



EYE ON NU XI

AT-LARGE CHAPTER • [ΣΘΤ]

• Holy Names University • Samuel Merritt University • California State University East Bay

Greetings from Juli Maxworthy, President Nu Xi At Large

For the new inductees-welcome! For those who have been involved for many years-thank you for your continued participation in our chapter. We know there are many choices you can make with what seems a shrinking disposable income stream and greatly appreciate you choosing to continue your membership in what I view as an amazing organization! My intent for every issue of the newsletter will be to provide you with important and hopefully valued information about our chapter and STTI. Abby Heydman and Bobbie Richards deserve a great deal of credit for providing our membership with a fabulous newsletter! One that has received awards in the past!

Community Service

Due to our size, there is a great resource pool that could be utilized for members putting on events that are in alignment with the mission and vision of STTI. The Board of Directors would appreciate knowing how the chapter can assist in making your event (large or small) more successful. Please contact me if you have a need that you believe Nu Xi At Large can be of assistance.

April Showers is a program that has been in existence for many years through Nu Xi. Dr. Joan Bard has worked tirelessly to ensure that many shelters in Oakland are provided toiletries to assist those in transition. At each of our general membership meetings in October and March, there is the opportunity for you to participate in this ongoing effort by bringing toiletries and socks to the meeting.

Fall Membership Meeting

On October 13th, Barbara DeBaun, RN, MSN, CIC will be speaking at Holy



Names. Barbara is a funny, energetic individual who will provide a fantastic presentation and one you won't want to miss! Barbara is one of the Improvement Advisors for the Beacon Collaborative which is a patient safety collaborative that works with 39 Bay Area hospitals to improve outcomes. Our event starts at 5:00 and there will be snacks and beverages provided. All members are encouraged to attend. This is a great opportunity to see old friends and network with new ones!

STTI Biennial Convention Update

The 40th STTI Biennial Convention will be happening October 31-November 4 in Indianapolis. There will be several of us from Nu Xi in attendance. Dr. Enna

Trevathan and Dr. Carolyn Harris-Muchell are our delegates for the House of Delegates in which amendments to the bylaws are discussed and subjected to voting. Hopefully our chapter will be receiving our 4th Chapter Key Award, as an application was submitted on our chapter's behalf by Bonnie Holmes. We haven't heard yet but we had plenty of accomplishments to make us eligible, thanks to the active members of our chapter! Nancy Gibbs is running for Region 1 Coordinator (currently unopposed) and I am running for Treasurer. Last, but certainly not least, our own Dr. Fay Bower will be receiving the prestigious Elizabeth Russell Belford Award for Excellence in Education. Our chap-

NU XI CHAPTER AT LARGE CALENDAR OF EVENTS 2009–2010

Event	Date	Time	Location
Fall General Membership Meeting Board Meeting to follow	October 13 , 2009 Tuesday	5:00 PM Membership 6:30 Board	Holy Names University TBA
39th STTI Biennial Convention	October 31–November 4, 2009	10:00 AM-4:00 PM	Holy Names University TBA
Spring General Membership & Annual Business Meeting	March 9, 2010	Board Meeting to follow. 5:00 PM Membership 6:30 Board	Calif. State Univ. East Bay Room & location TBA
2010 Induction & Installation of Officers	April 24, 2010 Saturday	Orientation 10:00 AM Induction, Installation, & Luncheon 11:00 AM	Samuel Merritt University Fontaine Auditorium HEC
STTI 21st Annual Research Congress	July 12-16, 2010	TBA	Orlando, Florida Abstracts due 12/9/09
Nu Xi Board of Directors Retreat	August 21, 2010	11:00-4:00 PM	Holy Names University Room TBA
2010 STTI Leadership Academy	September, 2010	Check <i>www.nursingsoci- ety.org</i> for more details	Indianapolis, IN
Fall General Membership Meeting & Board Meeting	October 12, 2010 Tuesday	5:00 PM Membership 6:30 Board	Holy Names University Room TBA
Hall of Fame Event	January 18, 2011 Tuesday	6:00 PM	Holy Names University Room TBAS
Spring General Membership & Annual Business Meeting	March 8 , 2011 Tuesday	—	CSUEB Room TBA
Nu Xi Induction & Installation of Officers	April 16, 2011 Saturday	Orientation 10:00 AM Induction, Installation, & Luncheon 11 AM	Samuel Merritt University

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Left: Enna Trevethan and Bonnie Holmes at August Board Retreat

ter is extremely fortunate to have Dr. Bower in our midst. Please let me know if you are planning on attending for the first time, as we would want you to know about Region 1 activities that will be happening at convention.

Board of Directors Retreat

The Board of Directors met August 22nd to discuss the upcoming year of activities for our chapter. There was great participation by old and new board members. Please check the BOD roster to find your contact should you have a question/concern. For the new board members there was a great deal of information about our chapter and how we fit together being an At Large Chapter. For those of you who are unfamiliar with that term it basi-

cally means that there is more than one school of nursing as part of the chapter (that is the At Large piece!). The schools involved in Nu Xi At Large include Holy Names University, California State University, East Bay and Samuel Merritt University. The schools vary in size but each has an equal vote in issues that pertain to the chapter. There are several of us on the board and many in our general membership who work on the “service” side and are passionate about the mission and vision of STTI. There is room for all who want to improve nursing. One ongoing topic that was addressed was the development of criteria for providing a stipend to

send board and general members to educational opportunities provided by STTI. More information to be disseminated in the next newsletter about this important issue. The group also reviewed the bylaws and an overview of the budget was conducted. (And no one fell asleep!) If you are interested in any or all of these topics please feel free to contact me at the email address provided in the newsletter.

