The 2014 Induction Ceremony featured Miki Goodwin, PhD, RN, Chairperson of the Department of Nursing at Holy Names University as the keynote speaker. The event was held at Samuel Merritt University in the Health Education Center. Orientation of new inductees was conducted by President-elect Susan Cantrell, followed by presentation of honor cords and signing of the book listing new members. Students from Holy Names University, California State University, and Samuel Merritt University were inducted into the chapter, along with a few community nurse leaders. Faculty from the three schools and guests were in attendance. A survey of new inductees was conducted to gather ideas for programs and program scheduling as well at to determine interests in serving on committees.

Newly elected officers for the Nu Xi Board of Directors were installed at the 2014 Induction Event. Michelle Hampton will begin a term of office as Secretary in July. Debora Halloran will serve as the Faculty Counselor for Holy Names University. Members of the Leadership Succession Committee will include Teri Gwin, Diane Jennings, Paulina Van, and Lindsay Mc Crae. In July, Susan Cantrell will succeed Anna Mullins who has served the Chapter as President for the past three years. The entire current Board of Directors and their email contact data is listed on page 12 of this newsletter. We wish to thank all of these board members both current and past for stepping up to provide essential leadership to keep Nu Xi at Large thriving!

Introduction of Officers: Susan Cantrell, President-elect; Rhonda Ramirez, Vice President-SMU; Miki Goodwin, Vice President-HNU; Nancy Haugen, Treasurer; Maria Chow, Faculty Counselor, CSUEB; Deborah Halloran, new Faculty Counselor, HNU; Tammy Valenta & Liz Sibson Tuan, Faculty Counselors, SMU

Micha Machina, displays honor cord and certificate from Induction
Public Policy Advocacy—A Student AACN Experience

Kathleen Hilton (right) with Former Congressman Alan Wheat now Senior Policy Advisor and Practice Chair of Polsinelli’s Public Policy Practice and two other nursing students

I had the opportunity to attend the American Association of Colleges of Nursing (AACN) Student Policy Summit March 23-25, 2014 in Washington, D.C. with fellow undergraduate and graduate nursing students from across the country. Over the course of a three-day immersion program, I interacted with policy makers, heard from leaders in nursing policy, and met with members of Congress and their staff.

Through direct advocacy for funding in nursing education and nursing research, as well as nursing practice legislation, I have greater insight into the health policy process at the Federal level. This experience provided a chance to see first hand the value of political participation. It is necessary for nursing to be at the forefront in leading decisions in healthcare policy, especially during this critical juncture in the implementation of the Affordable Care Act.

The AACN Student Policy Summit highlighted the importance of patient advocacy through involvement in our professional organizations. As a student, it is clear that clinical competency lays the foundation for a career in advocacy. Attending this conference exposed me to the impact of policy engagement in the field of nursing. It has inspired me to strengthen my dedication to health policy and patient advocacy as I progress in my career.  

(Article submitted by Kathleen Hilton, RN, FNP Student, DNP Candidate, Samuel Merritt University, March 30, 2014)  

Note: Kathleen received partial support for attending the AACN Student Policy Summit from Nu Xi at Large.

Thank You to 2013–2014 Nu Xi and STTI Foundation Donors

The Board of Directors wishes to express its deep gratitude to the members of Nu Xi who so generously provided support for the award of student scholarships in the past year. The Chapter collected a total of $2,250 to assist in offsetting the expenditure of $3,000 for scholarships to be awarded this spring. In addition, several chapter members made gifts to the STTI Foundation in support of its research and travel grant program. Donors are listed below.

Nu Xi at Large Annual Fund Donors

Founders Level—$250 or more
• Anne Becker
• James Austin
• Abby Heydman
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2013–2014 Foundation Donors

Yvonne Alger, Melanie Astin, Gregory Baumbach, Anne Becker, Susan Cantrell, Nichole Douglas, Joan Edelstein, Abby Heydman, Tom Housen, Kimberly Kim, Juli Maxworthy, Anna Mullins, Fumiko Peppin, Bobbie Richards, Jennifer Stuart, Enna Trevathan, Grace Vilain, & Ruth Young.
Member Retention & Welcome Program at HNU

Nu Xi’s first Member Retention and Welcome Event was held on March 30, 2014 from 1-3 PM at Holy Names University at the Valley Center for Performing Arts. Retention Committee Chair, Donna Ervin, Geri Berkvam, Fay Bower, Anna Mullins, and other Board members attended the event to welcome new members and to share information with former members about the benefits of members in Sigma Theta Tau International. Fay Bower, PhD, RN, FAAN, Past President of STTI, spoke to the group about her more than 50 years in the organization and various resources available to members seeking professional support throughout their careers.

