On January 21, 2015, Excellence in Nursing Awards were bestowed upon five individuals and one agency honored for their contributions in various field. These awards are given every two years to members of the Nu Xi at Large community who have demonstrated excellence in nursing practice, leadership, research, service, and education. In addition, a Friend of Nursing award is given on occasion to an individual or agency which has demonstrated long standing and outstanding support for nurses and nursing education. Approximately fifty members, students, and guests attended the event which was held at Holy Names University. Those receiving honors included:

Excellence in Nursing Practice Award
- Valerie Corpuz, RN, MS, CCRN, NVRN-BC critical care nurse at Alameda Hospital, Valerie is recognized for providing outstanding clinical care in a compassionate manner to all she serves. Identified as an expert in her field, Valerie is noted to be a strong and supportive mentor to students and junior nursing staff. Valerie has served as a faculty member at Holy Names University where she also served as a Faculty Counselor for Nu Xi at Large in the early years of the Chapter. This award was presented by HNU colleague, Edith Jenkins-Weinrub, Associate Professor and Chair of the Department of Nursing at HNU.

Excellence in Nursing Practice Award
- Martha Brown, MS, RN, Peri-Operative Manager at ValleyCare Health System, is described as a “nurse’s nurse” because of her commitment to compassion and caring and the exemplary nursing care she and her staff provide. A clinical nurse leader, Martha has mentored her staff...
in evidenced-based practice, nursing research, and in preparations for her hospital to achieve Magnet Status. She also chairs the Nursing Research Committee for the Health System. The award was presented by research mentor and colleague, Anna Mullins, PhD, RN, Consultant, and Past-President of Nu Xi at Large.

Excellence in Leadership

• Rhonda Ramirez, EdD, FNP, RN, Associate Professor and Director of the FNP Program at Samuel Merritt University, Rhonda is described as an effective, reliable leader who leads in her professional and volunteer work. Serving as the Vice President for Nu Xi at Large for SMU for the past 4 years, Rhonda has taken the lead on program planning for the chapter. As the program director for the FNP program, she has overseen the expansion of the FNP program over the past two years. She leads by example as well through her volunteer work with various medical missions, including work in Panama and Myanmar. This award was presented by Arlene Sargent, EdD, RN, Associate Dean at SMU School of Nursing, and first President of Nu Xi at Large.

Excellence in Education

• Maria Cho, PhD, RN, is described as a caring and skilled educator, a first-generation college graduate who is dedicated to her students and their success. Holding an appointment as Assistant Professor at CSUEB, Maria previously taught at Samuel Merritt University. Nominators note that Dr. Cho role models effective community engagement for her students, demonstrating many ways in which they can give back to the community. Maria has also served for the past three years as a Faculty Counselor for Nu Xi at Large at CSUEB. This award was presented by Carolyn Fong, PhD, RN, Professor and former Chair of the Department of Nursing and Health Sciences at CSUEB.

Excellence in Research

• Patricia (Trish) Brennan, PhD, RN, is described as a committed scholar and educator who collaborates effectively with others in research and supports the engagement of faculty in research. Currently serving as the Chair of the SMU Faculty Research Committee, Trish guided the implementation of a new faculty research grants program designed to increase faculty engagement and productivity. Her research and scholarly interests include public policy, simulation, and genetics and genomics. Audrey Ber-
man, PhD, RN, Professor and Dean of the SMU School of Nursing presented the award to Trish who is an Associate Professor at the school. of nursing

**Friend of Nursing Award**

- The California Health Professions Foundation. Established in 1987, the Health Professions Educational Foundation is the state's only non-profit foundation statutorily created to encourage persons from underrepresented communities to become health professionals and to increase access to health providers in medically underserved areas. Supported by grants, donations, licensing fees, and special funds, HPEF provides scholarship, loan repayment and programs to students and graduates who agree to practice in California’s medically underserved communities. Housed in the Office of Statewide Health Planning and Development, HPEF’s track record of delivering health providers to areas of need has resulted in approximately 8,776 awards totaling more than $92 million to allied health, nursing, mental health and medical students and recent graduates practicing in 57 of California’s 58 counties. Funds are currently awarded to applicants enrolled in associate and baccalaureate nursing degree programs in California. This award was given by Susan Cantrell, Assistant Professor, SMU and President of Nu Xi at Large. Accepting the award on behalf of the Foundation was Charlene Almazan, Senior Program Officer.