Juli Maxworthy
DNP, MBA, RN, CNL, CPHQ
President, Nu Xi At Large Chapter
The Honor Society of Nursing
Sigma Theta Tau International



Right: Kimberly Kim, Wacheera Davis, and Carolyn Harris-Muchell at Board Retreat



Call for Abstracts STTI Nursing Research Congress

STTI is sponsoring the 21st Global Nursing Research Congress, "Global Diversity through Research, Education, and Evidence-Based Practice," July, 12–16, 2010 in Orlando, Florida. The deadline for submission of Abstracts is December 9, 2009. Members are encouraged to check the STTI website at www.nursingsociety.org for details.

Calling All Nu Xi At Large Researchers and Presenters

Is there anyone out there currently conducting research individually or collaboratively on an international level? Has anyone had the honor of submitting an abstract, or making a poster and/or podium presentation at an international health-care conference or at an interdisciplinary conference? Please forward your information to our Assistant Newsletter Editor, Bobbie Richards so that we can stay current with our member's scholarship activities and document these accomplishments for the Chapter Newsletter. Bobbie can be reached at: rrichards@samuelmerritt.edu.

Board Meets in Annual Retreat

The Nu Xi Board members met for their annual retreat on August 22, 2009 in the Orinda hills. Chapter President, Juli Maxworthy opened her home and offered an idyllic outdoor setting and luncheon. Juli led the business meeting and welcomed new board members, identified goals, and direction for coming year. A few of the priorities discussed include implementing a mentoring program, expanding community service, tracking activities efficiently for the Chapter Key award, and establish consistent processes and guidelines to support Nu-Xi members involved in SSTI International Leadership & Research conferences as well as the STTI Biennium and Leadership Academy conferences. In addition to the business agenda, Juli took time to recognize Fay Bower's contributions to the chapter during her presidency.

Candidates Sought for 2010-2012 Election

The Leadership Succession Committee is seeking nominations for positions on the Nu Xi At Large Board of Directors

Nu Xi at Large Scholarships Awards

Two undergraduate students at CSUEB, Debbie Rae Nepomuceno and Cindy Palwick were awarded scholarships of \$500 each for the coming academic year. Twenty-eight year old Cindy Palwick was born and raised in the Bay area. She worked for nine years in the accounting office at UC Berkeley before beginning nursing school. She hopes to focus her career in oncology and eventually achieve a master's degree to enable her to conduct research on cancer.

Two students from Samuel Merritt University were also awarded Nu Xi Scholarships. Suzanne Watts, a student in the SMU Entry Level MSN program, was born in Willets, California. Bilingual in Spanish and English, Suzanne is a graduate of UC Santa Cruz. Inspired to become a nurse by observing the nurses caring for her elderly grandmother, Suzanne's goal is to become a family nurse practitioner, working in an outpatient clinic and or home care with a focus on geriatric patients. She will graduate in December 2010. A scholarship was also awarded to Kerri Friesen, an undergraduate nursing student at SMU.



Left to right: Nu Xi scholarship recipients Debbie Rae Nepomuceno, Cindy Palwick, Suzanne Watts, and Kerri Friesen

for 2010-2012. Positions open in the coming election include; Vice Presidents & Co-chairs Program Committee for Holy Names University & California State University East Bay (2 Positions), Secretary, Faculty Counselor-Holy Names University, Succession Committee (1 position). The Board of Directors meets approximately six times per year by teleconference, twice yearly at general membership meetings, and participates in major Nu Xi events such as Induction, Hall of Fame, and the Annual Research Conference. Mentoring is provided to those interested in serving who have limited experience. Opportunities are provided for officers to attend the STTI Leadership Academy and International Convention that are each sponsored every two years. Both conferences provide outstanding opportunities to learn about STTI and offer programs that describe leadership strategies for managing a chapter. Members who are interested in exploring opportunities to serve in a chapter leadership role should contact a member of the Leadership Succession Committee. (Refer to Board Roster page 2)

20th Annual Nursing Research Congress

The 20th International Nursing Research Congress focusing on Evidence-Based Practice was held at Vancouver, Canada from July 13-17, 2009. Over 460 nurse researchers, educators and practitioners participated in this Congress. The objectives of the Research Congress were to: (a) identify opportunities for international collaboration in nursing research, evidence-based practice, education and health policy; (b) advance the science of nursing globally by disseminating research findings that influence practice, education and health policy; and (c) describe global health care trends and the implications for nursing practice. The conference also offered two sections of pre-congress workshops: Key Strategies for Implementation and Sustaining Evidence-Based Practice in Healthcare Settings, and Leverage Simulation and Technology to Bridge the Gap from Theory to Practice at the Point-of-Care. The later section provided eye-catching health informatics including simulation activities. Chapter members who presented their current research at the Congress included: Kimberly Kim, PhD, RN, Associate Professor, CSUEB; Lynn Van Hofwegen, DNP, RN, Associate Professor, CSUEB; and Paulina Van, PhD, RN, Assistant Professor, SMU.

Chapter Leadership Intern Opportunity

Are you interested in learning more about Nu Xi At Large? For the past several years, our chapter has mentored a member who has an interest in becoming more involved in Sigma Theta Tau and activities related to its mission: leadership, research, and service. The commitment includes a willingness to participate in all chapter activities (Board meetings, Induction, quarterly events) and take on a special project or two that assists the Chapter. At the same time, the leadership intern will have opportunities to learn a great deal not only about our chapter but about Sigma Theta Tau International. If you are curious and would like to learn about this opportunity, please contact Juli Maxworthy at withmax@comcast.net. Deadline for application is October 10, 2009.

STTI MEMBERSHIP RENEWAL & ADDRESS UPDATES

Fall is usually the time for renewal of memberships. Please go to www.nursingsociety.org to renew your membership. It is also important to update your contact information if you have moved (both your mailing address and email address please!) and this can be done online as well. Members will not receive Newsletters and program announcements online unless contact information is correct.

