LOCAL LOWER FEE PSYCHOTHERAPY CLINICS

EAST BAY

Center for Creative Growth
1221 Marin Avenue
Berkeley, CA 94706
(510) 527-2100
Website: http://www.creativegrowth.com
Services: Individual, Couples, and Family Therapy; Workshops; Group therapy
Fees: Sliding Scale available; Some insurances

JFK University Community Counseling Centers
for Holistic Counseling
2 Locations:
Oakland Counseling Center
2501 Harrison Street
Oakland, CA 94612
(510) 444-3344
Website: www.jfku.edu/counseling_centers/
Services: Individual, Couples, Children and Family Therapy; Group therapy
Fees: Sliding Scale available

Pleasant Hill Counseling Center
380 Civic Drive, Suite 200
Pleasant Hill, CA 94523
(925) 798-9240
Website: www.jfku.edu/counseling_centers/
Services: Individual, Couples, Children and Family Therapy; Group therapy
Fees: Sliding Scale available

Berkeley Therapy Institute
1749 Martin Luther King Jr. Way
Berkeley, California 94709
(510) 841-8484
Website: www.bili.org/
Services: Individual, Couples, and Family Therapy; Workshops; Group therapy; Testing; Medication
Fees: Sliding Scale available (min. $35/session)

Women’s Therapy Center
510 Kearney Street
El Cerrito, CA 94530
(510) 524-8288
Website: www.womenstherapy.org/services.htm
Services: Individual (Women), Couples, and Family Therapy; Adolescents
Fees: Sliding Scale available, Some insurances

Psychotherapy Institute
2232 Carleton Street
Berkeley, California 94704
(510) 548-2250
Website: http://www.tpi-berkeley.org
Services: Individual & Couples therapy
Fees: Sliding Scale available

Blue Oak Therapy Center
3101 Telegraph Ave
Berkeley, CA 94705
(510) 649-9818
Website: www.blueoaktherapycenter.org
Services: Individual, Teens, Couples, Families
Fees: Sliding Scale available

The Wright Institute – Berkeley
2 Locations:
Addison Street Clinic
Berkeley, CA
(510) 548-9716
*longer-term psychodynamic therapy

Parker Street Clinic
Berkeley, CA
(510) 486-8998
*shorter term CBT therapy
Website: www.wi.edu/about_clinics.html
Services: Individual, Couples, and Family Therapy
Fees: Sliding Scale available; call for info

The Pacific Center (Services for LGBT community)
2712 Telegraph
Berkeley, CA 94705
(510) 548-8283
Website: www.pacificcenter.org
Services: Individual, Couples, and Family Therapy; Workshops; Group therapy
Fees: Sliding Scale available; Medi-Cal payments are accepted.

California Counseling Institute
1562 Oakview Ave
Kensington, CA 94707
(510) 704-8046
Website: www.californiacounseling.org
Services: Individual, Couples, Children and Family Therapy
Fees: Sliding Scale; Aetna, Medicare, and other PPO health insurance plans accepted

Asian Community Mental Health Services
310 8th Street, Suite 201
Oakland, CA 94607
(510) 869-6020
Website: http://www.acmhs.org
Services: Individual, Couples, and Family Therapy; Groups; Medication Evaluation; Psychological Testing
Fees: Sliding Scale available

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SAN FRANCISCO

**Whitney Clinic at C.G. Jung Institute**
2040 Gough Street
San Francisco, CA 94109
(415) 771-8055 ext. 205
Website: [www.sfjung.org/clinic.htm](http://www.sfjung.org/clinic.htm)
Services: Individual & Couples Therapy
Fees: Sliding Scale available (min $30-90)

**New Leaf: Services for Our Community (LGBT)**
103 Hayes Street (near Market St.)
San Francisco, CA 94102
(415) 626-7000
Website: [www.newleafservices.org](http://www.newleafservices.org)
Services: Individual, couples, group therapy; support groups; medication management
Fees: Sliding Scale; also accept some insurance

**Marina Counseling Center**
2137 Lombard Street
San Francisco, CA 94123
(415) 563-2137
Website: [www.marinacounseling.com](http://www.marinacounseling.com)
Services: Individual & Couples Therapy; Group therapy
Fees: Sliding Scale available (min $25)

**San Francisco Counseling Center**
1801 Bush St., Suite 215 San Francisco, CA 94109
(415) 440-0500
Website: [http://sfcounselingcenter.com/index.htm](http://sfcounselingcenter.com/index.htm)
Services: Individual & Couples Therapy; Group therapy
Fees: Sliding Scale available

**Integral Counseling Center at Pierce Street**
2140 Pierce Street
San Francisco, CA 94115
(415) 776-3109
Website: [www.integralcounseling.org](http://www.integralcounseling.org)
Services: Individual, Couples, and Family Therapy; Groups
Fees: Sliding Scale available