**Stubblefield-Rowland Scholarship Award**

At the event, a special, one time $1,000 scholarship award was made to a student from one of the three affiliated schools of nursing in honor of the Stubblefield-Rowland family, members of the extended family of Past President Anna Mullins, who were killed in 2011 in an automobile accident caused by person driving under the influence of alcohol. Several very deserving students from all three schools applied for the award, which was given to Guadalupe Garcia, a BSN student at Samuel Merritt University. Guadalupe is a single parent in her last semester of school. She has maintained a strong academic record and engaged in numerous volunteer activities in spite of severe financial struggles while enrolled. Guadalupe is pictured on the left in the photo below, along with presenter Anna Mullins. Members of the Awards Committee included Abby Heydman, Bobbie Richards, Sharon Swain, Fay Bower, and Carolyn Fong.
Fall STTI Leadership Conference

Susan Cantrell, Tammy Valenta, and Maria Ronquillo (pictured below) attended the fall STTI Leadership Conference in Indianapolis in September 2014. As a financial sponsor for the event, Nu Xi was provided with the opportunity to host a display of chapter materials highlighting the successes of the Chapter. Maria Ronquillo, a new Faculty Counselor for Nu Xi at Large attended the conference and wrote the account which follows.

Making Connections in Leadership

Earlier this year I answered a request to serve as a Faculty Counselor for Nu Xi at the San Francisco Learning Center of Samuel Merritt University. I was assured that I would have help learning the ropes of the job and that I would enjoy the work.

I was shortly thereafter invited by our Chapter President to attend the Leadership Connection Conference of STTI in Indianapolis from September 24 to 27. At first I thought it was an impossibility. I had a new maternity nursing class starting up that week and I was sure I was far too busy to attend a conference. Susan was persistent and encouraged me. I decided to do it. I was apprehensive about being out of town while I had a class going on, but I went, and it was an eye-opening, motivating experience.

It was an opportunity to meet other nurse leaders, from chapters all over the world, to listen to issues faced and solutions proposed, hear them compare effective models of leadership. I listened to them describe strategies to effectively address leadership challenges, apply leadership concepts within a professional setting, and hear them analyze global leadership trends in nursing. It was all very interesting and almost overwhelming, but most of all it was inspiring.

It was an opportunity for me to listen to best practices that other chapter leaders were using to improve chapter vitality and lead others to understand the value of membership. Most of all it was an opportunity for me to understand in reality that being an active member of STTI and even more so, being a chapter leader allows me to grow in my professional leadership journey. This is something I have always believed but had a difficult time reconciling the time I would spend in active leadership or even membership.

I learned of all the ample resources that we can access, about the support that is available to chapters and members. I was able to tour the headquarters building and see the evidence of work done by chapters the world over. I met nurses from everywhere in the USA and the world, made a friend of a nurse from India, and on the whole had great fun with my colleagues from Samuel Merritt, Susan Cantrell, our chapter president and Tammy Valenta, Faculty Counselor, both from our Oakland campus.

I felt pride in Nu Xi’s Sapphire sponsorship of the attendee name badges and of Plenary Session 4: Leading in Challenging Times, and in the fact that we had an exhibitor table as well.

So what do I recommend to all our members? Look at the website. Explore and find something that attracts you. Go to http://thecircle.nursingsociety.org/nuxichapter/home, create your profile, see what is going on. Check our chapter page. If you take the time to become familiar with our organization you will see opportunities to extend your reach in nursing, to connect with others who share your interests. Perhaps you will find a new passion for nursing leadership, and many others with whom you can evolve into the best nurse you can be.

Leadership Development Program for Members Fall 2014

Jessica Jordon, MS, RN, recently retired Chief Nursing Officer at ValleyCare Medical Center was the keynote speaker for the November 12, 2015 Membership Program at Holy Names University. The title of her presentation was, “Transformational Nursing Leadership: From Direct Care Nurse to the Chief Nursing Officer: A Leadership Development Program.” Continuing education credit was provided.
to members who attended the session.

Jessica gave a very motivational and educational program on the leadership skills needed in nursing today and how every nurse, no matter their role, could utilize them. She described the aspects of both transformational and transactional leadership and how they can be recognized as well as developed in everyday nursing practice. Relating her own “grass roots” experiences and how she had worked her way up from staff nurse to a nursing executive, Jessica described the valuable lessons she learned along the way. She asked everyone in the room to think of a leader who had made a difference in their lives, how they had done so, and what traits/qualities that leader possessed. One message that everyone left with was that every nurse is a leader; we just each have to develop that potential, stay true to ourselves, and know that each of us possess unique gifts and talents.