Nu Xi At Large Annual Fund Appeal 2009-2010

Within the next several weeks, members will be receiving a letter requesting donations to support Nu Xi At Large Strategic Goals in the area of student scholarships and research grants for members. Last year, thirty one members donated \$3,130.00 during the Annual Fund Drive to provide funding for six - \$500 scholarship that were awarded to two students at each of the three sponsoring nursing colleges, Holy Names University, California State University East Bay, and Samuel Merritt University. Scholarship needs are greater than ever this year given the decline in University investments and the reductions in state funding for higher education. Revenue from the Annual Fund also helped to support funding of a nursing research grant in the past year. Priorities for funding for the current year will be determined by the Nu Xi Board at its September meeting. When you receive the Annual Appeal letter from Nu Xi, please be generous in your support as you have been in the past. For more information, contact Bonnie Holmes, Treasurer at jon1kqv2@att.net.

Nu Xi Research Committee Seeks Research Proposals

Mileva Saulo Lewis, EdD, Chair of the Nu Xi Research Committee, has announced the deadline for applications for Nu Xi At Large Research Grants in 2009. Members are urged to submit a proposal by November 10, 2009 for consideration for funding. Graduate students in master's or doctoral programs, as well as other Nu Xi members are eligible to apply for research support. The number of applications received typically is small, and well-designed studies are likely to receive funding. Information about the application process will be posted on the NuXi website, no later than 1 October, 2009.

April Showers Program for the Homeless

Nu Xi At Large continues to support the April Showers Program, which provides toiletries and socks for the homeless. Socks and toiletries are currently being collected at Samuel Merritt University School of Nursing. Members may also bring materials to the Fall General membership Meeting at Holy Names University. Contact Dr. Joan Bard for more information or to drop off materials at jbard@samuelmerritt.edu.



SAMUEL MERRITT UNIVERSITY

New Faculty at SMU

Aara Amidi-Nouri, PhD, RN, has accepted the Director of Diversity position charged with guiding the affirmation of the values of diversity and cultural sensitivity at the SMU School of Nursing. In this three-year grant-funded role, she will work with the broader University and community constituencies to examine the learning environment, develop and implement a plan to incorporate appropriate diversity content in student programs and identify strategies to address faculty development. Dr. Nouri will hold an appointment as a full-time faculty member. Aara completed a PhD at UCSF (2008) and is a graduate (2001) of SMU's MSN Case Management and Intercollegiate BSN programs (1996).

Loretta Camarano, PhD, RN, Assistant Professor-San Mateo Learning Center, completed a PhD (June 2009) at UCSF as a Moore Fellow. While also completing a minor in nursing education, she assisted in teaching and lecturing at both the doctoral and prelicensure levels. Dr. Camarano holds a master's degree in Counseling Psychology from Santa Clara University. While managing two comprehensive infertility studies funded by the NIH at the Women's Health Clinical Research Center at UCSF, Loretta concurrently worked at the Santa Clara County Department of Alcohol and Drug Services as a registered Marriage and Family Therapy intern. She is currently acting director of Quality, Education & Compliance at the Fertility Physicians of Northern California and Valley Ambulatory Surgery Center.

Myika Dunn, MS, RN, Assistant Professor-San Mateo Learning Center, obtained an MSN in Healthcare Administration from the University of Pennsylvania, School of Nursing in 1999. Her 14-year clinical experience includes positions as travel nurse, clinical nurse manager, and director of Maternal Child Health at Salinas Valley Memorial Hospital. Myiuka first taught as a clinical instructor and guest lecturer at the University of Pennsylvania in 2002. She began teaching as adjunct faculty with Samuel Merritt University in 2008 and transitioned into the role of Assistant Professor in Spring 2009, teaching maternity nursing.

Alyssa Erikson, PhD, RN, Assistant Professor-San Mateo Learning Center, received a PhD in June 2008 as a Moore Fellow at the UCSF, where 3 years prior, she obtained an MSN with an education specialty and focus in pediatrics. Dr. Erikson has worked as a clinical nurse in various children's hospitals, assisting and conducting research, and developing skills as a lecturer, and instructor. Dr. Erikson began teaching pediatrics in Spring 2009.

Lynn Fisher, MSN, RN, Clinical Nurse Instructor-Oakland

Campus, obtained an MSN with a clinical faculty focus from Holy Names University in May 2009. Eleven-years of experience with direct patient care reveals Lynn's passion for medical-surgical nursing. Ms. Fisher started teaching as adjunct faculty with SMU's ELMSN and ABSN programs in Spring 2008, and is the first to transition into the full-time Clinical Nurse Instructor role.

Diana Jennings, PhD, RN, Associate Managing Director & Assistant Professor-San Mateo, obtained an MSN as a Geriatric Clinical Nurse Specialist with a minor in education (1995), a PhD (2000), and a postdoctoral fellowship in gerontological research from UCSF (2001). Dr. Jennings offers over 30 years of combined clinical and teaching experience with a background rich in education, research, and scholarship. Dr. Jennings also has a history of mentoring and leadership as an Assistant Clinical Professor and Academic Mentor to graduate and doctoral students at UCSF. A graduate of Samuel Merritt, she began teaching with SMU School of Nursing as adjunct faculty in Spring 2009.

Debbie (Deborah) Kalish, BSN, MPH, Clinical Nurse Instructor-Sacramento Regional Center, holds a master's degree in Public Health with a focus in women's health from the University of California, Los Angeles (1984). She received a BSN (1977) from Mount Saint Mary's College. Her 32-year clinical experience includes positions such as staff nurse, patient care coordinator, director of student health services, unit educator, and risk control consultant. Ms. Kalish has also taught nursing for 8 years at Solano Community College and is the second to assume the role of full-time clinical nurse instructor with SMU School of Nursing. She will be teaching clinical courses in maternity, pediatrics, and medical-surgical nursing.

Doris Massey, MSN, ANP, RN, Assistant Professor-San Francisco Learning Center, obtained a post-masters Adult Nurse Practitioner certificate from the UCSF (2000), and holds an MSN with an emphasis on education from San Jose State University (1988). Previous roles include staff nurse, home health field nurse and supervisor, program manager, clinical trainer, case manager, and adult nurse practitioner in the states of California and Hawaii. Ms. Massey has lectured at the University of Hawaii, Hilo and Hawaii Community College, and worked as instructor at Ohlone Community College. More recently, she was employed as an educator at MjPowell Home Health Consulting and began teaching full-time for SMU in Fall 2008 with the primary responsibility in medical-surgical nursing.