**UC San Francisco Langley Porter Institute**
401 Parnassus Ave.
San Francisco, CA 94143
(415) 476-7500
Website: [http://psych.ucsf.edu/lpphc.aspx?id=348](http://psych.ucsf.edu/lpphc.aspx?id=348)
Services: Therapy; Groups; Medication Management
Fees: Sliding Scale available

**California Pacific Medical Center Dept. of Psychiatry**
2340 Clay Street
San Francisco, CA 94115
(415) 600-3247
Website: [http://cpmc.org/services/mental-hlth.html](http://cpmc.org/services/mental-hlth.html)
Services: Individual, Couples, and Family Therapy; Groups; Medication Evaluation; Psychological Testing
Fees: Sliding Scale available

SOUTH BAY & PENINSULA

**JFK University Community Counseling Centers for Holistic Counseling**
572 Dunholme Way
Sunnyvale, CA 98087
(408) 524-4900
Website: [www.jfku.edu/counseling_centers/](http://www.jfku.edu/counseling_centers/)
Services: Individual, Couples, Children, Families
Fees: Sliding Scale available

**The Kurt and Barbara Gronowski Psychology Clinic**
5150 El Camino Real, Suite 22, Bldg C
Los Altos, California 94022
(650) 961-9300
Website: [http://www.mentalhealthclinic.org/](http://www.mentalhealthclinic.org/)
Services: Individual, Couples, and Family Therapy
Fees: Sliding Scale available

**Almaden Valley Counseling Service**
6529 Crown Blvd., Suite D
San Jose, CA 95120
(408) 997-0200
Website: [www.avcounseling.org](http://www.avcounseling.org)
Services: Individual, Couples, and Family Therapy
Fees: Sliding Scale available

**YWCA Counseling Center- San Jose**
375 S 3rd St
San Jose, CA 95112
Website: [http://ywca-sv.org/programs/counseling_services.php](http://ywca-sv.org/programs/counseling_services.php)
Services: Individual, Couples, Children and Family Therapy
Fees: Sliding Scale; Aetna, Medicare, and other PPO health insurance plans accepted

**Community Center for Health & Wellness**
744 San Antonio Road Suite 22/24
Palo Alto, CA 94303
(650) 493-5006
Website: [www.itp.edu/resources/cchw/](http://www.itp.edu/resources/cchw/)
Services: Individual, Couples, and Family Therapy
Fees: Sliding Scale available

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SACRAMENTO AREA

Sacramento State University - Center for Counseling and Diagnostic Services
Sacramento State University
Eureka Hall Room 421
6000 J Street
Sacramento, CA 95819
(916) 278-6252
Website: http://edweb.csus.edu/ccds/index.html
Services: Individual, Couples, Children and Family Therapy
Fees: $100 for 12-14 sessions

River Rock Counseling Agency
Fair Oaks, CA 95628
(916) 642-5410
Website: www.riverrockcounseling.com
Services: Individuals, Couples, Children, and Families
Fees: Sliding Scale

Windows of Hope Counseling Centers
Two Locations:
Sacramento Counseling
2011 P St. #101 A
Sacramento, CA 95814
(916) 412-5679

Roseville Counseling
420 Folsom Rd. Suite C
Roseville, CA 95678
(916) 412-5679
Website: http://windowsofhopcounseling.org
Services: Individual, Couples, Children and Family Therapy
Fees: Sliding Scale

H.O.P.E. (Healthy Outcomes for Personal Enrichment) Counseling Center
Two Locations:
Roseville Center
720 Sunrise Ave, 202C
Roseville, CA 95661
(916) 780-1059

Midtown Sacramento Center
2623 24th Street
Sacramento, CA 95818
(916) 444-2170
Website: www.hope-counselingcenter.org
Services: Individuals, Couples, Children, and Families
Fees: Sliding Scale, call for details

MARB IN COUNTY

Community Institute of Psychotherapy
1330 Lincoln Ave., Suite 201
San Rafael, CA 94901
(415) 459-5999, ext. 102
Website: www.cipmarin.org/
Services: Individuals, Couples, Children, and Family therapy.
Fees: Sliding Scale Fees, Medi-Cal, Medicare, private insurance

Family Service Agency of Marin
Multiple sites
(415) 491-5700
Website: www.fsamarin.org/
Services: Psychotherapy for individuals, groups, couples, families.
Substance abuse recovery. Psychiatric assessment & treatment may be available for those in psychotherapy.
Fees: Sliding scale Medi-Cal Medicare Private insurance

Jewish Family & Children’s Services in Marin County
600 5th Avenue
San Rafael, CA
(415) 491-7960
Website: www.jfcs.org/services/individuals-couples/counseling-consultation
Services: Psychotherapy for individuals, groups, couples, families.
Substance abuse recovery.
Fees: Sliding scale, Medi-Cal, Medicare, private insurance

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