After the meeting, students and staff nurses alike thanked Jessica for helping them better understand leadership in healthcare and that what they work for is within their reach. (Submitted by A. Mullins)

Medical Missions Program Fall 2014

Medical Mission Panel Discussion and the Trip it Inspired

On September 20th, the STTI Nu Xi at Large Chapter and Samuel Merritt University hosted a six-member panel discussion on Medical Missions in SMU’s Bechtel room on the Oakland campus. The speakers included SMU student and faculty, Chris Ayeko - FNP’s, Sharon Gorman – PT, DPTSc, Rhonda Ramirez - EdD, FNP-BC, Valerie Dzubur - EdD APRN FNP-C, and Graciela Lopez Cox - MSN, RN and from California Care Force, Daniel Nam, DDS. Each presenter spoke passionately about the great work they have done in California and abroad for communities with limited or no access to healthcare. Slide presentations showed missions to Panama, Ghana, South East Asia, and California Care Force Clinics in Coachella, CA. There was a question and answer period that followed where issues of “band-aid medicine” and proper qualifications for providers were discussed. The program was well received and appreciation for Nu Xi’s leadership was expressed.

Personally, I was inspired! While I had always wanted to participate on a medical mission, after the panel discussion, I was all in. Valerie Dzubur was taking a group of NP students back to SE Asia in January, a trip she had made many times before, and I decided this was an opportunity I could not afford to miss. Six SMU NP students and a companion traveled with Dr. Dzubur to Northern Thailand, crossing the border into Myanmar at Mae Sai where we were picked up and transported to a government sponsored Monastery which housed orphan boys aged 6-14.

We were warmly greeted by the monks, children, and “staff” and shown very kind and generous hospitality before we held our “clinic.” All we really could do in the few hours we were with them was to triage the 60 plus boys (and about 25 girls who came in for schooling) and provide rudimentary treatment for the rampant fungal infections on their skin and heads, horrific dental decay, and minor abscesses. I identified a few heart abnormalities including PVCs and murmurs, an asthmatic wheeze, and a goiter. These were referred to a local pediatrician for follow up and a very long list of children were recommended for dental visits, apparently available free of charge. We handed out toothbrushes, toothpaste, first-aid kits, antifungal cream, and oil of clove for toothaches, as well as bandages and vitamins. The children were well behaved and lovely, smiling after they overcame their fear of being seen by a foreign practitioner.

We were in an open courtyard and the kids were bundled up in layers fit for a NY winter despite it being only in the 60s. While this encounter may have done little for them medically, Dr. Dzubur assured us that just our giving them these small ministrations and the care of a practitioner was important. After providing a quick exam, listening to heart and lungs, and examining their mouths, each went off to play and shouts of joy echoed across the yard.

We were treated to a delicious lunch prepared for us while we were in the clinic which we shared with our women guides before we departed. Travel often being unpredictable, there was a little excitement as one of the vehicles in our caravan was detained at a drug check point where their passports were confiscated for about 45 minutes, but all’s well that ends well -- and this day of service ended well indeed. With the sun low in the sky, we walked back across the border from Myanmar to Mae Sai, Thailand, leaving behind these children who will forever live in our hearts. (Submitted by Yardana Gill, RN, PHN, FNPs, Nu Xi at Large Member and Leadership Intern)
Nu Xi at Large Supports Flu Vaccine Clinic for the Homeless

As part of its effort to support the broad mission of STTI, Nu Xi at Large contributed $250 for the acquisition of medical supplies for a Flu Vaccine Clinic in Marina Bay-Richmond on Thanksgiving Day, 2014. Led by Denise Scholz, RN, BSN, former webmaster at Nu Xi, assisted by Marie Brantz, student from SMU and other Nu Xi and Alpha Eta nurse volunteers provided the free flu vaccine to homeless and at-risk veterans bused in from around the Bay area and other low income local residents who visited Salute e Vita Ristorante in Marina Bay, Richmond. The owner of the restaurant has provided a sit-down, formal Thanksgiving dinner to homeless families for the past four years and other services such as the Vaccine Clinic have been set up for the past two years to provide additional health support for participants. "The day was a success with an approximate 12% increase in flu vaccinations over the previous year" said Denise Scholz (NuXi) who was on the ground floor helping to plan the flu clinic the first year, and who was responsible for coordinating the volunteer nurses this year.

Nu Xi Scholarships Awarded

Six students received scholarship awards of $500 from Nu Xi at Large this fall. Three were featured in the Fall newsletter. The other three students include two CSUEB students and one additional Holy Names University student.

Valeria Wuest is a level 3 student at CSUEB’s Hayward campus nursing program. She writes, "I will be graduating at the end of the winter quarter and plan to travel to Peru to visit family as well as volunteer at a clinic near my family’s home for a month. It’ll be an exciting time for me, preparing for the NCLEX then applying for new grad jobs, hiking and playing soccer of course. At a very young age of 21, there is still so much I want to do and learn, so getting my Master’s degree will definitely be the next step at some point. I’ve been researching on potentially mastering in health informatics or public administration. They are two very different programs but nonetheless very interesting to me. I want to start off working on a medical-surgical floor for the experience, but also because some of my best memories in my clinicals have been with the geriatric population. Again, I am very thankful for what this scholarship provided me in being able to continue my education with a little less stress on my plate."