Herb (Herbert) Pierrie, MSN, RN, Assistant Professor-San Francisco Learning Center. Completing PhD as a Moore Fellow at UCSF this fall. Herb Pierrie received an MSN from San Francisco State University and has been heavily involved in the area of public and community health for most of his nursing

career. His clinical background includes a long history in positions such as a senior/public health nurse and case manager with San Mateo County Health Services Agency. Mr. Pierrie taught as clinical faculty for San Francisco State University's Public Health Clinical Practicum at the BSN and graduate level and began teaching with SMU as adjunct nursing faculty in Spring 2009. His primary responsibility as Assistant Professor is teaching in community health nursing.

Bobbie (Roberta) Richards, MS, RN, Preceptorship Coordinator-Prelicensure Programs & Assistant Professor-Oakland, holds a Master's degree in Career Planning and Management from John F. Kennedy University, School of Management (1986). She has held positions such as nurse manager, clinical supervisor, director of nursing, and director of patient services over her 38 years of clinical experience. Ms. Richards began teaching with SMU School of Nursing as adjunct faculty in 2006 and has served as preceptorship clinical coordinator for the school's West Bay campuses since 2007. She also worked for 10 years as administrative nursing supervisor at Kaiser Permanente. Ms. Richards transitioned into the role of preceptorship coordinator for the School of Nursing's Bay Area Pre-licensure Programs in Summer 2009.

Laurie Rosa, MS, RN, Adjunct Faculty, San Mateo Learning Center, recently obtained an MSN in Nursing Education from San Jose State University (2009). Since obtaining a BSN (SJSU,1997), Laurie has been actively involved in maternity nursing and nursing education. With a history of 11 years as a labor and delivery nurse with Kaiser Foundation Hospitals, Ms. Rosa continues to couple clinical work with leading staff and students as a preceptor since 2001. As a graduate assistant, she further developed teaching skills through classroom, clinical and simulation rotations with SJSU and SMU. Ms. Rosa began teaching with SMU as adjunct faculty in Summer 2009.

David Rose, PhD, RN, CRNA, Assistant Professor, completed a PhD at UCSF in 2007 and received a Master's in Anesthesiology Education from Gonzaga University/Sacred Heart Medical Center in 1982. David has spent the majority of his 36-year nursing career in developing and providing his expertise as a registered nurse anesthetist, serving in various civilian and military positions. David served as Chief Nurse Anesthetist for 15 years with the Army Reserve and retired with the rank of Lieutenant Colonel. He also committed 24 years to the role of Chief Nurse Anesthetist and Clinical Coordinator for student nurse anesthetists at the UC Davis Medical Center. David has been appointed as an Assistant Professor in the CRNA program.

Joni Williams, MSN, RN, Assistant Professor-Sacramento Regional Center obtained an MSN in nursing education from California State University, Sacramento in 2007. Since receiving a BSN from CSU Sacramento (2000), Ms. Williams has provided skills and expertise in medical-surgical nursing in both the hospital and community setting as a staff nurse, public health nurse and school nurse. She first began teaching at Yuba College in 2005, leading students through online/web-enhanced theory courses as well as in clinical and skills lab settings in medical-surgical and maternal-child nursing.

FNP Students Travel to Panama for Medical Mission

Alta Bates Summit Medical Center donated two pallets of medical supplies to Samuel Merritt University for use by 12 FNP students who traveled to Panama on August 14, 2009 to work with the nonprofit organization Global Medical Brigades. The students' mission was to provide health services, including medical care, education, and counseling to Panamanians living in rural villages. SMU students provided acute care, treating patients with scabies, respiratory infections, high blood pressure, and abdominal pain. They also treated villagers with infections, STD's, sutured wounds and provided minor surgical procedures, like removal of moles and other kinds of skin cancer. The goal of an immersion experience is that the student nurses will gain a deeper understanding of another cultural or ethnic group which, when they return home, may engender an appreciation and inquisitiveness about their patients who come from different backgrounds," explains Rhonda Ramirez, EdD, FNP, Assistant Professor, Family Nurse Practitioner Program.

Midtown Medical Clinic Receives Pulse Monitors

FNP students Nikki Love and Rebecca Owen from the Sacramento Regional Learning Center (SRLC), noticed that patient assessments were limited by the absence of a Vascular Doppler System at the Midtown and West Sacramento medical clinics. On June 15, the students donated two Doppler Systems to the staff at the Midtown Medical Clinic. The new medical devices will benefit low-income and uninsured patients suffering from a variety of problems that affect the brain and nervous system. "These new upgrades will allow us to offer a higher and more accurate level of testing," explained administrator Elizabeth Cassin. "The new Doppler has an exciting new application - a non-invasive test for Diagnosis of Patent Foramen Ovale (PFO), which is a particular heart defect that can cause stroke." Through the sale of safety kits, baked goods, and donations, the nursing students raised funds to purchase the two new Doppler Systems estimated at more than \$1,500.

SMU Grad opens Northern California's tenth ROTA CARE Clinic

This summer Desiree Allyn, a 2008 SMU Entry-level Master of Science in Nursing Family Nurse Practitioner Program graduate, opened Northern California's tenth Rota Care Clinic (RCC) in the Monument Corridor in Concord. The RCC is a Rotary-based healthcare clinic that addresses health-related needs of underserved communities and provides relief to overburdened emergency departments and urgent health care clinics. The clinic's premise is underpinned by Health People 2010's goals, which are to increase the quality and years of healthy life and to eliminate health disparities. RCC's are run by volunteers made up of physicians, nurses, and pharmacists in addition to a registrar, and translator/registration clerks. Each clinic has its own Administrative Council. That council oversees the day-to-day operation of the clinic. Each clinic has its own Administrative Council which oversees day to day operations. Rota Care Free Clinics have been in exist-

tence since 1989, when the first homeless patient was treated in Santa Clara, California. Since then Rota Care, a non-profit corporation with a coalition of over 1,500 Rotarians, physicians, nurses and volunteers, has expanded to include clinics around the San Francisco Bay Area, Seattle, Washington, and New York. Clinics provide free care to the medically underserved in a collaborative effort with hospitals, clinics, community and social service organizations and service groups. To learn more about Rota Care or for more information on their clinics please visit their website at www.rotacare.org. (Adapted from an article written by Carla Ross.)