Faculty Leadership Academy Opens Applications

Experienced nursing faculty members with at least seven years of full time teaching experience who wish to increase their leadership acumen, and develop or increase the skill sets essential to success in a faculty leadership role are encouraged to apply for the Nurse Faculty Leadership Academy sponsored by STTI. Applications will be accepted from 1 May to 1 July 2014.

The goals of this 12-month leadership development experience will help participants:

- Create a uniquely tailored leadership progression plan to build and achieve academic career success.
- Advance personal and professional leadership development.
- Expand his/her influence within his/her academic institution, community, and profession.
- And more!

If you would benefit from this academy or know someone who would, feel free to contact the Center for Excellence in Nursing Education at cene@stti.org

Left, Membership Retention Committee Chair Donna Ervin and Geri Berkvam prepare for the Member Retention Program at Holy Names College in March, 2014. Below, Nu Xi Member Retention & Welcome Event
On March 6, 2014, Jennifer Winters, PhD, RN, GNP, presented an excellent program: “The Experience of Newly Licensed Registered Nurses in Caring for Older Adults During Acute Hospitalization.” Dr. Winters interviewed a number of new nurses regarding their experiences in caring for older patients. The results were very moving as the nurses talked about the meaningful life lessons they learned from these patients as well as the professional knowledge and care needed. Dr. Winters discussed the importance of having schools of nursing provide content regarding care for older adults and several are beginning to do so.

This event was hosted by California State University East Bay at their Concord Campus. Over 50 members and students participated and enjoyed an excellent dinner during this successful event. Students, Nu Xi at Large members, along with faculty and the Deans and Chairs from Holy Names University, Samuel Merritt University, and California State University East Bay were in attendance.

The Board of Directors approved the appointment of Halley Darigan and Rachael Mondino, senior BSN students as new leadership interns for the 2014-15 academic year. Halley served as a Peace Corps Volunteer before her admission into the nursing program. Rachael has been the Director of Communication and Engagement for the Student Body Association and active in student government. Both are students at Samuel Merritt University in the BSN program, Halley at the Oakland campus and Rachael at the San Mateo campus. In exchange for their assistance with chapter activities, the students will have their annual membership dues paid for one year and will be sponsored to attend local STTI events, including the June 7 Greater Bay Area Consortium of STTI Chapters Research Day in South San Francisco. There are three additional leadership intern openings available for students in the upcoming year and applications should be made to President Susan Cantrell at scantrell@samuelmerritt.edu.

STTI LEADERSHIP CONNECTION EVENT

September 24-27, 2014 Indianapolis, Indiana
A special leadership development program for aspiring chapter and global nurse leaders.

For more Information: http://leadership.nursingsociety.org
CALIFORNIA STATE UNIVERSITY, EAST BAY

QSEN “Closing the Loop” Event

On April 18, 2014, the CSUEB Department of Nursing faculty held ‘QSEN Closing the Loop” event for faculty development. Dr. Jane Barsteine was invited as a facilitator. She presented at the annual faculty retreat last fall, 2013 at Santa Cruz. The QSEN closing the loop event was a follow up meeting from the last year’s retreat to examine the progress of our work. It was very productive and excellent for sharing resources from each faculty which enrich our teaching. (Article submitted by Maria H. Cho)

Health Promo Presentation at Allen Temple Baptist Church

On March 29, 2014, Paulina Van, RN, PhD, CNE, Professor and Chair, and Monika Eckfield, PhD, RN, Assistant Professor, from the CSUEB Department of Nursing and Health Sciences were featured as part of the Dana Alliance for Brain Initiative’s Staying Sharp forum at Allen Temple Baptist Church in Oakland, CA. Dr. Van moderated a lively panel discussion on keeping your brain healthy and cognition sharp in this half-day seminar attended by 300 community members. Panelists included Dr. Patrick Griffith, Chief of Neurology at Morehouse School of Medicine in Atlanta, Dr. Jackie Bolds, an internal medicine physician with Alameda Health Systems, Dr. Marcus Penn, founder of Self Care Reform, a health and wellness organization, and Dr. Eckfield, a geropsychiatric nurse researcher and educator. The event was sponsored by AARP and MetLife. More information on the event can be found online at http://www.dana.org/Publications/StayingSharp/ (Article contributed by Monika Eckfield)