The second scholarship awardee is Chris Mak, a student whose journey into nursing is remarkable. He is a first generation American whose parents escaped the “Cambodian genocide”, finding protection in the Thailand refugee camps and ultimately immigrating to San Francisco in 1985. His parents’ hard work and sacrifice allowed Chris to pursue the American dream.

After high school, Chris joined the Navy in 2003. He served 6 years of active duty service and in 2009, he became a reservist and enrolled in school full time. From the onset, he used the skills that he learned in the Navy and applied it in school. He studied with same “attention-to-detail” that he used while fixing fighter jets in the Navy. With this meticulous approach, he now has a 3.77 GPA.

Chris is a father of two boys, ages 6 and 4. He is married and currently expecting another son in November. As a recipient of the Nu Xi at Large Chapter of Sigma Theta Tau International scholarship, Chris plans on continuing his involvement through the leadership intern program. Chris is particularly interested in the health disparity problem that plagues the health care system. He is passionate about providing care to the underserved population here in the Bay Area.

Joy Sheppard, BSN, RN, has been a nurse for 8 years and is currently enrolled in the Family Nurse Practitioner program at Holy Names University. She writes, “My mother, Ratima Chintanaroad, has been a Registered Nurse for over 30 years and I am honored to follow her footsteps in empowering patients. I would like to provide primary care in San Francisco, the city where I was born and raised. I am grateful and dedicated to make a larger impact in my community by preventing disease and fostering long term health. I am blessed to have found my calling and absolutely love what I do each day.”

Nu Xi Global Partnership in Development

Michelle Tellez, Faculty Counselor at CSUEB has been in discussion with Angelita Maria Stabile, the President at the Rho Upsilon Chapter in Ribeirao Preto, Brazil, to explore ways in which Nu Xi at Large might collaborate in activities to engage members in both chapters. The Chapter is housed at the University of the State of Sao Paulo (USP) in Ribeirao Preto. A proposal to have Dr.Tellez present a series of workshops at the University in Brazil is being explored.
HOLY NAMES UNIVERSITY

Nursing Symposium 2015

“Evolutions in Health Care: A Nurses Perspective” was the title for the Nursing Symposium held on February 7, 2015, 7:30AM-4:30 PM, Holy Names University. The Keynote Address was given by Marilyn King, a two time Olympian in the Five Event Pentathlon. The program featured the following speakers on topics ranging from the Future of Nursing, Healthcare Innovation, to Informatics and Technology in Nursing Practice. Speakers included Edith Jenkins-Weinrub, Chair of the Department of Nursing; Chris McCarthy, Director of the Innovation Learning Network-Kaiser Permanente; Pamela Stanley, Adjunct Faculty in the Simulation Lab; Jill Noonan, Donation Services Liaison, California Transplant Donor Network; Susan Hull, CEO Wellspring Consulting; Rayne Soriana, Instructor in Informatics-UC Davis Extension; Michelle Williams, Director of HNU Simulation & Informatics; and Lindsay Shanks, Adjunct Faculty, Simulation Lab.

Information Session to Be Held

An Information Session on HNU Graduate and Degree Completion programs will be held on February 26, 2015, 6:00-7:30 p.m. For more information and registration for this event go to the HNU website.

New Assistant Director Named

Jennifer Winters, PhD, RN, has been named Assistant Director of LVN to BSN program at Holy Names University. Jennifer has been teaching at the University for the past few years and is a past program presenter for Nu Xi at Large.

Kinzi Richholt, MSN, RN, a Holy Names BSN alumnus, has been named the Chief Nurse Executive at Alameda County Health System. A veteran of Bay Area Healthcare with more than 25 years of experience, Richholt joined AHU in February 2014 as the interim CNE and will continue overseeing nursing services and operations throughout the network. She has served as consultant for Kaiser Permanente Medical Center in Antioch and as chief of system operations and management support services at Washington Hospital Healthcare System in Fremont. She holds an MSN from the University of California San Francisco.

CSU EAST BAY

RN-BSN Program Receives Recognition

California State University-East Bay’s RN-to-BSN Bridge Program is named as one of the nation’s best hybrid online and campus-based classroom experiences by RNtoBSN.org whose mission is to connect current and prospective nurses with the resources needed to pursue and obtain their BSN. Over 700 RN-to-BSN programs in the U.S were reviewed and a list developed based on data from a wide range of sources, including IPEDs, institution websites, and state nursing boards. Factors considered were accreditation, commitment to online education, academic and career counseling services, and academic quality. California State University-East Bay’s program demonstrated excellence in all areas. (Submitted by Geri Berkvam, MSN, RN, FNP, PHN)