Country Joe McDonald Pays Tribute to Nursing

Singer and songwriter, Country Joe McDonald, the lead singer and co-founder of the 1960s rock group Country Joe & the Fish, kicked off National Nurses Week by performing his musical tribute to Florence Nightingale and Nursing on May 7 at the Health Education Center on the SMU Oakland campus. Joe McDonald, a veteran of the U.S. Navy and performer at the 1969 Woodstock concert in New York, said his nursing tribute was to show appreciation to all past, present, and future nurses. "Life without nurses would be terrible. The main focus for me is to celebrate nursing and the care they provide in saving lives and maintaining the health of millions of individuals." The one-hour concert included several original songs, interspersed with tales of Florence Nightingale's contribution to nursing and the time she spent during the Crimean War aiding the sick and wounded.

SMU Students Participate in Youth in Medicine Program

Twenty-two Samuel Merritt University nursing students and podiatric medical students helped teach classes and coordinate programs for youth, ages 11 to 15, in the Youth in Medicine Program sponsored by Alta Bates Medical Center and Samuel Merritt University. Attending classes Monday through Thursday from June 22 through August 6, fifty-one students spent time on the university campus and at the Emiliano Zapata Street Academy, expanding their knowledge of science and medicine in the program while working on their English and math skills. Participants were able to use the Health Science Simulation Center at Samuel Merritt University, giving them a chance to experience what it is really like to treat patients. The program is designed to foster academic skills and to encourage interest in health science careers.

SMU Students Help Recruiting Efforts for Gender Equity

In May, BSN graduate Michael Davidson, and current BSN student Juner Valencia re-established the Bay Area Chapter of the American Assembly for Men in Nursing (AAMN), the first men in nursing organization west of the Mississippi. AAMN aims to provide a framework for nurses as a group to meet, discuss and influence factors that affect men as nurses. As a former firefighter/EMT in South Central Los Angeles, Davidson always knew he wanted to work in healthcare, but did not know where to go for questions about the profession. As AAMN acting membership committee chair, Davidson

hopes the Bay Area chapter will help answer many questions about the profession, educate the public about men in nursing, and help with recruitment issues. Getting the message out is why both Davidson and Valencia are working on a schedule that will allow them and some of the 50 chapter members to go into diverse communities around the Bay Area to talk to local high school students on an informal basis. Less than 6% of the more than 2.1 million RNs working in the US are men according to the 2004 National Nursing Sample Survey. Samuel Merritt University first admitted men in 1975 and has graduated over 300 men in the past six years from the BSN and MSN programs. (Adapted from an article by Elizabeth Valente)

CALIFORNIA STATE UNIVERSITY EAST BAY

New Students & Faculty-2009 Academic Year

The CSUEB has accepted 130 new nursing students who will begin their BSN program in fall 2009. Of those, 65 students will attend the program at Hayward Campus and 65 at Concord. To prepare for the program, East Bay Student Nursing Associations (Concord and Hayward) have provided orientation sessions for both groups during summer. Students also went through the BLS and first aid certification processes followed. CSUEB also accepted 75 new ADN-BSN students who will begin the program in fall 2009. Their orientation is scheduled on September 10, 2009.

New faculty scheduled to join the CSUEB team as part time faculty include: Peggy Berry, RN, MA, Sandra Christensen-Walder, RN, MSN, Teri Lind, RN, MSNc, Linda McIntyre, RN, Ph D, Christina Torkildson, RN, MSN, and Jack Wheeler, RN, MS. Faculty will meet in Retreat in Sunnyvale, CA for two days in mid-September. Over 15 faculty members have signed up for this retreat. There, faculty will discuss curriculum issues related to nursing and health sciences. Faculty members also look forward to attending "Back to the Bay at CSUEB" Annual Orientation program for University faculty.

Residency Program for New Graduates to Be Offered

We are planning on implementing a New RN Residency Program as a pilot project to train 30-45 unemployed new graduate nurses (from any school) with RN licenses to improve their clinical competencies such as specific nursing skills, critical thinking, communication, professionalism and socialization while they are waiting for the job markets to open up. We expect the clinical partners to provide clinical preceptors who are committed to work with the new graduates for 12 weeks beginning in winter quarter 2010. This two-year project includes two residency sessions each year. When the pilot project is completed, we will have trained approximately 120 new graduates. The goal of the project is to enhance the preparation of new graduates for work as beginning nurses. By participating in this project, the service partners may have options to hire the new graduates, however it is not required. Working closely with CINHC, Cindy White, RN, MA and Roxanne Holm, RN, MS at JMMC; Martha Giggelman, RN,

MS at WHHS; Renee Granados, RN, MS at CSUEB; and the Bay area clinical educators, Kimberly Kim, RN, Ph D has been leading this East Bay Residency project. Please contact her at 510-885-3481 with questions.

HOLY NAMES UNIVERSITY

LVN/BSN Program.

On August 20, 2009, the California Board of Nursing Committee accepted the Feasibility Study prepared for the initiation of a LVN/BSN program at Holy Names University. This means we can now develop a Self Study for presentation to the full Board in the spring. A consultant has been assigned to help us with this process. The proposed date for offering this program is Fall of 2010.

