

LOCAL LOWER FEE PSYCHOTHERAPY CLINICS

EAST BAY

Center for Creative Growth

1221 Marin Avenue
Berkeley, CA 94706
(510) 527-2100

Website: <http://www.creativegrowth.com>

Services: Individual, Couples, and Family Therapy; Workshops;
Group therapy

Fees: Sliding Scale available; Some insurances

JFK University Community Counseling Centers for Holistic Counseling

2 Locations:

Oakland Counseling Center

2501 Harrison Street
Oakland, CA 94612
(510) 444-3344

Pleasant Hill Counseling Center

380 Civic Drive, Suite 200
Pleasant Hill, CA 94523
(925) 798-9240

Website: www.jfku.edu/counseling_centers/

Services: Individual, Couples, Children and Family Therapy;
Group therapy

Fees: Sliding Scale available

Berkeley Therapy Institute

1749 Martin Luther King Jr. Way
Berkeley, California 94709
(510) 841-8484

Website: www.bti.org/

Services: Individual, Couples, and Family Therapy; Workshops;
Group therapy; Testing; Medication

Fees: Sliding Scale available (min. \$35/session)

Women's Therapy Center

510 Kearney Street
El Cerrito, CA 94530
(510) 524-8288

Website: www.womenstherapy.org/services.htm

Services: Individual (Women), Couples, and Family Therapy;
Adolescents

Fees: Sliding Scale available, Some insurances

Psychotherapy Institute

2232 Carleton Street
Berkeley, California 94704
(510) 548-2250

Website: <http://www.tpi-berkeley.org>

Services: Individual & Couples therapy

Fees: Sliding Scale available

Blue Oak Therapy Center

3101 Telegraph Ave
Berkeley, CA 94705
(510) 649-9818

Website: www.blueoaktherapycenter.org

Services: Individual, Teens, Couples, Families

Fees: Sliding Scale available

The Wright Institute – Berkeley

2 Locations:

Addison Street Clinic

Berkeley, CA
(510) 548-9716

*longer-term psychodynamic therapy

Parker Street Clinic

Berkeley, CA
(510) 486-8998

*shorter term CBT therapy

Website: www.wi.edu/about_clinics.html

Services: Individual, Couples, and Family Therapy

Fees: Sliding Scale available; call for info

The Pacific Center (Services for LGBT community)

2712 Telegraph
Berkeley, CA 94705
(510) 548-8283

Website: www.pacificcenter.org

Services: Individual, Couples, and Family Therapy; Workshops;
Group therapy

Fees: Sliding Scale available; Medi-Cal payments are accepted.

California Counseling Institute

1562 Oakview Ave.
Kensington, CA 94707
(510) 704-8046

Website: www.californiacounseling.org

Services: Individual, Couples, Children and Family Therapy

Fees: Sliding Scale; Aetna, Medicare, and other PPO health
insurance plans accepted

Asian Community Mental Health Services

310 8th Street, Suite 201
Oakland, CA 94607
(510) 869-6020

Website: <http://www.acmhs.org>

Services: Individual, Couples, and Family Therapy; Groups;
Medication Evaluation; Psychological Testing

Fees: Sliding Scale available

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SAN FRANCISCO

Whitney Clinic at C.G. Jung Institute

2040 Gough Street
San Francisco, CA 94109
(415) 771-8055 ext. 205

Website: www.sfung.org/clinic.htm

Services: Individual & Couples Therapy

Fees: Sliding Scale available (min \$30-90)

New Leaf: Services for Our Community (LGBT)

103 Hayes Street (near Market St.)
San Francisco, CA 94102
(415) 626-7000

Website: www.newleafservices.org

Services: Individual, couples, group therapy; support groups; medication management

Fees: Sliding Scale; also accept some insurance

Marina Counseling Center

2137 Lombard Street
San Francisco, CA 94123
(415) 563-2137

Website: www.marinacounseling.com

Services: Individual & Couples Therapy; Group therapy

Fees: Sliding Scale available (min \$25)