CSU Students Volunteer at MedShare

A group of ten CSUEB nursing students volunteered at MedShare in San Leandro on Wednesday, November 26, 2014 during their Hayward Promise Neighborhood Community Health Nursing clinical rotation. They sorted and packaged over 50 boxes of surplus medical supplies to be distributed to hospitals and clinics around the world in the coming months. (Submitted by Claire Valderama-Wallace)

Resume Writing Workshops Offered

Faculty who are members of Nu Xi at Large held two workshops on the CSUEB Concord campus this fall. Thirty students attended a resume writing workshop on October 21, 2014. Ten participants also attended a networking workshop held on
Nursing Students at CSUEB—Concord

November 4. Students at both workshops received an orientation to Sigma Theta Tau International Nursing Honor Society. The workshop in October was presented by staff from the Department of Academic Services. Nu Xi at Large provided financial support for pizza, drinks, and dessert for the events.

CSUEB Student Nurses Assoc.—Hayward

We started off the academic year by hosting two separate Red Cross blood drives on campus and another drive is planned for February 5th. We sent a group of students to Anthony Ochoa Middle School in Hayward, California to speak to students about the nursing profession and try to interest them in a career in nursing. On February 28th, nursing students will be volunteering for Lava Mae Mobile Showers for the Homeless. Lava Mae is an organization based in San Francisco that aims to deliver dignity and increase sanitation amongst the homeless population by giving them access to basic services that many of us take for granted. Students will be helping with both administrative duties and direct care of those that will be served that day. We also held a workshop on January 29th for the Class of 2017 students to help them with the writing and formatting of their care plans (something many first year students find intimidating). Lastly, the EBSNA is planning the Pinning Ceremony for the graduating class of 2015. The EBSNA is excited and proud to send off senior classmates, who have achieved so much in their time in the program! (Submitted by Alexander Reo, SN, Vice President, EBSNA-CSUEB.)

CSUEB Student Nurses Assoc.—Concord

The Concord East Bay Student’s Nursing Association (EBSNA) serves our community of student nurses and organizes opportunities throughout the year for students to give back to their communities. In April, nursing program staff, EBSNA members, and other nursing students have the opportunity to participate in California CareForce Coachella Valley Expedition 2015. California CareForce provides free health, dental, and vision care services during multi-day clinics for the public. Volunteers will help provide health screening and event support services for thousands of patients during the three-day event.

In January, EBSNA Concord helped organize a Spaghetti Feed fundraiser for Healing Waters Wilderness Adventures, an organization that provides wilderness adventures that “empower, inspire and enrich the lives of people with HIV/AIDS.” Proceeds from ticket sales and a companion online donation drive were intended to help purchase a new boat for Healing Waters.

In December 2014, EBSNA organized a food drive for Monument Crisis Center, an organization that provides nutritious food, education, general assistance, and referrals to low-income families and individuals in Contra Costa County.

In October 2014, several EBSNA members ran in the San Francisco Nike Women’s half marathon, which benefits the Leukemia & Lymphoma Society. They fund leukemia and lymphoma cancer research, provide free information, and support services. (Article contributed by Donna Zeller, Communications Director, EBSNA, Concord & Sophie Ewald, Secretary, EBSNA, Concord)

Over the summer the 2014-2015 EBSNA board along with the Class of 2015 hosted the incoming level 1 nursing student orientation. During the orientation the new students were greeted by level 2 students, Level 1 faculty, staff from Hayward and Concord and special guest speaker Dr. Lindsay McCrea the Nursing Program Assistant Director. Students were introduced to the Sim lab, level 1 program, and were given an overview of their upper division requirements. One level 1 student said “I just wanted to say a big "thank you" to you and the rest of the Level 2 Students for putting on such a wonderful orientation day! Not only did I make a bunch of new friends and get my questions answered, I had fun. I’ve never felt so welcome and celebrated as a student!!! Thank you, and good luck this year!!!!” (Additional Concord Campus News written by Angelina Leon, President, East Bay Student Nurses Association, Concord Campus)

SAMUEL MERRITT UNIVERSITY

SMU School of Nursing Honored

At a luncheon in San Francisco on Wednesday, Oct. 1, 2014, the California State Senate honored students and faculty from Samuel Merritt University’s School of Nursing for their work with the city’s homeless. In partnership with Episcopal Community Services, SMU nursing students have provided free healthcare services to the city’s formerly homeless and low-income residents for the past decade. At the Awards Luncheon, held at the historic Julia Morgan Ballroom, state Sen. Mark Leno (D-San Francisco) presented an official Certificate of Recognition from the Senate to Dr. Joan Bard, associate professor at SMU (Pictured top of next page).
The recognition honored SMU’s 10-year relationship with ECS, a San Francisco non-profit that provides social services and temporary housing for the city’s formerly homeless population. Since 2005, nearly 600 SMU students who’ve enrolled in the Community Health Nursing course have volunteered at ECS sites to provide healthcare ECS clients.

