Sponsored for the Oakland community by Allen Temple Baptist Church and Samuel Merritt University

CLF COMMUNITY LEARNING FORUM

Sponsored for the Oakland community by Allen Temple Baptist Church and Samuel Merritt University
The Community Learning Forum (CLF) is a series of health education seminars intended to enhance public awareness of primary health matters in the local community. The CLF is a partnership between the Allen Temple Baptist Church and Samuel Merritt University. Each seminar focuses on a specific health-related topic (e.g., diabetes, osteoporosis, or cancer) and is taught by SMU faculty with expertise in these areas. The objective of each seminar is to introduce participants to the fundamental concepts that underlie a primary health issue. The goal is to empower community members to better understand how these issues impact their lives and their community.

The CLF series was founded and developed by faculty members Richard Rocco, PhD, and Christina Lewis, PhD, in 2011. Dr. Rocco is an Associate Professor in the Basic Sciences department and teaches pharmacology at SMU. Christina Lewis, PhD, is an Assistant Professor in the Basic Sciences department and teaches anatomy, physiology, and pathophysiology.
2013–2014 PROGRAM SCHEDULE

ALLEN TEMPLE ARMS

URINARY/RENAL DISORDERS AND DRUGS
October 10, 2013
1:00 p.m.–2:00 p.m.
Christina Lewis, PhD
Richard Rocco, PhD

SARCOPENIA & FRAILTY
October 24, 2013
10:30 a.m.–11:30 a.m.
Karen Wolf, PhD

NEUROANTOMY 101: WHAT YOU SHOULD KNOW ABOUT YOUR BRAIN HEALTH
November 20, 2013
10:30 a.m.–11:30 a.m.
Barb Puder, PhD

END OF LIFE ISSUES
January 30, 2014
10:30 a.m.–11:30 a.m.
Joan Bard, DEd, RN

CANCER FACTS FOR PEOPLE OVER 50
February 27, 2014
10:30 a.m.–11:30 a.m.
Christina Lewis, PhD
Richard Rocco, PhD

FALL PREVENTION
March 27, 2014
10:30 a.m.–11:30 a.m.
Ciara Cox, PhD, OTL

TALKING WITH YOUR DOCTOR: A GUIDE FOR OLDER PEOPLE
April 24, 2014
10:30 a.m.–11:30 a.m.
Marjorie Hammer, MSN, FNP

EVERYTHING YOU EVER WANTED TO KNOW ABOUT ANESTHESIA, BUT WERE AFRAID TO ASK
May 15, 2014
10:30 a.m.–11:30 a.m.
Marc Code, MSN, CRNA

ALLEN TEMPLE BAPTIST CHURCH

NEUROANTOMY 101: WHAT YOU SHOULD KNOW ABOUT YOUR BRAIN HEALTH
October 17, 2013
10:30 a.m.–11:30 a.m.
Barb Puder, PhD

SARCOPENIA & FRAILTY
November 14, 2013
10:30 a.m.–11:30 a.m.
Karen Wolf, PhD

END OF LIFE ISSUES
January 9, 2014
10:30 a.m.–11:30 a.m.
Joan Bard, DEd, RN

CANCER FACTS FOR PEOPLE OVER 50
February 6, 2014
10:30 a.m.–11:30 a.m.
Christina Lewis, PhD
Richard Rocco, PhD

FALL PREVENTION
March 6, 2014
10:30 a.m.–11:30 a.m.
Ciara Cox, PhD, OTL

TALKING WITH YOUR DOCTOR: A GUIDE FOR OLDER PEOPLE
April 3, 2014
10:30 a.m.–11:30 a.m.
Marjorie Hammer, MSN, FNP

EVERYTHING YOU EVER WANTED TO KNOW ABOUT ANESTHESIA, BUT WERE AFRAID TO ASK
May 1, 2014
10:30 a.m.–11:30 a.m.
Marc Code, MSN, CRNA
Samuel Merritt University, located in Oakland, California, has been educating health science practitioners who are committed to making a positive difference in diverse communities since 1909. Nearly 1,400 students are enrolled at SMU, with campuses in Oakland, Sacramento, and San Mateo. The University offers an undergraduate degree in nursing; master’s degrees in nursing, occupational therapy, and physician assistant; and doctoral degrees in nursing, physical therapy, and podiatric medicine. For more information visit www.samuelmerritt.edu.
Richard M. Rocco, PhD is a faculty member in the Basic Sciences Department at Samuel Merritt University. Dr. Rocco teaches pharmacology in various programs. His research interests include the pathophysiological basis of the complications of diabetes. He also works on developing low-cost battery-operated laboratory instrumentation that has been used by Samuel Merritt University faculty and students on their medical missions to remote clinics in developing countries.