San Francisco Counseling Center

1801 Bush St., Suite 215 San Francisco, CA 94109
(415) 440-0500

Website: <http://sfcounselingcenter.com/index.htm>

Services: Individual & Couples Therapy; Group therapy

Fees: Sliding Scale available

Integral Counseling Center at Pierce Street

2140 Pierce Street
San Francisco, CA 94115
(415) 776-3109

Website: www.integralcounseling.org

Services: Individual, Couples, and Family Therapy; Groups

Fees: Sliding Scale available

UC San Francisco Langley Porter Institute

401 Parnassus Ave.
San Francisco, CA 94143
(415) 476-7500

Website: <http://psych.ucsf.edu/lpphc.aspx?id=348>

Services: Therapy; Groups; Medication Management

Fees: Sliding Scale available

California Pacific Medical Center Dept. of Psychiatry

2340 Clay Street
San Francisco, CA 94115
(415) 600-3247

Website: <http://cpmc.org/services/mental-hlth.html>

Services: Individual, Couples, and Family Therapy; Groups; Medication Evaluation; Psychological Testing

Fees: Sliding Scale available

SOUTH BAY & PENINSULA

JFK University Community Counseling Centers for Holistic Counseling

572 Dunholme Way
Sunnyvale, CA 98087
(408) 524-4900

Website: www.jfku.edu/counseling_centers/

Services: Individual, Couples, Children, Families

Fees: Sliding Scale available

The Kurt and Barbara Gronowski Psychology Clinic

5150 El Camino Real, Suite 22, Bldg C
Los Altos, California 94022
(650) 961-9300

Website: <http://www.mentalhealthclinic.org/>

Services: Individual, Couples, and Family Therapy

Fees: Sliding Scale available

Almaden Valley Counseling Service

6529 Crown Blvd., Suite D
San Jose, CA 95120
(408) 997-0200

Website: www.avcounseling.org

Services: Individual, Couples, and Family Therapy

Fees: Sliding Scale available

YWCA Counseling Center- San Jose

375 S 3rd St
San Jose, CA 95112

Website: http://ywca-sv.org/programs/counseling_services.php

Services: Individual, Couples, Children and Family Therapy

Fees: Sliding Scale; Aetna, Medicare, and other PPO health insurance plans accepted

Community Center for Health & Wellness

744 San Antonio Road Suite 22/24
Palo Alto, CA 94303
(650) 493-5006

Website: www.itp.edu/resources/cchw/

Services: Individual, Couples, and Family Therapy

Fees: Sliding Scale available

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SACRAMENTO AREA

Sacramento State University - Center for Counseling and Diagnostic Services

Sacramento State University
Eureka Hall Room 421
6000 J Street
Sacramento, CA 95819
(916) 278-6252

Website: <http://edweb.csus.edu/ccds/index.html>

Services: Individual, Couples, Children and Family Therapy

Fees: \$100 for 12-14 sessions

River Rock Counseling Agency

4944 Sunrise Blvd. Ste. J-5
Fair Oaks, CA 95628
(916) 642-5410

Website: www.riverrockcounseling.com

Services: Individuals, Couples, Children, and Families

Fees: Sliding Scale

Windows of Hope Counseling Centers

Two Locations:

Sacramento Counseling

2011 P St. #101 A
Sacramento, CA 95814
(916) 412-5679

Roseville Counseling

420 Folsom Rd. Suite C
Roseville, CA 95678
(916) 412-5679

Website: <http://windowsofhopecounseling.org>

Services: Individual, Couples, Children and Family Therapy

Fees: Sliding Scale

H.O.P.E. (Healthy Outcomes for Personal Enrichment) Counseling Center

Two Locations:

Roseville Center

720 Sunrise Ave, 202C
Roseville, CA 95661
(916) 780-1059

Midtown Sacramento Center

2623 24th Street
Sacramento, CA 95818
(916) 444-2170

Website: www.hope-counselingcenter.org

Services: Individuals, Couples, Children, and Families

Fees: Sliding Scale, call for details

MARIN COUNTY

Community Institute of Psychotherapy

1330 Lincoln Ave., Suite 201
San Rafael, CA 94901
(415) 459-5999, ext. 102

Website: www.cipmarin.org/

Services: Individuals, Couples, Children, and Family therapy.

Fees: Sliding Scale Fees, Medi-Cal, Medicare, private insurance

Family Service Agency of Marin

Multiple sites
(415) 491-5700

Website: www.fsamarin.org/

Services: Psychotherapy for individuals, groups, couples, families.

Substance abuse recovery. Psychiatric assessment & treatment may be available for those in psychotherapy.

Fees: Sliding scale Medi-Cal Medicare Private insurance

Jewish Family & Children's Services in Marin County

600 5th Avenue
San Rafael, CA
(415) 491-7960

Website: www.jfcs.org/services/individuals-couples/counseling-consultation

Services: Psychotherapy for individuals, groups, couples, families.

Substance abuse recovery.

Fees: Sliding scale, Medi-Cal, Medicare, private insurance

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