The work with the underserved population is an integral lesson in compassion for many SMU students, said assistant professor Miriam Eisenhart, who co-founded the program.

Bard, who was joined at the luncheon by 10 SMU students who currently volunteer at ECS, said the nursing students will not soon forget their experiences and lessons learned.

(Article adapted from SMU News).

New MSN Online Program to Begin

In May, SMU’s School of Nursing will launch a new online degree program for family nurse practitioners which now ranks among the fastest-growing professions in the U.S. healthcare system. Students can earn a graduate degree in 20 months through online courses developed and taught by FNP faculty. Students will fulfill the required clinical hours at SMU-approved facilities in their home states. This program has been approved by the Western Association of Schools and Colleges and joins Georgetown University and other distinguished higher-education institutions that now provide graduate degrees for FNP’s online. This program has been developed in collaboration with experts in instructional design for online teaching and learning and utilizes state-of-the-art technology that makes the digital classroom just as invigorating as the experience inside an SMU classroom on campus. The first cohort of students will begin classes on May 4th and admissions will occur three times per year at the start of each semester. For additional information contact, Dr. Arlene Sargent at asargent@samuelmerritt.edu.

SMU Faculty attend Institute

A group of SMU faculty, Dr. Richard MacIntyre, Dr. Leni Kaku, Dr. Kate Shade, Dr. Paulina Van and Bobbie Richards attended the Jean Watson International Caritas Consortium sponsored by the Watson Caring Science Institute held in Dearborn, Michigan, October 23-24, 2014. Since some of the SON’s clinical partners have embraced Caring Science, its philosophies, theories and practices it was felt that the SMU faculty need exposure and education surrounding the Caring Science Institute and International Caritas Consortium.

The SMU attendees participated in several of the Caritas processes over the 2 days - meditation, chiming for quiet time, use of a singing bowl for focused concentration, along with exposure to some of the caring/healing modalities espoused by Jean Watson’s Caring Science Institute.

Nursing Faculty Member Wins Award

Karen Preston, assistant professor in the School of Nursing, received a Lifetime Achievement Award from an international group that recognized her work as a life care planner who specializes in treating patients who’ve suffered catastrophic incidents. Preston teaches at SMU’s Sacramento learning center in the master’s Case Management program, where she recently celebrated her tenth year as a faculty member. In October, the International Association of Rehabilitation Professionals and Foundation for Life Care Planning Research honored Preston as “an individual who has contributed significantly to the body of literature in life care planning.”

Preston said as a nurse in the late 1970s and early 80s, she began to work in clini-
Graduate students, faculty and members are encouraged to apply.

Up to $2,500 available for research grants for Nu Xi at Large members.

Applications may be submitted at any time. Please contact Dr. Anna Mullins, Chair, Research Committee, for more information: amullins29@comcast.net

Daisy Faculty Awards

Three nursing faculty received Daisy Faculty Awards for their commitment to teaching and inspirational influence on students in September 2014. Dr. Terry Deane, Dr. Jennifer McAdam, and Dr. Paul Smith were honored with the Awards in September 2014. The DAISY Foundation, as part of its service to the nursing profession’s role in patient care, established the DAISY Faculty Award to provide colleges/schools of nursing a national recognition program that they may use to demonstrate appreciation to nursing faculty. The DAISY Foundation hopes that this program will contribute to faculty retention by generating a more positive work environment for nursing faculty members and will encourage nursing faculty to continue teaching.

Nu Xi at Large/STTI Members from the Sacramento Regional Educational Center sponsored a Socks for Homeless drive to collect socks and donate them to an organization whose philosophy is to feed the hungry, shelter and cloth the homeless. Sacramento Loaves & Fishes provides an oasis of welcome, safety, and cleanliness for homeless men, women and children seeking survival services. The sock drive was held in November and December and the socks will be delivered to the Sacramento Loaves and Fishes organization the first week in February 2015.

Award winner Karen Preston

Cal rehabilitation with patients who’d suffered severe brain and spine injuries. She soon noticed the team of healthcare professionals dedicated to each patient was not always on the same page for treatment – a dilemma she set out to fix. “The concept of working as a team appealed to me,” Preston said. “Case management felt like the right place to help patients by connecting professionals, and acting as the guide for the patient through the healthcare field.”

Since July 1992, aside from teaching, Preston also has served as the senior nurse consultant with RNS HealthCare Consultants, Inc. in Sacramento. The firm specializes in case management in life care planning services, specializing in occupational and non-occupational head injury, spinal cord injury, catastrophic injury and disease, neurological, and orthopedic disorders. (Article adapted from SMU News)
**Monika Eckfield, PhD, RN,** Assistant Professor of Nursing, Department of Nursing and Health Sciences California State University, East Bay presented a workshop on November 7, 2014, titled “How to be an Effective De-clutter Coach” with colleague, Dr. Joanne Chan, a clinical psychologist as a part of the 16th Annual International Conference on Hoarding and Cluttering. The International Conference is sponsored by the Mental Health Association of San Francisco and is the largest annual forum for individuals, service providers, housing providers, and researchers interested in addressing hoarding disorder.