CSUEB Students Volunteer at Homeless Connect

A team of CSUEB nursing students volunteered to provide medical services at San Francisco’s 53rd Project Homeless Connect on March 5, 2014 during their Community Health Nursing rotation. (Contributed by Geri Berkvam)

Student Nurse Association – Concord Campus

Concord campus EBSNA Board: From left to right back row: David Han, Alicia Birdsall, Tafy Diokno, Sarah Dobson, Jennifer Villareal, Alexandra Vitug, Angelica Leon. Front row LR: Larry Laurent, Nicole Laurent, Brittani Romero. Missing Tiffany Baptiste

The EBSNA Board at the Concord Campus has welcomed spring with a variety of different projects and outreach activities. This quarter, BSNA has teamed up with Contra Costa County Regional Medical Center (CCRM) in Martinez to collect new and gently used clothing for patients. As a county hospital, CCRM serves as a safety net for many of the most vulnerable patients in the East Bay. When the time for discharge from the hospital comes for these patients, some lack even the resources to provide for a simple set of clothing to leave the hospital in, and are forced to return to the street in
a flimsy hospital gown. By teaming up with CCRMC, EBSNA hopes to help patients like these leave the hospital in a more protected and dignified manner.

On April 8 in the skills lab, several Level 1 and Level 2 nursing students volunteered their time at Nursing and Health Science Day, an informational session for current high school students interested in pursuing professions in the healthcare field. Students worked with skills lab coordinators, Barbara Doss and Erik Ruhe, to give tours of the nursing classrooms and participate in live nursing simulation demonstrations. Some students also participated in an open forum where the high schoolers asked about the typical day in the life of a nursing student and the educational pathway to nursing school. To reach college students who have applied to or are interested in obtaining information about the nursing program at the Concord campus, EBSNA has created a Facebook group called “CSUEB Concord Nursing Hopefuls.” The group is open to anyone and is run by the current EBSNA Board members who willingly share advice or refer potential students to other academic advising resources.

Nicole Laurent, the Concord campus Community Relations Director is running the clothing drive for Contra Costa Regional Center. Nicole is also the CSUEB Liaison for the “Free Wheelchair Mission,” the organization the board has been working with to raise money to distribute wheelchairs in developing countries (it was mentioned in the last newsletter).

Nursing student Chelsie Gho attended an education forum titled, “Clinical Process of Donation: From Donor Management to the OR,” by the California Transplant Donor Network (CTDN) at San Francisco General Hospital on April 11, 2014. Speakers from the CTDN and SF General gave presentations, talking about the multi-step process of organ donation. The forum clarified what happens during the entire process of organ procurement. For more information about organ donors and transplants, visit www.CTDN.org for details including information about upcoming events at Memorial Medical Center, Modesto on August 22nd, 2014. (Contributed by Chelsie Gho)

HOLY NAMES UNIVERSITY

HNU Cuts Nursing Master’s Program to Two Years for RNs

A new program at Oakland’s Holy Names University will give registered nurses the opportunity to hop on the career fast track or advance their career choices in the changing world of medicine. Through the RN to MSN program, registered nurses can earn a master of science in nursing degree in as few as two years as opposed to three or more years elsewhere. The first classes began at the Oakland campus on Jan. 16.

"It is a very exciting time," said Edith Jenkins-Weinrub, program director of the RN to MSN program, which "is designed for working nurses." That is reflected in the unique course schedule. Classes meet once a month over a long weekend — Thursday to Sunday. Those living some distance from the campus can "attend" online courses and clinical experiences can be arranged closer to the homes of students.