Expansion of MSN Program via Video-Conferencing

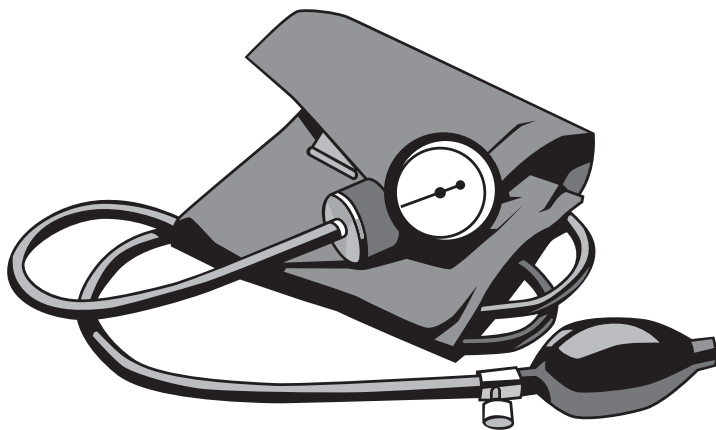
Beginning this fall the MSN/FNP program will be offered at two sites off campus. In the past, it has been the RN/BSN program that was offered off campus via video-conferencing. While that program will continue to be offered at 10 sites, we will now also be offering the MSN program in teleconference video format to three off-campus sites. Of course, it will also continue to be offered on campus.

Incentive Program

In order to increase the number of RNs who are BSN & MSN prepared, HNU has announced an incentive program for its current students and alumni. The hope is that students and alumni will encourage their colleagues to pursue higher education degrees in nursing, thereby strengthening their career.

Building Renovations

Renovations of Brennan Hall for the new Student Center are complete and on time. The area is beautiful with much space for student interactions and the office rooms for advisement, tutoring, and student support. Rosie's Café is new and a bigger area for the purchase of food as are the computer rooms available to students at any time. The views from the Center let one see the open areas, which are beautiful as the grass is new as are the plantings. It is clearly a good place to relax and meet with colleagues or to study when needed.



NU XI MEMBER NEWS



FAY L. BOWER, DNSc, RN, FAAN,

Chair of the HNU Department of Nursing has recently completed a book entitled *Why Retire: Career Strategies for Third Age Nurses*. It is possible to obtain the book, which has received a lot of attention and interest by nurses and other disciplines, by visiting www.nursingknowledge.org. An article about the book and Dr. Bower will appear in NurseWeek in September.

MARCIA CANTON, PhD, RN, will be the keynote speaker at the Rho Alpha Chapter of Sigma Theta Tau International on October 24, 2009 at Dominican University. She will speak about disparities in healthcare and ways to fill the gap.

MARC E. CODE, MSN, CRNA, Assistant Professor, SMU has been appointed Associate Director of the Nurse Anesthesia Program, Marc has been affiliated with the Program since 2005 and transitioned to a full-time faculty position in 2007. He received his nurse anesthesia education at the Southwest Missouri State Program of Nurse Anesthesia (1997) and completed a Master's of Science in Nursing degree at Samuel Merritt University (2002). His extensive clinical background includes fifteen years of critical care nursing and twelve years as a nurse anesthetist. His anesthesia experience includes team practice at Kaiser South San Francisco, and independent practice arrangements for the Southeast Arizona Medical Center, and a variety of surgical centers in the San Luis Obispo region. In addition to his SMU faculty position, Mr. Code is the principal partner of Central Coast CRNAs, providing anesthesia services to rural surgery centers in the California Central Coast.

BARBARA DRIES, EDD, RN, Assistant Professor, clinical coordinator for the Samuel Merritt BSN program for the past two years, will return to a full-time faculty teaching position at the beginning of the 2009-2010 academic year.

MICHELLE HAMPTON, PhD, RN, Assistant Professor, Samuel Merritt University, is presenting her research at the 137th American Public Health Association Annual Meeting in Philadelphia, PA. Her presentation, titled "Current substance use behavior among severely mentally ill individuals diagnosed with HIV and HCV" is scheduled on Tuesday, November 10, 2009 at 10:30 AM. You can view her session and get more information about the presentation, detailed abstract and learning objectives by clicking on the link below. <http://apha.confex.com/apha/137am/webprogram/Session27478.html>

Michelle has also recently had an article published with colleagues. The citation is: Hampton, M. D., White, M. C., & Chafetz, L. (2009). Eligibility, recruitment, and retention of African Americans with severe mental illness in community research. *Community Mental Health Journal*, 45, 137-143.

NANCY HAUGEN, PhD, RN, Chair of the ABSN program at Samuel Merritt University, was selected to attend the AACN Leadership in Academic Nursing Program, August 2 - 6 in Kansas City, Missouri. This year-long fellowship program focuses on the development and enhancement of leadership skills in new and emerging administrators in baccalaureate and graduate nursing programs.

MICHAEL HAWKINS, MHA, MSN, RN, Associate Managing Director at the San Mateo Learning Center of Samuel Merritt University for the past two years, will be assuming a full-time teaching position as an Assistant Professor there this fall.

ABBY HEYDMAN, PhD, RN, Professor Emeritus, SMU, will receive an Alumni Association Distinguished Service Award from Mount Mercy College in Cedar Rapids, Iowa on October 3, 2009. A graduate of Mercy Hospital School of Nursing, Abby is being honored for her volunteer service in regional and professional accreditation, as well for serving on various non-profit agencies' boards of directors,

EDITH JENKINS-WEINRUB, EDD, RN, Assistant Professor, HNU, was selected as a fellow to participate in the AACN Leadership for Academic Nursing Program, which was held August 2-6, 2009 in Kansas City, Missouri. This fellowship is designed to develop and enhance leadership skills in new and emerging administrators in baccalaureate and graduate nursing programs and to make participants better prepared to accept academic leadership positions of increasing responsibility, including the role of dean or director of the nursing academic unit.