**Abby Heydman, PhD, RN,** Professor Emeritus, Samuel Merritt University, served on the team for training new accreditation site visitors for the Commission for Accreditation of Physical Therapy Education in Alexandria, Virginia in December 2014.

**Edith Jenkins-Weinrub, EdD, RN,** Associate Professor & Chair of the Department of Nursing, Holy Names University, will receive a Lifetime Achievement Award on February 20, 2015 from the Bay Area Black Nurses Association, at the University of San Francisco.

**Lindsay McCrea, PhD, RN, FNP-BC, CWOCN,** Professor, California State University East Bay Department of Nursing and Health Sciences, has stepped down as the Assistant Director of the CSUEB Nursing Program. She has been appointed as the Provost as Associate Director of the CSUEB Semester Conversion Initiative, a full time appointment. Semester Conversion implementation is scheduled to launch Fall 2018.

**Pamela Minerik, PhD, RN,** Professor, Samuel Merritt University, was one of three speakers at the UCSF-Alpha Eta Chapter Leadership Program speaking on nursing leadership and workplace incivility and lateral violence (1.75 CEUs).

The event was held February 3, 2015, from 4:30-7:00:PM at the UCSF Parnassus campus.

**Rachaell Mondino, RN, BSN,** has accepted a position at Children’s Hospital Oakland. Rachaell, a Samuel Merritt School of Nursing Graduate, is one of the 2014-15 Leadership Interns for Nu Xi at Large.

**Denise Scholz, RN, BSN,** Graduate Student, UCSF, was one of six students accepted into a special program facilitated through the VA called EdPACT which stands for, Education in Patient Aligned Care Teams. This is a specialty program open to primary care nurse practitioner students at UCSF. Each NP student is paired with 2 medical students, and they are precepted by both an NP and a Medical preceptor and have the support of an RN and LVN as part of the team. Additionally they will have the opportunity to collaborate with Pharmacy, Psychiatry, PT/OT, etc., when developing care plans for patients. Denise has been placed at Ft. Miley in San Francisco in the Primary Care Clinic and will spend not only her primary care hours there from July until May of 2016, but will also complete additional specialty rotations concurrently at the VA as well. At completion, Denise will have the opportunity to apply for the VA Residency program at graduation.

**Kate Shade, PhD, RN,** Assistant Professor, SMU, was recognized with as a 2014 Scott Beamer Community Service Fund awardee by Samuel Merritt University for her work and service to the adolescents in the juvenile justice system. She is currently working on two projects to evaluate the effectiveness of an evolving cognitive-behavioral treatment program for both male and female adolescents to prevent recidivism after release. She is a mentor to students and regularly involves them in her projects as research assistants. Her collective efforts with students and youth encourage the next generation of scholars to be actively involved in community service.

**Michelle Tellez, PhD, RN,** Associate Professor & Level I Coordinator, CSUEB, is serving as the Assistant Director for the Concord Campus for the Winter and Spring terms. Michelle has been granted a two year personal leave of absence to work on a lifelong dream of writing a young adult novel.

**Member Publications & Presentations**

**Audrey Berman, PhD, RN,** Dean, Samuel Merritt U. School of Nursing


**Robert Durham, PhD, RN,** Professor & **Lynn Van Hofwegen, DNP, RN,** Professor, California State University, East Bay, & Megan E. Levy, RN, BSN, Perinatal Staff Nurse, Alta Bates Medical Center

Mikki Goodwin, PhD, RN, former Chair, & Edith Jenkins-Weinrub, EdD, RN, Associate Professor & Chair, HNU Department of Nursing


Nancy Haugen, PhD, RN, Associate Dean, Samuel Merritt School of Nursing


Michelle Tellez, PhD, RN, Associate Professor, CSUEB


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**NU XI AT LARGE INDUCTION**

**April 25, 2015-Saturday -10:00 AM**

**For students from Holy Names University & Samuel Merritt University**

Members and Guests are welcome to attend.