The demand for nurses is expected to increase as the generation known as "baby boomers" age. People are living longer and

HNU Gets Top Ranking for Student Diversity

They’re exchanging high fives at Holy Names University, after learning on Oct. 11 that U.S. News & World Report has named it the most ethnically diverse college or university in the country. "As a university in Oakland, deeply committed to diversity, we are thrilled to be recognized," said President William Hynes. Holy Names received a diversity rating of 0.80, beating runner-up Chaminade University in Hawaii, which had a 0.77, and St. Peter’s University in New Jersey, which had a 0.74.

Praise for its diversity is nothing new for Holy Names, where Asians, African-Americans, Hispanics and other students of color account for 80 percent of the student population. U.S. News & World Report has named it one of the five most diverse Western regional universities many times since the rankings were established in 1998. But this is the first time it was named the most diverse campus in the whole country. Hynes said the school’s commitment to diversity stems from the day it was founded in 1868.

"The sisters who founded the school were interested in teaching the marginalized, the disadvantaged," he said. "The second thing is that we are an extended family. We think we’re children of the same God, so every student is taken on his or her own
terms. And that’s really good when you’re living in Oakland.” Though Holy Names was founded as a Catholic school, its student body is also religiously diverse.

The first step (to attracting students) was lowering the price tag by cutting undergraduate tuition in half. “We wanted to have a pricing structure that makes it possible for a student of color to come here and get a four-year education without going bankrupt,” Hynes explained. Students can also defray their remaining expenses by taking work/study jobs, often in their area of interest. But recruiting minority students is one thing; making them feel a part of the campus community is another. “Before they even set foot on campus, we meet with them and their families, so they can feel free to come here and be themselves,” Miller said. “Our job is to give them a rigorous liberal arts education, not tell them to fit in.”

The first thing incoming freshmen do on Orientation Day is make The Rite of Passage -- a ritual ascent up the 106 stairs leading from the main courtyard to the chapel as their families, faculty, administrators and staff stand on the sidelines, cheering them on. Then everybody celebrates with a big welcoming party. A week later, the school hosts a dinner for the new students and their families, followed by a convocation lunch a few weeks after that. And every Thanksgiving is the occasion of a school wide banquet for students, faculty and staff. “The attitude here is very different from ‘You’re on your own, go study, good luck, see you in four years at graduation,’” Hynes said. (Edited from Inside the Bay Area news. Article by Martin Snapp Correspondent)

Graduation Ceremonies

Commencement ceremonies for graduate students were held at Holy Names University on Friday May 16, and for undergraduate students on Saturday, May 17, 2014. Honor cords, bestowed upon students who were inducted into Sigma Theta Tau International in April were displayed proudly, reported Miki Goodwin, PhD, RN, Chair of the Nursing Department.

SMU Graduates, including grads wearing the STTI Honor Cord (left)

The University’s 2014 Commencement ceremonies were held on May 23, 2014 at the Paramount Theatre in Oakland. The ceremony for bachelors and master’s degree graduates was held at 9:30 AM and for doctoral candidates at 1:30 PM.
Faculty News

Fusae Kondo Abbott, DNSc, RN, Professor & Director, Case Management, SMU, received a Faculty Research Grant in the amount of $4,000 from the SMU Office of Academic Affairs to examine factors associated with hospital readmission in collaboration with Sutter Health Care Coordination.

Audrey Berman, PhD, RN, Dean and Professor, SMU, was elected President of the California Association of Colleges of Nursing.

Patricia Brennan, PhD, RN, Associate Professor, SMU, has been named as a member of the Sutter Health Strategy Group for Individualized Medicine. Trish has also received credentials as a certified trainer at the Joanna Briggs Institute, at the University of California San Francisco. Recently, Trish was named Visiting Research Fellow at the University of Adelaide, Australia. SMU Office of Academic Affairs awarded Dr. Brennan two Faculty Scholarship in Action Project Awards for projects titled: “Utilization of Video Chat Feedback in Student Assessment” & “Utilization of the Socratic Approach to Teaching”.


Monika Eckfield, PhD, RN, Assistant Professor of Nursing, California State University, East Bay was quoted in the April 2014 issue of Martha Stewart Living magazine, in an article titled "For the Love of Lightening Up" about the reasons why people struggle with letting go of extra belongings, a topic related to her research on hoarding disorder and geropsychiatric nursing.

Terri Gwin, EdD, RN, NP, Assistant Professor & Director, ELMS Program, SMU was awarded a Faculty Scholarship in Action Program of $500 for her project titled: "Flipping the Classroom".