DIANA JENNINGS, PhD, RN, Assistant Professor, Nursing and has assumed the role of Associate Managing Director for the SMU San Mateo Learning Center. Dr. Jennings has held a variety of academic positions, including mentoring gerontology students at UCSF and teaching at the University of San Francisco. Clinically, Dr. Jennings' expertise has been in critical care/emergency with 20 years at Kaiser. Diana is a graduate of the Samuel Merritt diploma nursing

program where she is serving on the Centennial Gala Planning Committee.

LINA GAGE-KELLY, MS, RN, Assistant Professor and Simulation Coordinator, at SMU was interviewed by John Fowler of CTVU Channel 2 News on August 5, 2009 about nurse safety in the ER. A study published in the Journal of Nursing Administration reports more than 3,000 ER nurses have been physically assaulted on the job by patients. Lina explained educational techniques and tips that faculty teach students about working in the emergency departments. Jeanette Wong, MS, RN, Operations Managers HSSC, and Keith Herind, CRNA, Clinical Faculty, were also instrumental in preparations for this story on KTVU, Channel 2 news.

KIMBERLY KIM, PhD, RN, Associate Professor, CSUEB, presented at the STTI International Nursing Research Congress in Vancouver, Canada in July. Her research topic was titled, Application of High Fidelity Simulation for the Acquisition of Nursing Skills: Nursing Students' Perspective (poster session from July 14-16). Kimberly also moderated two research sessions: Health Concerns of Immigrant Populations, and Nursing Student Education Initiatives. Kimberly also volunteered to assist with registration and the STTI Mini-Mart.

PATRICIA KUSTER, PhD, RN, Assistant Professor and Associate Managing Director, Sacramento Regional Learning Center, contributed to the Instructor Resource Manual and MyNursingLab materials for several chapters for the following textbook: Ball, J.W., Bindler, R.C. & Cowan, K.J. (2010). *Child Health Nursing* (2nd ed.). Pearson Education: Upper Saddle River, NJ. The textbook has a copyright date of 2010 but was recently released and is available.

RICHARD MACINTYRE, PhD, RN, FAAN, Professor, SMU, has recently had an article published with three colleagues. The complete citation is: MacIntyre, R. C., Murray, T. A., Teel, C. S., & Karshmer, J. F. (2009). Five Recommendations for Pre-Licensure Clinical Nursing Education. *Journal of Nursing Education*, 48(8), 447-453. Dr, MacIn-

tyre has also collaborated on the following work: Teel, C. S., MacIntyre, R. C., & Murray, T. A. (2009). Identifying innovations in clinical education: Unique features and common themes. Retrieved from Midwest Nursing Research Society website: <http://www.mnrs.org/i4a/pages/index.cfm?pageid=3647>.

JULI MAXWORTHY, DNP, MBA, CNL, CPHQ, RN, Sr. Dir. Quality & Care Mgmt, Saint Francis Memorial Hospital and Part Time Faculty at USF will be presenting at the 2nd annual DNP conference being held in Miami at the end of September. Both of Juli's abstracts were accepted for presentation. Her topics include the DNP role as it relates to care management and the national patient safety goals.

MARIA MANGINI, PhD, RN Associate Professor, HNU, completed a postgraduate certificate program in pain management in June, after 10 months of study on-line with an international group of neurologists, anesthesiologists, pain specialists, and palliative care providers.

PAMELA MINARIK, PhD, RN, Professor, SMU, School of Nursing, published a peer-reviewed paper titled "Sleep Disturbance in Midlife Women" in *Journal of Obstetric, Gynecological and Neonatal Nursing* (June 2009) and was interviewed about it by SleepClinician.com. In Japan this summer, Dr. Minarik was awarded the honor of Professor Emeritus for distinguished service to Aomori University of Health & Welfare. Also while in Japan, she gave an invited international lecture on the topic of "Chronic Disease and Depression: Worldwide Burdens" at the Red Cross College of Nursing, Hiroshima.

ANNA MULLINS, DNSc, RN, Adjunct Professor, is now a Sigma Theta Tau International Billye Brown Fellow. She is also working with nurses at Washington Hospital in Fremont to help them develop and implement nursing research projects as a part of their preparation for achieving Magnet Status.

LIZ (ELIZABETH) SIBSON-TUAN, FNP, RN, who has served in the position of clinical coordinator for the Oakland ABSN and ELMSN programs for the

past two years, has accepted the new full-time position, Bay Area Clinical Coordinator-Prelicensure Programs, facilitating the placement of all prelicensure students in SMU's clinical agencies for all campuses around the Bay Area.

KIM STILES, PhD, RN, AHN-BC, Professor, Ohlone College, co-presented "The Role of Reflective Practice in Holistic Nurse Leadership Development" with Sara Horton-Deutsch, DNSc, RN, Indiana University at the American Holistic Nurses' Association Annual Conference in Madison, WI on June 13, 2009. Kim was selected to serve as a board member for the American Holistic Nurses' Certification Corporation (AHNCC) at this same conference and has agreed to continue to serve as the Research Grant Coordinator for the American Holistic Nurses' Association for the coming year.

SHARON SWAIN, BSN, RN was promoted to the position of Clinical Nursing Educator at the (CTDN) California Donor Network, effective June 29, 2009.

