

1. **Login to Canvas**
2. **Open your Canvas Course**
3. **Create or Edit a Canvas page**

You can embed a video in an existing Canvas page or create a new page for the video.

4. Select the **Panopto Library** icon

This will allow you to embed videos to Canvas pages from a Panopto Folder.

5. Click **Choose**
6. Select the **video or videos**

Select from the default Panopto folder or click the pulldown menu to select a video from another Panopto folder.

7. Click **Insert**

This will embed the video or videos into the Canvas page.

The video will appear as a gray box until the changes to your Canvas page have been saved.

8. Click **Save**

This will save your page with the video or videos embedded in it.

A thumbnail of the video will appear after the changes to the Canvas page have been saved.

9. The viewer will click on the **video thumbnail** to play the video