Michelle Hampton, PhD, RN, Associate Professor, Interim Director of the Doctor of Nursing Practice Program, SMU, was awarded a Faculty Scholarship Action Project Award for her project titled, “Reducing Plagiarism with Turnitin,” from the Office of Academic Affairs. Michelle was also awarded a $5,000 Research Grant from the SMU Faculty Organization Research Committee for a project titled, “Thinking for a Change: A cognitive behavioral program for juvenile offenders.”

Abby Heydman, PhD, RN, Professor Emeritus, SMU, was selected to assist with training of new DPT program accreditation site visitors by the Commission on Accreditation of Physical Therapy Education (CAPTE) at a training workshop held at CAPTE headquarters in Alexandria, VA in December 2013. She has been invited to assist with training again in December 2014.

Nancy Haugen, PhD, RN, Associate Professor, & Chair, Accelerated BSN Program, was also a concurrent session moderator and a poster judge at the Western Institute for Nursing Conference in Seattle, WA, April, 2014.

Richard MacIntyre, PhD, RN, FAA, Professor, SMU, was appointed to the Sigma Theta Tau International Advisory Council on policy.

Anna Mullins, PhD, RN, President of Nu Xi at Large, was the speaker for Nurses Week on May 7 at Valley Medical Center in Pleasanton, CA. The topic of her presentation was "A Hero Lies in You". Anna has also been appointed to serve on the Institutional Review Board for Washington Hospital Medical Center and she also serves as a consultant for the Institute for Joint Replacement and Research at Washington Hospital.

Rhonda Ramirez, RN, EdD, FNP-BC, Assistant Professor & Director of the Family Nurse Practitioner Program, and Vice President-SMU of Nu Xi Chapter, has been elected President of the Faculty Organization at Samuel Merritt University for a 1 year term effective fall 2014. Rhonda has just received word of her promotion to Associate Professor, effective August 2014 at SMU.

Bobbie Richards, MA, RN, SMU Bay Area Preceptor Coordinator & Abby Heydman, PhD, RN, Professor Emeritus, SMU served on the Planning Committee, which Abby co-chaired, for the Greater Bay Area/Region 1 Consortium of Sigma Theta Tau Chapters which was held on June 7, 2014. This was the first collaborative event for Bay area STTI chapters in more than ten years.

Arlene Sargent, EdD, RN, Associate Dean, SMU, was awarded a Faculty Scholarship Action Project of $500 from the Office of Academic Affairs for her project, “Voice Over Power Point.”

Mileva Saulo Lewis, EdD, RN, has been named Professor Emeritus on her retirement from Samuel Merritt University in March. Mileva has been a faculty member at the University for 13 years. She has served in a number of capacities including Chair of the Intercollegiate BSN program with St. Mary’s College and then Chair of all Pre-licensure Programs. She was instrumental in creating the ABSN program and the current BSN program when it transitioned from the partnership with St. Mary’s College and then Chair of all Pre-licensure Programs. She created the Faculty Development position and from 2007 to 2012 served as Managing Director of the San Mateo Learning Center and oversaw the blending of the San Mateo and San Francisco sites to the current San Francisco Peninsula Learning Center in fall of 2012.

Kathryn Shade, PhD, RN, Assistant Professor, SMU School of Nursing
was awarded a Faculty Research Grant of $5,000 from the Faculty Organization Research Committee for a project titled, “Thinking for a Change: A cognitive-behavioral program for juvenile offenders.”

Gerald Thompson, MSN, RN, Assistant Professor, SMU, was awarded a Faculty Scholarship Action Project Award of $500 from the Office of Academic Affairs for his project titled “Bringing N-95 Mask Fitting to the Classroom.”

Tammy Valenta, MSN, FNP-BC, Assistant Professor, SMU, was awarded two Faculty Scholarship Action project Awards of $1,000 from the Office of Academic Affairs for two projects titled, “Improving Collaboration Between Individuals and Documenting Contributions Among Members of a Clinical Team” and “Videotaped Health Assessment”.

Karen Wolf, PhD, RN, Professor, SMU, represented the National Academies of Practice at the Institute of Medicine Forum, Innovations in Academies of Practice at the Institute of Medicine Forum, Innovations in Academies of Practice at the Institute for Professionals. Associate Professor & Chair, BSN Program, SMU. Presented at the American Association of Nurses Anesthetists Diversity Summit, May 9, 2014.

