and member of many clubs at St. Mary's College, I naturally wanted to become a student leader at Samuel Merritt University (SMU) when I transferred. I looked around for leadership opportunities right away and became involved with Men Allied for Leadership and Education (M.A.N.E.), the Equity & Inclusion Committee, and the Student Body Association (SBA).

In March, SBA held a leadership retreat in beautiful blue Lake Tahoe for SMU's student leaders. Representation from different programs were present on the retreat. We spent a weekend in a beautiful snow covered cabin getting to know each other, learning about different leadership styles, talking about future events on and off campus, and of course having fun. While on the trip, I was able to meet and connect with many people and formed immediate friendships. We were able to network. We brainstormed about ideas to involve more of the students on campus



with school activities, and not just the leaders willing to step forth and offer their talents. Oftentimes, the same people are organizing the activities available to students. We want to see more participation from the community. After coming back to campus with many new friends and ideas, we started putting our ideas into action.

It is great to be able to contact one person as a spokesperson for different

programs, and spread the word by mouth about different activities and events. Going on the SBA retreat and being a student leader have helped me become a better leader and person. I have always loved holding leadership positions, and it helps me feel like I am making a difference. I look forward to working more closely with SBA for the upcoming year to make SMU a better community.

Click www.samuelmerritt.edu/SBA.
 Above: SBA group hug! Tahoe wasn't all fun and games. We woke up at 7am everyday! Everyone was challenged to work as a team (that's hard when everyone wants to lead)!
 Left: The snow-covered cabin in beautiful blue Lake Tahoe.
 Below: Jessica Velazquez, Kristin McNamara, Razel Santos (SBA Co-President), Daphanie Haldeman, Shayla-Mae Pamatigan, Jennifer Price, & Todd Yee (SBA Co-President) take a break from the leadership activities to play in the snow.



EQUITY & INCLUSION

By: Craig M. Elliott II, PhD
 Assistant VP Enrollment & Student Services

Samuel Merritt University has long held the value of inclusion, and, yet, in spite of our commitments and individual efforts, has yet to create the learning community of which we dream.

This last year has demonstrated a renewed vigor to building an inclusive and just learning environment and is exemplified in the annual *Inclusion Explosion*

celebration held on March 30th. The celebration, in its 14th year (previously known as "diversity day") marks the reflection of the University's rich tapestry of diversity. Approximately 300 people were drawn to the annual celebration that also offered a performance by the band *Women of the World* and an opportunity to gather around a meal.

The event was a great success and a powerful and positive reminder of who we are and who we wish to become.