MICHELLE TELLEZ, PhD, RN, CSUEB, delivered a podium presentation at the Academy Health 26th Annual Research Conference in Chicago on June 28, on a paper co-authored by Joanne Spetz, PhD, Associate Adjunct Professor, Community Health Systems, and the Center for the Health Professions at UCSF, an economist working at the Center for the Health Professions at UCSF. The title of

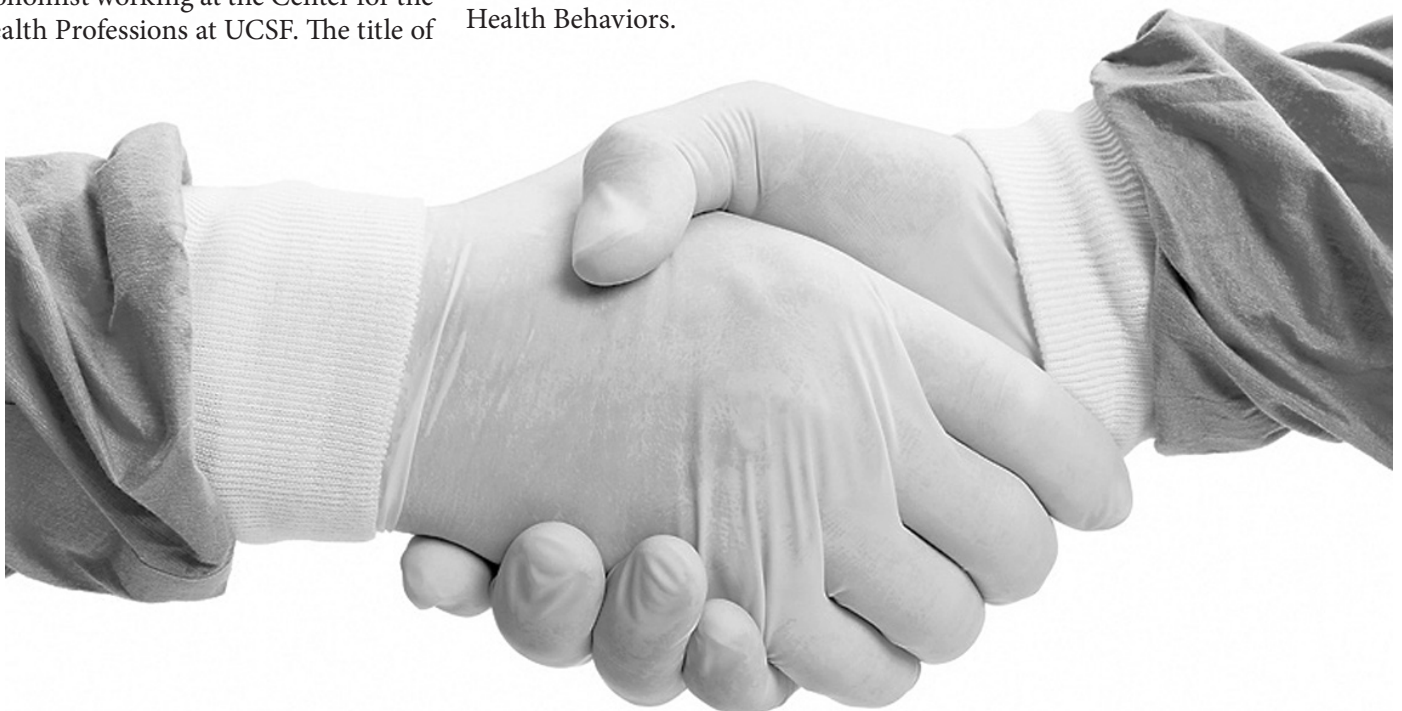
the presentation, which was delivered as part of the meeting of the Interdisciplinary Research Group in Nursing, was "The California minimum staffing law, nurse satisfaction, hours worked and wages: Analysis of 2004, 2006, and 2008 survey data". Michelle received a New Investigator Award and a stipend of \$500 from the Interdisciplinary Research Group in Nursing, a special interest group of Academy Health, for this research project. Michelle also presented a poster on the Health Care Workforce at the Conference.

PAULINA VAN, PhD, RN, Assistant Professor, SMU, presented at the 20th Annual STTI International Nursing Research Congress sponsored in Vancouver, Canada, July 13-17, 2009. The title of her presentation was, "Using Focus Groups in Evaluation of an Accelerated BSN Program," a paper written in collaboration with Abby M. Heydman, PhD, Professor Emeritus, SMU.

LYNN VAN HOFWEGEN, DNP, APRN, BC, RN, Associate Professor, CSUEB, presented an oral report on July 14, 2009 at the STTI International Nursing Research Congress in Vancouver in July. The title of her paper was, "Cultural Dissonance in Global Immigration: the Experience of Latino Day Laborer Immigrants in Caring for the Health of their Children. Lynn also served as the Moderator for a session on Children's Health Behaviors.

CELESTE VILLANUEVA, MS, CRNA, RN, Assistant Professor and Director, Program of Nurse Anesthesia, School of Nursing, gave a podium presentation titled "Suspension of Disbelief: Simulation in Nurse Anesthesia Education and Practice" at the Annual Meeting of the American Association of Nurse Anesthetists, San Diego, CA 2009. Ms. Ms. Villanueva also published a book chapter titled "Simulation in Nurse Anesthesia Education: Practical Approaches to Curriculum Integration, in A Resource for Nurse Anesthesia Educators (Bernadette Henrichs, CRNA, PhD, Judy Thompson, CRNA MS, APRN, Editors); AANA Publishing, Inc., August 2009. Celeste also spearheaded a collaborative effort (SMU and Baylor University Program of Nurse Anesthesia) to present a fully interactive simulation workshop at the annual meeting.

KAREN ANNE WOLF, PhD, RN, Associate Professor, SMU, recently published articles on the www.nursetogethernow.com website including one titled "Smoothing Transitions in Care." She was also elected chairperson of the National Academies of Practice-Nursing Academy. Additionally, Dr. Wolf was awarded an in-house grant with Dr. Margaret Early, Associate Professor and Chair, Bachelor of Science in Nursing Program, to survey faculty clinical teaching knowledge.





NU XI AT-LARGE CHAPTER
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NU XI AT-LARGE CHAPTER

FALL 2009 GENERAL MEMBERSHIP MEETING

Speaker: Barbara De Baun, MS, RN, CIC

Patient Safety: The Beacon Collaborative: Saving One Life At A Time

Tuesday, October 13, 2008 5:00-6:30 PM

**HOLY NAMES UNIVERSITY
Bay Vista Room – Founders Hall**

Board of Directors Meeting to Follow 6:30-7:00 PM

One Contact Hour of Continuing Education Credit

Program free to members and invited guests.