Christina C. Lewis, PhD is an Assistant Professor in the Basic Sciences Department at Samuel Merritt University. She teaches Gross Anatomy, Physiology, and Pathophysiology courses in the Nurse Anesthesia, Occupational Therapy, and Physician Assistant programs. Her academic interests include pulmonary physiology, pathophysiology, genetic and genomic studies of disease, and asthma. Her research interest is asthma and she is currently researching the role of the airway epithelium in mediating asthma pathogenesis.

Barb Puder, PhD is an Associate Professor in the Basic Sciences Department, where she teaches medical neuroscience courses to students in various programs. In addition to teaching, she has developed neuroscience community outreach programs designed for grades K-12 and the community entitled Get to Know Your Brain!. These programs introduce the brain and its functions. For more information regarding the neuroscience outreach programs, please visit the Brain Awareness webpage: http://www.samuelmerritt/basic_sciences/brain_awareness

Marc Code, MSN, CRNA is an Assistant Professor and the Director of the Program of Nurse Anesthesia. He is passionate about nursing education and the delivery of anesthesia by Certified Registered Nurse Anesthetists. He teaches Basic Principles of Anesthesia and sits on the Anesthesia Program’s Oral Exam Committee, Admissions Committee, and Core Simulation Team. He has a special interest in the use of simulation-based programs in the Program of Nurse Anesthesia curriculum.

Karen Anne Wolf, PhD, ANP-BC, DFNAP is a Professor and faculty development coordinator in the School of Nursing. She is a nurse practitioner and has lectured and written about issues of elder health, health care policy, nursing history and trends. She served as the Director of Health & Wellness at the Cambridge Senior Center in Massachusetts for over ten years. She is a distinguished fellow in the National Academies of Practice.

Marjorie Hammer, MSN, FNP is a Family Nurse Practitioner (FNP) and Psychiatric Mental Health Nurse Practitioner. She was a nurse and FNP at Oakland Children’s Hospital and Research Center for 20 years, primarily in pediatric hematology, oncology and HIV, specializing in individuals and families living with sickle cell anemia. She is particularly interested in the mental health of children and families, including those dealing with chronic or life threatening illness.
About

ALLEN TEMPLE BAPTIST CHURCH

Allen Temple Baptist Church was organized in 1919 and now has a congregation of 5,000 members. The church is affiliated with both the American Baptist Churches USA and the Progressive National Baptist Convention, Inc. Allen Temple is led by J. Alfred Smith Jr., Assistant Pastor Jacqueline Thompson, and Pastor Emeritus J. Alfred Smith Sr. It is located at 8501 International Boulevard in Oakland, California.

For more information, go to: www.allen-temple.org.

The Allen Temple Arms retirement community is a 128-unit property in Oakland, California, designed to meet the needs of seniors in need of affordable housing in the community. Developed by Allen Temple Development Corporation and managed by American Baptist Homes of the West (ABHOW), Allen Temple Arms was completed in 1988.

For more information, go to: www.allentemplearms.com.
ALLEN TEMPLE STAFF

REVEREND PATRICIA GARDNER

The Reverend Patricia Gardner is currently serving as the coordinator for the Senior Information and Referral Center.

Reverend Gardner was Co-Director of the Ministers In Training Program at Allen Temple and was instrumental in implementing and serving as the Director for the Volunteer Ministry Program. She also served on the Prison Ministry team, taught Bible Study Classes and volunteered as a Support Group Facilitator at Allen Temple Arms.

Additionally, she worked as a Hospice Counselor for five years with Pathway’s Hospice.

At age 60, Reverend Gardner returned to Seminary where she received a Masters of Divinity Degree from the American Baptist Seminary of the West in Berkeley, California. She also holds a Bachelor of Arts Degree from the University of San Francisco.

SHIRLEY BURTON

Ms. Shirley Burton has dedicated her life to service. She served four years in the United States Air Force and began her position as Social Service Coordinator at Allen Temple Arms in 1999. Over this time period, she has affected the lives of many Allen Temple Arms residents by caring and being attentive to their needs.

Ms. Burton graduated from San Jose State University, where she obtained a degree in Registered Nursing. She has been an incredible asset to the Allen Temple Arms residents by providing them the most current knowledge regarding their medical needs, community awareness, educational programs, and social services.