Publications & Presentations

 Fusae Kondo Abbott, DNSc, RN, Professor & Director, Case Management, SMU.


Aara Amidi-Nouri, PhD, RN, Associate Professor & Chair, BSN Program, SMU.


Audrey Berman, PhD, RN, Dean and Professor, School of Nursing, SMU.


Trish Brennan, PhD, RN, Associate Professor, Samuel Merritt University


Marc Code, MS, CRNA, DNP Student, Samuel Merritt University.


Sarah Hampson, MS, RN, & Susan Cantrell, MSN, RN, CHROB, Assistant Professors, SMU. Presentation: “Standardized Patients in Maternal-Newborn Simulation: Effects on Student Confidence”. Samuel Merritt University 2014 Spring Science Symposium, May 9, 2014.

Nancy Haugen, PhD, RN, Associate Professor & Chair, Accelerated BSN Program, SMU. Haugen, N., Landau, V., & Early, M. (2014). Aligning student and institutional learning outcomes? There’s an app for that. Poster presentation at Western Institute of Nursing Research Conference, Taking it Global: Nursing research, Practice, & Education in Nursing, Western Institute for Nursing, April, 2014, Seattle, WA.


Mileva Saulo-Lewis, EdD, RN, Professor Emeritus, SMU. Presentation: “Establishing the Essential Ethics Content: Bachelor of Science Nursing Programs: American Society of Bioethics and Humanities, Atlanta, Georgia, October 2013. & “Affordable Care Act: Gains for Patients and Nurses.” Association of California Nurse Leaders, South Bay Chapter, San Jose, CA. September 2013.

NU XI AT LARGE, SIGMA THETA TAU INTERNATIONAL
FALL PROGRAM FOR NU XI AT LARGE MEMBERS

Speaker: Jessica Jordan, RN BSN, MS, NEA-BC, CIC
Chief Nursing Officer, ValleyCare Health System

“Leadership Skills in Nursing”

NOVEMBER 12, 2014
6:00 PM
Holy Names University
Room TBA

Topic: "Evidence-Based Practice: Implementing Best Practice Guidelines in Your Organization"
<table>
<thead>
<tr>
<th>Event</th>
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<td>European Region STTI Research Conference</td>
<td>June 17-19 2014</td>
<td>Goteburg, Sweden, hosted by the Tau Omega Chapter</td>
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| 25th STTI International Nursing Research Congress | July 24-28, 2014 | Hong Kong, China  
Go to [www.nursingsociety.org](http://www.nursingsociety.org) for more info. |
| Board of Directors Retreat                | August 23, 2014       | Holy Names University Room TBA                |
| STTI Leadership Connection Part 1         | September 24-25, 2014 | Indianapolis, Indiana  
Part I Intensive chapter training sessions |
| STTI Leadership Connection Part 2         | September 26-27, 2014 | Indianapolis, Indiana  
Part II Professional leadership development for the workplace. |
| UCSF/Region 1 Research Days Event         | October 20 & 21, 2014 | TBA                                           |
| Fall Membership Meeting                   | Wednesday, November 12, 2014, 6:00 PM, Room TBA | Holy Names University  
Speaker: Jessica Jordon-Leadership |
| Induction Events (Sacramento & Concord)    | —                     | TBA                                           |
| Hall of Fame Awards Event                 | January 21, 2015 Wednesday | Samuel Merritt University |
| Annual Business & Spring Membership Meeting | March 5, 2015 Thursday | Holy Names University |
| Induction 2014                            | April 25, 2015        | TBA                                           |
Board of Directors, 2014–2015

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IS YOUR CONTACT INFORMATION UP TO DATE WITH STTI?

Please remember to call Membership Services 1-888-634-7575 to update your email address and current contact information if this has recently changed so that you will continue to get newsletters, program information, and renewal notices.

Also, do you want to serve on an STTI International Committee? Don’t forget to submit a VIPProfile on the STTI website at www.nursingsociety.org. This tool is used to select members for committees, for review of research grant applications, and to review for chapter awards.

Greco-Roman deities Asclepius, god of medicine with Hygieia, goddess of health, cleanliness, and sanitation.