Samuel Merritt University, Health Education Center, Bechtel Room 450 Hawthorne Avenue, Oakland, CA

Parking available in the Hawthorne Avenue Parking Lot

RSVP: scantrell@samuelmerritt.edu
<table>
<thead>
<tr>
<th>Event</th>
<th>Date</th>
<th>Location</th>
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<tbody>
<tr>
<td>STTI Board Leadership Institute</td>
<td>March 8-10, 2015</td>
<td>Indianapolis, IN.</td>
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<tr>
<td>Nu Xi Annual 2015 Business &amp; Spring Membership Meeting Piyush Srivastava, MD, Oncologist, Kaiser Permanente Walnut Creek Topic: &quot;Palliative Care.&quot;</td>
<td>Thursday, March 12, 2015 6:00 PM</td>
<td>CSUEB Concord, Campus Union Bldg, Redwood Room 4700 Ygnacio Valley Rd, Concord, CA 94521</td>
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<tr>
<td>Induction SMU/HNU 2015</td>
<td>April 25, 2015</td>
<td>Oakland / Location TBA</td>
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<tr>
<td>26th Annual STTI International Nursing Research Congress</td>
<td>July 24-28, 2015</td>
<td>San Juan Puerto Rico</td>
</tr>
<tr>
<td>Nu Xi at Large Board Retreat</td>
<td>September 12, 2015</td>
<td>9:00-4:00 PM Location TBA</td>
</tr>
<tr>
<td>Region 1 &amp; UCSF Center for Nursing Research Days Event</td>
<td>October, 2015 Date TBA</td>
<td>South San Francisco Convention Center</td>
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<tr>
<td>Region 1 Pre-Convention Workshop New Roles for Nurses in a Changing Health Care System)</td>
<td>November 6, 2015 (Dr.Joanne Spetz Keynote Speaker)</td>
<td>Aria Resort &amp; Casino Las Vegas, Nevada</td>
</tr>
<tr>
<td>Nu Xi Fall Program Meeting</td>
<td>November 15, 2015 6:00 PM</td>
<td>Holy Names University Room TBA</td>
</tr>
</tbody>
</table>
Spring 2015 Annual Business & Program Meeting
Nu Xi at Large Chapter

March 12, 2015 at 6:00 PM

Redwood Room in the Campus Union Building
California State University East Bay - Concord Campus
4700 Ygnacio Valley Rd, Concord, CA 94521

Guest speaker, Piyush Srivastava, MD, Oncologist at Kaiser Permanente Walnut Creek as he discusses Palliative Care

Food & drink will be provided gratis with RSVP response by March 1st.
Please direct questions & RSVP’s Dana Gill at yardana.gill@gmail.com
Faculty members bringing a group of students are asked to please notify us with numbers so food can be ordered.

Parking is available in the Student Lots (tickets may be issued without payment)
Pay with cash or credit card. $2 per hour at pay stations located in the lots.

Need a map? Access the CSU East Bay Campus Map at this site
EDUCATIONAL TRAVEL EXPERIENCE DESIGNED ESPECIALLY FOR SIGMA THETA TAU: REGION ONE MEMBERS

Discovering Beautiful Barcelona 00123-15
May 24–June 1, 2015

ITINERARY OVERVIEW

• DAY 1 DEPARTURE FROM SAN FRANCISCO
• DAY 2 ARRIVE BARCELONA (7 NIGHTS)
• DAY 3 NURSING VISIT & BARCELONA (THE MODERNISTA PERIOD)
• DAY 4 NURSING VISIT & VOLUNTEERING
• DAY 5 DAY TRIP TO MONTSERRAT (TRANQUILITY IN THE MOUNTAINS -CATALONIA)
• DAY 6 NURSING VISIT & BARCELONA (THE MAGIC OF MONTJUIC)
• DAY 7 NURSING VISITS & MEDICAL ACTIVITY
• DAY 8 BARCELONA (MIRO & FREE TIME)
• DAY 9 DEPARTURE FROM BARCELONA

For information, contact Region 1 Coordinator Juli Maxworthy (withmax @comcast.net) or Worldstrides International Discovery Programs 1-800-522-2398
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- Abby Heydman, Governance Committee Chair (2015)
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- Abby Heydman, Newsletter Editor
  heydmanabfr@msn.com
- Bobbie Richards, Assistant Newsletter Editor
  (appointed)
  rrichards@samuelmerritt.edu
- Anna Mullins, Research Committee (appointed)
  amullins29@comcast.net
- Fay Bower, Mentoring Committee Chair (appointed)
  fbower1@sbcglobal.net
- Leadership Interns
  - Rachael Mondino
  - Halley Darrigan
  - Yardana (Dana) Gill
  - Letitia Reynosa
  - Chris Mak

IS YOUR CONTACT INFORMATION UP TO DATE WITH STTI?

Please remember to call Membership Services 1-888-634-7575 to update your email address and current contact information if this has recently changed so that you will continue to get newsletters, program information, and renewal notices.

Also, do you want to serve on an STTI International Committee? Don’t forget to submit a VIProfile on the STTI website at www.nursingsociety.org. This tool is used to select members for committees, for review of research grant applications, and to review for chapter awards.